Illinois joint CMS-State sponsored Medicare Medicaid Alignment Initiative ("Demonstration") and Illinois Integrated Care Program (ICP) Appendix

WELCOME

Thank you for your participation with Humana, where our goal is to provide quality services to Demonstration and ICP Members.

This Provider Manual Appendix highlights the key points related to Humana Demonstration and ICP policies and procedures and is an extension of your contract. It is intended to be a guideline to facilitate and inform you and your staff on what the Illinois Demonstration and ICP program is about, what we need from you, and what you can expect from Humana, ILS and Beacon. The guidelines outlined in this Provider Manual Appendix are designed to assist you in providing caring, responsive service to our Humana Gold Plus® Integrated members.

We look forward to a long and productive relationship with you and your staff. Should you need further assistance, please contact your Network Management Consultant.

Sincerely,

David J. Petzold

Vice President, Network Management

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SECTION I – GENERAL PROVIDER INFORMATION

1. Program Description

The Medicare-Medicaid Alignment Initiative (Demonstration) for Dual Eligible Recipient and the Illinois Integrated Care Program (ICP) provides healthcare coverage for income-eligible children, seniors, disabled adults and pregnant women. The Illinois Department of Healthcare and Family Services ("Agency") is responsible for administering the state of Illinois (State) Demonstration and ICP programs and will administer contracts, monitor Health Plan performance, and provide oversight over all aspects of Health Plan operations. The State will contract with an enrollment broker/facilitator for assistance in administering the Demonstration and meeting Member (hereinafter "Member") needs. Providers should be familiar with and utilize the numerous resources available to Members, including the enrollment broker/facilitator. The enrollment broker/facilitator will be contracted with the State to facilitate education, enrollment, and outreach endeavors, and serve as a key customer service component for Demonstration Members.

The Demonstration and ICP programs are expected to transform the Dual-Eligible Demonstration and ICP programs by empowering Dual Eligible and Medicaid-only eligible recipients to take control of their healthcare, improve quality and health outcomes, streamline Medicare and Medicaid requirements, provide person-centered care focused on needs and preferences, reduce health disparities, and by enhancing Members' health status through increased health literacy and incentives to engage in healthy behaviors. Another goal of the program is to institute managed care principles to Demonstration Members.

By entering into a contract with the Agency to provide services to Demonstration and/or ICP Members, Humana has agreed to comply with the provisions of the Demonstration and ICP Contract(s) ("MMAI Contract" and/or ICP Contract) as well as with all applicable Agency rules relating to both the MMAI Contract and ICP Contract that may be implemented by the State to regulate the administration of the Demonstration and ICP.

Note: Section I of this Appendix applies to all Demonstration Providers. For additional detail related to Long Term Service and Support Providers, please see Section II of the Appendix; for additional detail related to Behavioral Health Providers, please see Section III of this Appendix.

1.1 Definitions

The following are definitions that are specific to this Appendix:

Advance Directive - A written instruction, such as a living will or durable power of attorney for healthcare, recognized under State law (whether statutory or as recognized by the courts of the State), relating to the provision of healthcare when the individual is incapacitated.

Agency - Illinois Department of Healthcare and Family Services

Appeal - A request for review of an action, pursuant to 42 CFR 438.400(b)

Benefits - A schedule of healthcare services to be delivered to Member covered by the Health Plan as set forth in Section Two (2) of this Appendix

Children/Adolescents - Members under the age of 21

Complaint - Any oral or written expression of dissatisfaction by a Member submitted to the Health Plan or to a State agency and resolved by close of business the following business day. Possible subjects for Complaints include, but are not limited to, the quality of care, the quality of services provided, aspects of interpersonal relationships, such as rudeness of a Provider or Health Plan employee, failure to respect the Member's rights, Health Plan administration, claims practices or provision of services that relates to the quality of care rendered by a Provider pursuant to the Health Plan's Contract. A Complaint is an informal component of the Grievance system.

Contract(s) - The Contract between U.S. DHHS Centers for Medicare & Medicaid Services in Partnership with State of Illinois DHFS and Humana for the Medicare-Medicaid Alignment Initiative (MMAI) Demonstration (MMAI Contract) and/or the State of Illinois Contract between the Department of Healthcare and Family Services and Humana Health Plan, Inc. for Furnishing Health Services in an Integrated Care Program (ICP) by a managed care organization (ICP Contract).

County Health Departments (CHD) - CHDs are organizations administered by the Department of Health for the purpose of providing health services, which include the promotion of the public's health, the control and eradication of preventable diseases, and the provision of primary healthcare for special populations.

Covered Service - A service provided by the Health Plan in accordance with the Health Plan's Demonstration and ICP Contract, and as outlined in Section Two (2) Covered Services of this Appendix.

Dual Eligible Recipient - Any individual whom the State, or the Social Security Administration on behalf of the State, determines is eligible, pursuant to federal and State law, to receive medical or allied care, goods or services for which the Agency may make payments under the Demonstration program, and who is enrolled in the Demonstration program.

Consumer-directed (CD) model of services - means the model of service delivery for which the waiver Member or the Member's employer of record, as appropriate, are responsible for hiring, training, supervising, and firing of the person or persons who actually render the services that are reimbursed by the State.

Emergency Medical Condition - A medical condition manifesting itself by acute symptoms of sufficient severity, which may include severe pain or other acute symptoms, such that a prudent layperson who possesses an average knowledge of health and medicine, could reasonably expect that the absence of immediate medical attention could reasonably be expected to result in any of the following:

- (1) Serious jeopardy to the health of a patient, including a pregnant woman or fetus;
- (2) Serious impairment to bodily functions;
- (3) Serious dysfunction of any bodily organ or part.
- (4) With respect to a pregnant woman:
 - (a) That there is inadequate time to affect safe transfer to another hospital prior to delivery;
 - (b) That a transfer may pose a threat to the health and safety of the patient or fetus;
 - (c) That there is evidence of the onset and persistence of uterine contractions or rupture of other membranes.

Emergency Services and Care - Medical screening, examination and evaluation by a physician or, to the extent permitted by applicable laws, by other appropriate personnel under the supervision of a physician, to determine whether an emergency medical condition exists. If an emergency

medical condition exists, emergency services and care includes the care or treatment that is necessary to relieve or eliminate the emergency medical condition within the service capability of the facility.

Expanded Services - A Health Plan Covered Service for which the Health Plan receives no direct payment from the Agency.

External Quality Review (EQR) - The analysis and evaluation by an External Quality Review Organization (EQRO) of aggregated information on quality, timeliness and access to the health care services that are furnished to Demonstration and ICP recipients by a Health Plan.

External Quality Review Organization - An organization that meets the competence and independence requirements set forth in federal regulation 42 CFR 438.354, and performs EQR, other related activities as set forth in federal regulations or both.

Grievance - An expression of dissatisfaction about any matter other than an action. Possible subjects for Grievances include, but are not limited to, the quality of care, the quality of services provided and aspects of interpersonal relationships, such as rudeness of a Provider or employee or failure to respect the Member's rights.

HCBS Waiver - The CMS-approved §1915(c) waiver that covers a range of community support services offered to Members who are elderly or who have a disability who would otherwise require a nursing facility (NF) level of care.

Health Plan - An entity that integrates financing and management with the delivery of healthcare services to an enrolled population. It employs or contracts with an organized system of Providers, which delivers services. For the purposes of this Contract, a Health Plan has also contracted with the Agency to provide Demonstration and ICP services, and includes health maintenance organizations authorized under the Illinois Health Maintenance Organization Act, 215 ILCS 125 et seq. of the Illinois Statutes, exclusive provider organizations as defined in 50 Ill. Adm. Code 2051.220 of the Illinois Administrative Code, and health insurers authorized under 215 ILCS 5/352 et seq. of the Illinois Statutes.

Licensed - A facility, equipment or an individual that has formally met State, county and local requirements, and has been granted a License by a local, State or federal government entity.

Mandates - Applicable State and federal laws, regulations and mandates in existence at all times hereunder, including, without limitation, applicable Medicaid laws, Medicare laws, rules, regulations and CMS requirements. The term shall also include applicable MMAI and/or ICP requirements, policies and State and federal government sponsor orders, directives, mandates and requirements of any kind.

Medicaid - The medical assistance program authorized by Title XIX of the Social Security Act, 42 U.S.C. \$1396 et seq., and regulations there under, as administered in the State of Illinois by the Agency.

Medicaid Dual-Eligible Reform - The reforms resulting from the February 22, 2013 approval the Agency received from the federal Centers for Medicare & Medicaid Services (CMS) to jointly implement the MMAI.

Medical Record - Documents corresponding to medical or allied care, goods or services furnished in any place of business. The records may be on paper, magnetic material, film or other media. In order to qualify as a basis for reimbursement, the records must be dated, legible and signed or otherwise attested to, as appropriate to the media.

Medically Necessary or Medical Necessity - Services that include medical or allied care, goods or services furnished or ordered to:

- 1. Meet the following conditions:
 - a. Be necessary to protect life, to prevent significant illness or significant disability or to alleviate severe pain;
 - b. Be individualized, specific and consistent with symptoms or confirm diagnosis of the illness or injury under treatment and not in excess of the patient's needs;
 - c. Be consistent with the generally accepted professional medical standards as determined by the Demonstration and ICP program, and not be experimental or investigational;
 - d. Be reflective of the level of service that can be furnished safely and for which no equally effective and more conservative or less costly treatment is available statewide; and
 - e. Be furnished in a manner not primarily intended for the convenience of the Member, the Member's caretaker or the Provider.
- 2. Medically Necessary or Medical Necessity for those services furnished in a hospital on an inpatient basis cannot, consistent with the provisions of appropriate medical care, be effectively furnished more economically on an outpatient basis or in an inpatient facility of a different type.
- 3. The fact that a Provider has prescribed, recommended or approved medical or allied goods or a service does not, in itself, make such care, goods or services medically necessary, a Medical Necessity or a covered service/benefit.

Medicare - The medical assistance program authorized by Title XVIII of the Social Security Act.

Member - A Demonstration and/or ICP recipient currently enrolled in the Health Plan.

Non-Covered Service - A service that is not a covered service/benefit.

Nursing Facility - An institutional care facility that furnishes medical or allied inpatient care and services to individuals needing such services.

Outpatient - A patient of an organized medical facility, or distinct part of that facility, who is expected by the facility to receive, and who does receive, professional services for less than a twenty-four (24) hour period, regardless of the hours of admission, whether or not a bed is used and/or whether or not the patient remains in the facility past midnight.

Participating Specialist - A physician, Licensed to practice medicine in the State of Illinois, who contracts with the Health Plan to provide specialized medical services to the Health Plan's Members.

Patient Centered Medical Home - The Patient Centered Medical Home is a healthcare setting that facilitates partnerships between individual patients and their personal physicians and, when appropriate, the patient's family. Care is facilitated by registries, information technology, health information exchange and other means to assure that patients get the indicated care when and where they need and want it in a culturally and linguistically appropriate manner.

Patient Pay - The amount of the LTSS Member's income which must be paid as his/her share of the Medicaid Long Term Service Support (LTSS) services cost.

Primary Care - Comprehensive, coordinated and readily accessible medical care including: health promotion and maintenance; treatment of illness and injury; early detection of disease; and referral to specialists when appropriate.

Primary Care Provider (PCP) - A Health Plan staff or contracted physician practicing as a general or family practitioner, internist, pediatrician, or other specialty approved by the Agency, who furnishes primary care and patient management services to a Member. Pregnant Members with chronic health conditions, disabilities, or special healthcare needs may request other specialty/Provider medical homes that furnish Primary Care and patient management services to be designated as their PCP. Homebound Members or Members with significant mobility limitations may request Primary Care services through home visits by nurse practitioners or physicians.

Preauthorization - The act of authorizing specific services before they are rendered.

Protocols - Written guidelines or documentation outlining steps to be followed for handling a particular situation, resolving a problem or implementing a plan of medical, nursing, psychosocial, developmental and educational services.

Provider - A person or entity that meets all State and/or federal requirements (as appropriate) to provide Covered Services to Demonstration Members and/or ICP Members.

Participating Provider (or Network Provider) - Means a healthcare Provider who is contracted under a currently valid provider agreement to participate in a Health Plan's Medicare Advantage and/or Medicaid networks serving Demonstration Members and/or ICP Members.

Provider Contract - An agreement between the Health Plan and a Provider as described above.

Quality - The degree to which a Health Plan increases the likelihood of desired health outcomes of its Members through its structural and operational characteristics and through the provision of health services that are consistent with current professional knowledge.

Quality Improvement ("QI") - The process of monitoring and assuring that the delivery of healthcare services are available, accessible, timely, medically necessary, and provided in sufficient quantity, of acceptable quality, within established standards of excellence, and appropriate for meeting the needs of the Members.

Quality Improvement Program ("QIP") - The process of assuring the delivery of healthcare is appropriate, timely, accessible, available and Medically Necessary.

Sick Care - Non-urgent problems that do not substantially restrict normal activity, but could develop complications if left untreated (e.g., chronic disease).

State - State of Illinois.

Subcontract - An agreement entered into by the Health Plan for provision of administrative services on its behalf.

Subcontractor - Any person or entity with which the Health Plan has contracted or delegated some of its functions, services or responsibilities for providing services under this Contract.

Transportation - An appropriate means of conveyance furnished to a Member to obtain Demonstration and ICP authorized/Covered Services.

Urgent Care - Services for conditions, which, though not life-threatening, could result in serious injury or disability unless medical attention is received (e.g., high fever, animal bites, fractures, severe pain, etc.) or do substantially restrict a Member's activity (e.g., infectious illnesses, flu, respiratory ailments, etc.).

Well Care Visit - A routine medical visit for one of the following: Child Health Check-Up (CHCUP) visit, family planning, routine follow-up to a previously treated condition or illness, adult physicals or any other routine visit for other than the treatment of an illness.

2. Covered Services

2.1 General Services

The Demonstration and/or ICP Health Plan, through its contracted Providers, is required to arrange for Medically Necessary services for each Member.

In providing Covered Services to Demonstration and ICP Members, the Provider is required to adhere to applicable provisions in the Illinois Demonstration and ICP coverage, as well all State and federal laws pertaining to the provision of such services.

2.2 Out-of-Network Care for Services Not Available

Upon notification of authorization from referring Provider, Humana will arrange for out-of-network care if it is unable to provide Members with necessary Covered Services or a second opinion if a participating network Provider is not available.

2.3 Expanded Services

Expanded services are those services offered by Humana and approved in writing by the Agency. Such services are outlined in the benefit summaries (Section 2.4(a) and 2.4(b)) below. For additional information Providers can call the customer service number provided on the back of the Humana member's ID card.

Note: Humana's Provider network will also arrange, as necessary, for specialty care, LTSS, and behavioral health.

2.4 Benefit Summaries

2.4(a) Medicare Medicaid Alignment Initiative (including Humana Gold Plus® Integrated Medicare Medicaid Plans)

General services that our plan covers	What Members must pay
Abdominal aortic aneurysm screening	\$0 copayment
The plan will cover one ultrasound screening for people at risk. Members must get a referral for it at Members "Welcome to Medicare" preventive visit.	
Alcohol misuse screening and counseling	\$0 copayment
The plan covers one alcohol-misuse screening for adults who misuse alcohol but are not alcohol dependent. This includes pregnant women.	
If Members screen positive for alcohol misuse, the plan covers up to four brief, face-to-face counseling sessions each year (if Members are able and alert during counseling) with a qualified primary care provider or practitioner in a primary care setting.	

Ambulance Services	\$0 copayment per date of service
Covered ambulance services include fixed-wing, rotary-wing, and ground ambulance services. The ambulance will take Members to the nearest place that can give Members care.	*Prior authorization may be required
Member's condition must be serious enough that other ways of getting to a place of care could risk Members life or health. Ambulance services for other cases must be approved by the plan.	
In cases that are not emergencies, the plan may pay for an ambulance. Member's condition must be serious enough that other ways of getting to a place of care could risk Members life or health.	
Annual wellness visit	\$0 copayment
If Members have been in Medicare Part B for more than 12 months, Members can get an annual checkup. This is to make or update a prevention plan based on Members current risk factors. The plan will cover this once every 12 months.	
*Note: Members cannot have their first annual checkup within 12 months of their "Welcome to Medicare" preventive visit. Members will be covered for annual checkups after they have had Part B for 12 months. Members do not need to have had a "Welcome to Medicare" visit first.	
Bone mass measurement	\$0 copayment
The plan covers certain procedures for Members who qualify (usually, someone at risk of losing bone mass or at risk of osteoporosis). These procedures identify bone mass, find bone loss, or find out bone quality. The plan will cover the services once every 24 months, or more often if they are medically necessary. The plan will also pay for a doctor to look at and comment on the results.	
Breast cancer screening (mammograms)	\$0 copayment
The plan will cover the following services:	
• One baseline mammogram between the ages of 35 and 39	
• One screening mammogram every 12 months for women age 40 and older	
• Clinical breast exams once every 24 months	
Cardiac (heart) rehabilitation services	\$0 copayment
The plan covers cardiac rehabilitation services such as exercise, education and counseling. Members must meet certain conditions with a doctor's referral. The plan also covers intensive cardiac rehabilitation programs, which are more intense than regular cardiac rehabilitation programs.	*Prior authorization may be required

Cardiovascular (heart) disease risk reduction visit (thera-	\$0 copayment
py for heart disease)	- Copayment
The plan covers one visit a year with Member's primary care provider to help lower Member's risk for heart disease. During this visit, Members' doctor may: • discuss aspirin use, • check Members blood pressure, or • give you tips to make sure you are eating well.	
Cardiovascular (heart) disease testing	\$0 copayment
The plan covers blood tests to check for cardiovascular disease once every five years (60 months). These blood tests also check for defects due to high risk of heart disease. Additional testing may be covered if deemed medically necessary by Member's primary care provider.	
Cervical and vaginal cancer screening	\$0 copayment
The plan covers the following services:	
• For all women: Pap tests and pelvic exams once every 12 months	
Chiropractic services	\$0 copayment
The plan covers adjustments of the spine to correct alignment.	*Prior authorization may be required
Colorectal cancer screening	\$0 copayment
The plan covers the following services:	
 Flexible sigmoidoscopy (or screening barium enema) every 48 months 	
 Fecal occult blood test, every 12 months 	
Screening colonoscopy	
 For people at high risk of colorectal cancer, the plan will cover one screening colonoscopy (or screening barium enema) every 24 months. 	
 For people not at high risk of colorectal cancer, the plan will cover one screening colonoscopy every ten years (but not within 48 months of a screening sigmoidoscopy). 	
Additional screenings may be covered if deemed medi- cally necessary by Members primary care provider.	
Dental services	\$0 copayment
The plan covers emergency dental services. A dental emergency is a situation deemed medically necessary to treat pain, infection, swelling, uncontrolled bleeding, or traumatic injury that can only be treated by extraction(s).	
The following conditions are recognized as emergencies:	
Dental services necessary for an individual to be cleared for a medical procedure.	

Dental services - cont.	
Extractions and dentures necessary for a diabetic to re-	
ceive proper nutrition.	
 Extractions and dentures necessary as a result of cancer treatment. 	
 Dental services necessary for the health of a pregnant woman prior to delivery of her baby. 	
Member are covered for the following additional dental benefits: - Amalgam Filling, Composite Filling, Oral Evaluation, Pro-	
phylaxis (cleaning), up to 1 per year	
- Bitewing X-rays up to 1 set per year	
Depression screening	\$0 copayment
The plan will cover one depression screening each year. The screening must be done in a primary care setting that can give follow-up treatment and referrals.	
Diabetes screening	\$0 copayment
The plan will cover this screening (includes fasting glucose tests) if Members have any of the following risk factors:	
High blood pressure (hypertension)	
 History of abnormal cholesterol and triglyceride levels (dyslipidemia) 	
• Obesity	
History of high blood sugar (glucose)	
Tests may be covered in some other cases, such as if Members are overweight and have a family history of diabetes.	
Depending on the test results, Members may qualify for up to two diabetes screenings every 12 months	
Diabetic self-management training, services, and supplies	\$0 copayment
The plan will cover the following services for all people who have diabetes (whether they use insulin or not):	*Prior authorization may be required
 Supplies to monitor Members blood glucose, including the following: A blood glucose monitor Blood glucose test strips Lancet devices and lancets Glucose-control solutions for checking the accuracy of test strips and monitors For people with diabetes who have severe diabetic foot disease, the plan will cover the following: 	
 One pair of therapeutic custom-molded shoes (including inserts) and two extra pairs of inserts each calendar year, or 	

Diabetic self-management training, services, and supplies - cont. - One pair of depth shoes and three pairs of inserts each *Prior authorization may be required year (not including the non-customized removable inserts provided with such shoes) The plan will also cover fitting the therapeutic custommolded shoes or depth shoes. • The plan will cover training to help Member manage Members diabetes, in some cases. • Diabetic shoes and inserts • Diabetic monitoring supplies \$0 copayment **Emergency care** If Member gets emergency care at an Emergency care means services that are: out- of-network hospital and need in-Given by a provider trained to give emergency services patient care after Member's emergency and needed to treat a medical emergency is stabilized, Member must return to a A medical emergency is a medical condition with severe network hospital in order for Member's pain or serious injury. The condition is so serious that, if it care to continue to be paid for. Member doesn't get immediate medical attention, anyone with an can stay in the out-of-network hospital average knowledge of health and medicine could expect it for Member's inpatient care only if the to result in: plan approves Member's stay. • placing the person's health in serious risk; or • serious harm to bodily functions; or • serious dysfunction of any bodily organ or part; or • in the case of a pregnant woman, an active labor, meaning labor at a time when either of the following would occur: There is not enough time to safely transfer the member to another hospital before delivery. - The transfer may pose a threat to the health or safety of the member or unborn child. Members are covered for emergency care world-wide. **Enhanced Medical Nutrition Therapy** \$0 copayment The Enhanced Medical Nutrition Therapy (MNT) benefit consists of four hours of one-on-one counseling only when provided by a registered dietician or nutrition professional to all plan beneficiaries. The four hours of counseling is inclusive of, and not in addition to, the Medicare-covered EMNT benefit. Family planning services \$0 copayment The law lets Members choose any provider to get certain *Prior authorization may be required family planning services; this means any doctor, clinic, hospital, pharmacy or family planning office. The plan will cover the following services: Family planning exam and medical treatment

Family planning services - cont.	
Family planning lab and diagnostic tests	*Prior authorization may be required
 Family planning methods (birth control pills, patch, ring, IUD, injections, implants) 	
 Family planning supplies with prescription (condom, sponge, foam, film, diaphragm, cap) 	
• Counseling and diagnosis of infertility, and related services	
• Counseling and testing for sexually transmitted infections (STIs), AIDS, and other HIV-related conditions	
• Treatment for sexually transmitted infections (STIs)	
 Voluntary sterilization (Member must be age 21 or older, and Member must sign a federal sterilization consent form. At least 30 days, but not more than 180 days, must pass between the date that Member signs the form and the date of surgery.) 	
Genetic counseling	
 Folic acid supplements and prenatal vitamins ordered by prescription and dispensed by a pharmacy 	
The plan will also cover some other family planning services. However, Member must see a provider in the plan's network for the following services:	
• Treatment for medical conditions of infertility (This service does not include artificial ways to become pregnant.)	
• Treatment for AIDS and other HIV-related conditions	
Genetic testing	
Health and wellness education programs - fitness	\$0 copayment
Get fit with Humana Fitness from the SilverSneakers® Fitness Program.	
With this benefit, Members are covered for everything included with a membership* at participating fitness centers across the country.	
Members' benefit also includes: SilverSneakers classes designed exclusively for older adults to improve Members' body strength and flexibility	
• On-site advisors to act as Members contact for information and personalized service	
Social activities and health education events	
 Access to www.silversneakers.com, where Members can create exercise and nutrition plans, track fitness progress, find health articles and recipes, and more 	
 SilverSneakers® Steps personalized home fitness programs 	
* Any nonstandard fitness center services that usually have an extra fee are not included in Members membership.	

Health and wellness education programs - Humana Ac-	\$0 copayment
tive Outlook®	,
Humana Active Outlook (HAO) is a lifestyle enrichment program with great features like HAO Publications, HAO website, Classes, Individual Health Coaching, and other health and wellness educational materials.	
Health and wellness education programs - Well Dine Inpatient Meal Program	\$0 copayment
After Member's inpatient stay in the hospital or nursing facility, Members are eligible for meals at no extra cost to the Member. Ten nutritious, precooked frozen meals will be delivered to the Member's door. To arrange for this service, simply call 1-866-96MEALS (1-866-966-3257) after their discharge. Member will be asked for their Humana member ID number and other basic information.	
Hearing services	\$0 copayment
The plan covers hearing and balance tests done by Member's provider. These tests tell Members whether Members need medical treatment. They are covered as outpatient care when Members get them from a physician, audiologist, or other qualified provider.	*Prior authorization may be required
 The plan also covers the following: Basic and advanced hearing tests Hearing aid counseling Fitting/evaluation for a hearing aid Hearing aids one per ear every three years Hearing aid batteries and accessories Hearing aid repair and replacement of parts 	
HIV screening	\$0 copayment
The plan pays for one HIV screening exam every 12 months for people who: ask for an HIV screening test, or are at increased risk for HIV infection. For women who are pregnant, the plan pays for up to three	
HIV screening tests during a pregnancy.	
Home health agency care	\$0 copayment
Before Members can get home health services, a doctor must tell us Members need them, and they must be pro- vided by a home health agency.	*Prior authorization may be required
The plan will cover the following services, and maybe other services not listed here:	
 Physical therapy, occupational therapy, and speech therapy 	
• Each therapy service is limited to 20 visits per year	
Medical and social services	
Medical equipment and supplies	

Hospice care	\$0 copayment
Members can get care from any hospice program certified by Medicare. Member's hospice doctor can be a network provider or an out-of-network provider. The plan will cover the following: Drugs to treat symptoms and pain Short-term respite care Home care, including home health aide services Occupational, physical and speech-language therapy services to control symptoms Counseling services	When Members are in a hospice program certified by Medicare, Member's hospice services and Member's Medicare Part A and B services related to Members terminal illness are paid for by Medicare. Humana Gold Plus Integrated (Medicare-Medicaid Plan) does not pay for Member's services.
 For hospice services and services covered by Medicare Part A or B that relate to Member's terminal illness: The hospice provider will bill Medicare for Members services. Medicare will cover hospice services and any Medicare Part A or B services. Member pays nothing for these services. For services covered by Medicare Part A or B that are not related to Members terminal illness (except for emergency care or urgently needed care): The provider will bill Medicare for Members services. Medicare will pay for the services covered by Medicare Part A or B. Member pays nothing for these services. Humana Gold Plus Integrated (Medicare-Medicaid Plan) will cover plan-covered services not covered under Medicare Part A or B. The plan will cover the services whether or not they are related to Members terminal illness. 	Note: If Members need non-hospice care, Members should call their Care Coordinator to arrange the services. Non-hospice care is care that is not related to the Member's terminal illness. To talk with a Care Coordinator, call Customer Care at 1-800-787-3311 (TTY: 711). We're available 7 days a week, from 8 a.m 8 p.m. However, please note that our automated phone system may answer Members calls after hours. Members may leave their name and telephone number, and we'll call the Member back by the end of the next business day. The call is free.
Member pays nothing for these services. Immunizations	\$0 copayment
 The plan will cover the following services: Pneumonia vaccine Flu shots, once a year, in the fall or winter Hepatitis B vaccine if Members are at high or intermediate risk of getting hepatitis B Other vaccines if Members are at risk and they meet Medicare Part B coverage rules The plan will cover other vaccines that meet the Medicare Part D coverage rules. Read Chapter 6, Section G, page 108 to learn more. 	

Inpatient hospital care \$0 copayment The plan will cover the following services, and maybe other Members must get approval from the services not listed here: plan to keep getting inpatient care at an out-of- network hospital after Members Semi-private room (or a private room if it is medically emergency is under control. necessary) *Prior authorization and referral may be • Meals, including special diets required Regular nursing services Costs of special care units, such as intensive care or coronary care units Drugs and medications Lab tests X-rays and other radiology services • Needed surgical and medical supplies Appliances, such as wheelchairs • Operating and recovery room services • Physical, occupational, and speech therapy • Inpatient substance abuse services Blood, including storage, blood components and administration thereof Physician services Inpatient services covered during a non-covered inpa-\$0 copayment tient stay If Member's inpatient stay is not reasonable and needed, *Prior authorization and referral may be the plan will not cover it. required However, in some cases the plan will cover services Members get while Members are in the hospital or a nursing facility. The plan will cover the following services, and maybe other services not listed here: Doctor services Diagnostic tests, like lab tests • X-ray, radium, and isotope therapy, including technician materials and services • Surgical dressings • Splints, casts, and other devices used for fractures and dislocations • Prosthetics and orthotic devices, other than dental, including replacement or repairs of such devices. These are - replace all or part of an internal body organ (including contiguous tissue), or - replace all or part of the function of an inoperative or malfunctioning internal body organ.

Inpatient services covered during a non-covered inpatient	stay -cont.
Leg, arm, back, and neck braces, trusses, and artificial legs, arms, and eyes. This includes adjustments, repairs, and replacements needed because of breakage, wear, loss, or a change in the patient's condition	*Prior authorization and referral may be required
 Physical therapy, speech therapy, and occupational therapy 	
Kidney disease services and supplies	\$0 copayment
 Kidney disease education services to teach kidney care and help members make good decisions about their care. Members must have stage IV chronic kidney disease, and Member's doctor must refer them. The plan will cover up to six sessions of kidney disease education services. 	*Prior authorization may be required
 Outpatient dialysis treatments, including dialysis treatments when temporarily out of the service area, as explained in Chapter 3, Section B, page 30. 	
• Inpatient dialysis treatments if Members are admitted as an inpatient to a hospital for special care	
• Self-dialysis training, including training for Members and anyone helping them with their home dialysis treatments	
Home dialysis equipment and supplies	
• Certain home support services, such as necessary visits by trained dialysis workers to check on Members home dialysis, to help in emergencies, and to check Member's dialysis equipment and water supply	
Members Medicare Part B drug benefit pays for some drugs for dialysis. For information, please see "Medicare Part B prescription drugs" above.	
Medical equipment and related supplies	\$0 copayment
 Nondurable medical supplies, such as surgical dressings, bandages, disposable syringes, incontinence supplies, ostomy supplies and enteral nutrition therapy 	*Prior Authorization may be required
• Durable Medical Equipment, such as wheelchairs, crutches, walkers, hospital beds, IV infusion pumps and supplies, and humidifiers (for a definition of "Durable medical equipment," see Chapter 12, page 186 of this handbook)	
• Prosthetic and orthotic devices, compression stockings, shoe orthotics, arch supports, foot inserts	
Respiratory equipment and supplies, such as oxygen equipment, CPAP and BIPAP equipment	
• Repair of durable medical equipment, prosthetic devices and orthotic devices	
• Rental of medical equipment under circumstances where patient's needs are temporary	

Medical equipment and related supplies -cont.	
To be eligible for reimbursement some services may be subject to prior approval and/or medical criteria.	*Prior Authorization may be required
We will pay for all medically necessary durable medical equipment that Medicare and Medicaid usually pay for. If our supplier in Member's area does not carry a particular brand or maker, Member may ask them if they can special-order it for them.	
Medical nutrition therapy	\$0 copayment
This benefit is for people with diabetes or kidney disease without dialysis. It is also for after a kidney transplant when referred by Member's doctor.	
The plan will cover three hours of one-on-one counseling services during Member's first year that they receive medical nutrition therapy services under the Plan. We cover two hours of one-on-one counseling services each year after that. If Member's condition, treatment, or diagnosis changes, Member may be able to get more hours of treatment with a doctor's referral. A doctor must prescribe these services and renew the referral each year if Member's treatment is needed in the next calendar year.	
Medicare Part B prescription drugs	\$0 copayment
Drugs Members don't usually give themselves and are injected or infused while Members are getting doctor, hospital outpatient, or ambulatory surgery center services	*Prior authorization may be required
Drugs Members take using durable medical equipment (such as nebulizers) that were authorized by the plan	
 Clotting factors Members give themselves by injection if they have hemophilia 	
 Immunosuppressive drugs, if Members were enrolled in Medicare Part A at the time of the organ transplant 	
 Osteoporosis drugs that are injected. These drugs are paid for if Members are homebound, have a bone fracture that a doctor certifies was related to post-menopausal osteo- porosis, and cannot inject the drug themselves 	
• Antigens	
Certain oral anti-cancer drugs and anti-nausea drugs	
Medicare Part B prescription drugs - cont.	
 Certain drugs for home dialysis, including heparin, the antidote for heparin (when medically needed), topical anesthetics, and erythropoisis-stimulating agents (such as Epogen® or Procrit®) 	
• IV immune globulin for the home treatment of primary immune deficiency diseases	
Chemotherapy drugs and administration	

Non-emergency transportation	\$0 copayment
The plan will cover transportation for Members to travel to or from their medical appointments if it is a covered service. Types of non-emergency transportation include: Medicar Service car Taxicab	*Prior authorization and referral may be required
Unlimited round trip(s) per year by taxi, bus/subway, van, medical transport for trips allowed to nursing homes, to the pharmacy right after doctor visits, and other medical providers and locations.	
Nurse Advice Call Line (HumanaFirst®)	\$0 copayment
If Members have questions about symptoms they're experiencing but aren't sure if they need to see their doctor, Humana can help. They can call HumanaFirst, our advice line for members, 24 hours a day, seven days a week at 1-855-235-8530 (TTY 1-800-622-2511). It's staffed by nurses who can help address Members immediate health concerns and answer questions about particular medical conditions.	
Inpatient mental healthcare	\$0 copayment
 The plan will cover medically necessary psychiatric inpatient care at approved institutions. 	*Prior authorization and referral may be required
Nursing facility care	\$0 copayment
 The plan will cover skilled nursing facilities (SNF) and intermediate care facilities (ICF). The nursing facilities provide the following services: All staff, routine equipment and supplies including oxygen (if less than one tank has been furnished to the resident for the month in question) 	*Prior authorization and referral may be required
Room and board, supervision and oversight, and all laundry services	
Food substitutes and nutritional supplements	
 Medications which are regularly available without pre- scription at a commercial pharmacy and which may be stocked by the facility under Department of Public Health regulations 	
 Certain over-the-counter drugs or items ordered by a physician 	
Services in an immediate care facility for the mentally disabled	
Nursing home services	
Obesity screening and therapy to keep weight down	\$0 copayment
If Members have a body mass index of 30 or more, the plan will cover counseling to help them lose weight. Members must get the counseling in a primary care setting. That way, it can be managed with Member's full prevention plan.	

Non-Medicaid Over-the-Counter Drugs	\$0 copayment
Members are eligible for up to \$30 monthly benefit to be used toward the purchase of over-the-counter (OTC) health and wellness products available through Humana-owned RightSource, our mail order pharmacy. The order form can be obtained by calling Customer Care.	
Outpatient diagnostic tests and therapeutic services	\$0 copayment
The plan will cover the following services, and maybe other services not listed here:	*Prior authorization and referral may be required
• X-rays	
• Radiation (radium and isotope) therapy, including technician materials and supplies	
• Lab tests	
Blood, blood components and administration thereof	
 Other outpatient diagnostic tests Surgical supplies, such as dressings Splints, casts, and other devices used to reduce fractures and dislocations Sleep study in a home or facility based setting Diagnostic Mammography 	
Outpatient hospital services	\$0 copayment
Outpatient hospital services The plan pays for medically needed services Members get in the outpatient department of a hospital for diagnosis or treatment of an illness or injury.	\$0 copayment *Prior authorization and referral may be required
The plan pays for medically needed services Members get in the outpatient department of a hospital for diagnosis or	*Prior authorization and referral may be
The plan pays for medically needed services Members get in the outpatient department of a hospital for diagnosis or treatment of an illness or injury. The plan will cover the following services, and maybe other	*Prior authorization and referral may be
The plan pays for medically needed services Members get in the outpatient department of a hospital for diagnosis or treatment of an illness or injury. The plan will cover the following services, and maybe other services not listed here: • Services in an emergency department or outpatient	*Prior authorization and referral may be
The plan pays for medically needed services Members get in the outpatient department of a hospital for diagnosis or treatment of an illness or injury. The plan will cover the following services, and maybe other services not listed here: Services in an emergency department or outpatient clinic, such as observation services or outpatient surgery Labs and diagnostic tests billed by the hospital Mental healthcare, including care in a partial- hospitalization program, if a doctor certifies that inpatient treat-	*Prior authorization and referral may be
The plan pays for medically needed services Members get in the outpatient department of a hospital for diagnosis or treatment of an illness or injury. The plan will cover the following services, and maybe other services not listed here: Services in an emergency department or outpatient clinic, such as observation services or outpatient surgery Labs and diagnostic tests billed by the hospital Mental healthcare, including care in a partial-hospitalization program, if a doctor certifies that inpatient treatment would be needed without it	*Prior authorization and referral may be
 The plan pays for medically needed services Members get in the outpatient department of a hospital for diagnosis or treatment of an illness or injury. The plan will cover the following services, and maybe other services not listed here: Services in an emergency department or outpatient clinic, such as observation services or outpatient surgery Labs and diagnostic tests billed by the hospital Mental healthcare, including care in a partial-hospitalization program, if a doctor certifies that inpatient treatment would be needed without it X-rays and other radiology services billed by the hospital 	*Prior authorization and referral may be
 The plan pays for medically needed services Members get in the outpatient department of a hospital for diagnosis or treatment of an illness or injury. The plan will cover the following services, and maybe other services not listed here: Services in an emergency department or outpatient clinic, such as observation services or outpatient surgery Labs and diagnostic tests billed by the hospital Mental healthcare, including care in a partial-hospitalization program, if a doctor certifies that inpatient treatment would be needed without it X-rays and other radiology services billed by the hospital Medical supplies, such as splints and casts 	*Prior authorization and referral may be
 The plan pays for medically needed services Members get in the outpatient department of a hospital for diagnosis or treatment of an illness or injury. The plan will cover the following services, and maybe other services not listed here: Services in an emergency department or outpatient clinic, such as observation services or outpatient surgery Labs and diagnostic tests billed by the hospital Mental healthcare, including care in a partial-hospitalization program, if a doctor certifies that inpatient treatment would be needed without it X-rays and other radiology services billed by the hospital Medical supplies, such as splints and casts Some screenings and preventive services 	*Prior authorization and referral may be
 The plan pays for medically needed services Members get in the outpatient department of a hospital for diagnosis or treatment of an illness or injury. The plan will cover the following services, and maybe other services not listed here: Services in an emergency department or outpatient clinic, such as observation services or outpatient surgery Labs and diagnostic tests billed by the hospital Mental healthcare, including care in a partial-hospitalization program, if a doctor certifies that inpatient treatment would be needed without it X-rays and other radiology services billed by the hospital Medical supplies, such as splints and casts Some screenings and preventive services Some drugs that Members can't give themselves 	*Prior authorization and referral may be

Outpatient mental healthcare	\$0 copayment
The plan will cover mental health services provided by:	*Prior authorization and referral may be
• a state-licensed psychiatrist or doctor,	required
• a clinical psychologist,	
• a clinical social worker,	
• a clinical nurse specialist,	
• a nurse practitioner,	
• a physician assistant,	
• Community Mental Health Centers (CMHCs),	
Hospitals,	
• Encounter rate clinics such as Federally Qualified Health Centers (FQHCs),	
• DASA licensed substance abuse providers, or	
 any other Medicare-qualified mental healthcare professional as allowed under applicable state laws. 	
The plan will cover the following types of outpatient mental health services:	
• Clinic services provided under the direction of a physician	
 Rehabilitation services recommended by a physician or Licensed Practitioner of the Healing Arts, such as mental health assessment, treatment planning, crisis interven- tion, therapy, and case management 	
Day treatment services	
 Outpatient hospital services, such as Clinic Option Type A and Type B services 	
Substance abuse treatment	
The specific services each provider type listed above can deliver and any utilization controls on such services shall be determined by the plan consistent with federal and state laws and all applicable policies and/or agreements.	
Outpatient rehabilitation services	\$0 copayment
The plan will cover physical therapy, occupational therapy, and speech therapy.	*Prior authorization and referral may be required
Members can get outpatient rehabilitation services from hospital outpatient departments, independent therapist offices, comprehensive outpatient rehabilitation facilities (CORFs), and other facilities.	
Outpatient substance abuse services	\$0 copayment
 The plan covers the following services: Outpatient services (group or individual) Intensive outpatient services (group or individual) Detoxification services Residential services Diagnostic Psychiatric Evaluation 	*Prior authorization and referral may be required
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Outpatient surgery	\$0 copayment
The plan will cover outpatient surgery and services at hospi-	*Prior authorization and referral may be
tal outpatient facilities and ambulatory surgical centers.	required
Partial hospitalization services	\$0 copayment
Partial hospitalization is a structured program of active psychiatric treatment. It is offered in a hospital outpatient setting or by a community mental health center. It is more intense than the care Members get in the doctor's or therapist's office. It can help keep Members from having to stay in the hospital.	*Prior authorization and referral may be required
Physical exam (Routine)	\$0 copayment
In addition to the "Welcome to Medicare" preventive visit, Members are covered for the following exam once per year:	
 Comprehensive preventive medicine evaluation and management, including an age and gender appropriate history, examination, and counseling/anticipatory guid- ance/risk factor reduction interventions 	
Physician/provider services, including doctor's office visits	\$0 copayment
The plan will cover the following services: Medically necessary healthcare or surgery services given in places such as: physician's office certified ambulatory surgical center hospital outpatient department Consultation, diagnosis, and treatment by a specialist Basic hearing and balance exams given by Member's primary care provider, if Member's doctor orders it to see whether the Member need treatment Some telehealth services, including consultation, diagnosis, and treatment by a physician or practitioner for patients in rural areas or other places approved by Medicare Second opinion by another network provider before a medical procedure Non-routine dental care. Covered services are limited to: surgery of the jaw or related structures, setting fractures of the jaw or facial bones, pulling teeth before radiation treatments of neoplastic cancer, or services that would be covered when provided by a physician.	*Prior authorization and referral may be required

Podiatry services	\$0 copayment
The plan will cover the following services:	*Prior authorization may be required
 Diagnosis and medical or surgical treatment of injuries and diseases of the foot (such as hammer toe or heel spurs) 	
 Routine foot care for members with conditions affecting the legs, such as diabetes 	
Members are also covered for additional podiatry benefits. Members may self-refer for six visits per year to a network specialist for the services below	
• Treatment of flat feet or other structural misalignments of the feet	
Removal of corns	
Removal of warts	
Removal of calluses	
Hygienic care	
Prostate cancer screening exams	\$0 copayment
The plan will cover a digital rectal exam and a prostate specific antigen (PSA) test once every 12 months for:	
Men age 50 and older	
African American men age 40 and older	
 Men age 40 and older with a family history of prostate cancer 	
Prosthetic devices and related supplies	\$0 copayment
Prosthetic devices replace all or part of a body part or func- tion. The plan will cover the following prosthetic devices, and maybe other devices not listed here:	*Prior authorization and referral may be required
Colostomy bags and supplies related to colostomy care	
Pacemakers	
• Braces	
Prosthetic shoes	
Artificial arms and legs	
 Breast prostheses (including a surgical brassiere after a mastectomy) 	
The plan will also cover some supplies related to prosthetic devices. They will also pay to repair or replace prosthetic devices.	
Pulmonary rehabilitation services	\$0 copayment
The plan will cover pulmonary rehabilitation programs for members who have moderate to very severe chronic obstructive pulmonary disease (COPD). The member must have referral for pulmonary rehabilitation from the doctor or provider treating the COPD.	*Prior authorization and referral may be required

Sexually transmitted infections (STIs) screening and	\$0 copayment
counseling	yo copayment
The plan will cover screenings for chlamydia, gonorrhea, syphilis, and hepatitis B. These screenings are covered for pregnant women and for some people who are at increased risk for an STI. A primary care provider must order the tests. We cover these tests once every 12 months or at certain times during pregnancy.	
The plan will also cover up to two face-to-face, high-intensity behavioral counseling sessions each year for sexually active adults at increased risk for STIs. Each session can be 20 to 30 minutes long. The plan will cover these counseling sessions as a preventive service only if they are given by a primary care provider. The sessions must be in a primary care setting, such as a doctor's office.	
Smoking Cessation (QuitNet)	\$0 copayment
Stop smoking with QuitNet Comprehensive. Services include:	
Web-based or telephonic coaching	
The QuitNet, QuitGuide, and QuitTips email support	
• Over-the-counter nicotine replacement therapy, including patches, gums, and lozenges	
Members can enroll by phone at 1-888-572-4074 or online at www.quitnet.com/humana	
Urgently needed care	\$0 copayment
Urgently needed care is care given to treat:	
• a non-emergency, or	
• a sudden medical illness, or	
• an injury, or	
• a condition that needs care right away.	
If Members require urgently needed care, they should first try to get it from a network provider. However, they can use out- of-network providers when they cannot get to a network provider. Members are covered for urgently needed care in the United States and its territories.	

Vision care	\$0 copayment
The plan covers the following:	
Annual routine eye exams which includes refraction, up to one per year	
 Eye glasses (lenses and frames) limited to one pair in a 24 month period 	
• Contact lenses limited to one pair in a 24 month period	
Custom-made artificial eye	
Low vision devices	
Medically necessary contact lenses or glasses	
To be eligible for reimbursement some services may be subject to prior approval and/or medical criteria.	
The plan covers outpatient doctor services for the diagnosis and treatment of diseases and injuries of the eye. This includes treatment for age-related macular degeneration.	
For people at high risk of glaucoma, the plan covers one glaucoma screening each year. People at high risk of glaucoma include:	
 people with a family history of glaucoma, 	
people with diabetes, and	
African-Americans who are age 50 and older.	
The plan covers one pair of glasses or contact lenses after each cataract surgery when the doctor inserts an intraocular lens. (If Members have two separate cataract surgeries, Members must get one pair of glasses after each surgery. Members cannot get two pairs of glasses after the second surgery, even if Member did not get a pair of glasses after the first surgery.) The plan also covers corrective lenses, and frames, and replacements if Members need them after a cataract removal without a lens implant.	
Adult Day Health- Also Known as Adult Day Service	\$0 copayment
The plan covers structured day activities at a program of direct care and supervision if Member qualify. This service: • Provides personal attention • Promotes social, physical and emotional well-being	*Prior authorization and referral may be required *Waiver may be required
Behavioral Services	\$0 copayment
These services are behavioral therapies designed to assist members with brain injuries in managing their behavior and thinking functions, and to enhance their capacity for independent living.	*Prior authorization and referral may be required *Waiver may be required
Day Habilitation – Also known as Habilitation	\$0 copayment
The plan covers day habilitation, which assists with the retention or improvement in self help, socialization and adaptive skills outside the home if Members qualify.	*Prior authorization and referral may be required *Waiver may be required

For the control Annual Physics Advantages	<u> </u>
Environmental Accessibility Adaptations	\$0 copayment
The plan covers modifications to Members home if Members qualify. The modifications must be designed to ensure Members health, safety and welfare or make Members more independent in their home. Modifications may include: Ramps Grab-bars	*Prior authorization and referral may be required *Waiver may be required
Doorway widening	
Home Delivered Meals	\$0 copayment
The plan covers prepared meals brought to Members home if they qualify.	*Prior authorization and referral may be required *Waiver may be required
Home Health Aide	\$0 copayment
The plan covers services from a home health aide, under the supervision of a registered nurse (RN) or other professional, if Members qualify. Services may include the following: • Simple dressing changes • Assistance with medications • Activities to support skilled therapies • Routine care of prosthetic and orthotic devices	*Prior authorization and referral may be required *Waiver may be required
Homemaker Services	\$0 copayment
The plan covers home care services provided in Members home or community if they qualify. These services may include the following: • A worker to help Member with laundry • A worker to help Member with cleaning • Training to improve Members community living skills	*Prior authorization and referral may be required *Waiver may be required
Nursing Services	\$0 copayment
The plan covers shift and intermittent nursing services by a registered nurse (RN) or licensed practical nurse (LPN) if Member qualifies.	*Prior authorization and referral may be required *Waiver may be required
Personal Assistant	\$0 copayment
The plan covers a personal assistant to help Member with activities of daily living if Member qualifies. These include, for example: Bathing Feeding Dressing Laundry	*Prior authorization and referral may be required *Waiver may be required
Personal Emergency Response System	\$0 copayment
The plan covers an electronic in-home device that secures help in an emergency if Member qualifies	*Prior authorization and referral may be required *Waiver may be required
Physical, Occupational, and Speech Therapy	\$0 copayment
The plan covers occupational, physical, and speech therapy if Member qualifies. These therapies focus on long-term rehabilitative needs rather than short-term acute restorative needs.	*Prior authorization and referral may be required *Waiver may be required

Prevocational Services	\$0 copayment
This service is for members with brain injuries and provides work experiences and training designed to assist individuals in developing skills needed for employment in the general workforce. Services include teaching concepts such as compliance, attendance, task completion, problem-solving and safety.	*Prior authorization and referral may be required *Waiver may be required
Respite Care	\$0 copayment
The plan covers respite services to provide relief for an unpaid family member or primary caregiver who meet all of Member's service needs if Member qualifies. Certain limitations apply.	*Prior authorization and referral may be required *Waiver may be required
Specialized Medical Equipment and Supplies	\$0 copayment
If Member qualifies, the plan covers devices, controls, or appliances that enable Member to increase Member's ability to perform activities of daily living or to perceive, control or communicate with the environment in which Member's live. Services might include: Hoyer lift Shower benches/chairs Stair lift Bed rails	*Prior authorization and referral may be required *Waiver may be required
"Welcome to Medicare" Preventive Visit	\$0 copayment
The plan covers the one-time "Welcome to Medicare" preventive visit. The visit includes:	
• a review of Members health,	
 education and counseling about the preventive services Members need (including screenings and shots), and 	
• referrals for other care if Members need it.	
Important: We cover the "Welcome to Medicare" preventive visit only during the first 12 months that Members have Medicare Part B. When Members make Member's appointment, they must state they want to schedule their "Welcome to Medicare" preventive visit.	
Supported Living Program	\$0 copayment
If Member qualifies, the Supportive Living Facility provides an alternative to Nursing Facility placement. Some of the services include the following: • Assistance with activities of daily living • Nursing services • Personal care • Medication administration • Housekeeping • 24 hour response/security staff	*Prior authorization and referral may be required *Waiver may be required

2.4(B) Integrated Care Program Initiative (including Humana Gold Plus Integrated Medicare Medicaid Plans)

Type of Care	Covered Services	Coverage and Benefit Limitations
Abortions	Termination of pregnancy may be provided only as allowed by applicable State and federal law and regulation.	Covered benefit when necessary to preserve the woman's life or health or when the pregnancy is the result of rape or incest.
Advanced Practice Nurse Covered Services	Medical and Preventive services provided by Certified Nurse Mid- wives, Certified Nurse Practitio- ners and Certified Pediatric Nurse Practitioners	Covered benefit. Prior authorization and referral may be required.
Ambulatory Surgery	Preoperative examinations Operating and recovery room services All required drugs and medicines	Covered benefit.
Behavioral Health	Behavioral health services including but not limited to:	Covered benefit.
	Behavioral health assessment and/or psychological evaluation	Prior authorization, referral, and other limits may be required.
	Medication management	
	Community treatment and support, including peer specialists or family peer specialist support services	
	Therapy/counseling	
	Services in Community Mental Health Centers (CMHC's)	
	Services provided under the Medicaid Clinic Option or Medicaid Rehabilitation Option	
	Sub-acute alcohol and substance abuse treatment, including but not limited to:	
	Outpatient treatment	
	Residential treatment	
	Detoxification	
	Psychiatric evaluation services	
	Day treatment	

Chiropractic	Services are limited to the treatment of the spine by manual manipulation to correct a subluxation of the spine.	Covered benefit for members under age 21. Prior authorization and referral may be required. Non-covered services: Services provided to members 21 years of age and older Services provided to members in group care facilities by a provider who derives direct or indirect profit from total or partial ownership of such facility Office visits - Diagnostic or screening Treatment when a definitive pathology is not present Maintenance therapy
Cosmetic procedures or surgery	The plan covers cosmetic surgery when it is medically necessary because of accidental injury or to improve the function of a malformed body part.	Medically Necessary covered benefit. Prior authorization and referral may be required.
Dental	Exams (One per year for members under age 21; limited to first visit per dentist for members over age 21) "Practice" visits for members with developmental disabilities or serious mental illness to become more comfortable with the dentist's office. Below benefits are for those under 21 years of age Cleanings (two per year) X-rays Oral Surgeon Services Fluoride treatments (one per year for members under age 21)	Covered benefit. Call DentaQuest toll free at 1-855-343-7400 TTY: 1-800-466-7566 Adult dental services limited to emergencies.

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Dental -cont.	Sealants	Covered benefit.
	Fillings	
	Crowns (caps)	Call DentaQuest toll free at 1-855-343-7400
	Root canals	
	Dentures	TTY: 1-800-466-7566
	Extractions (pulling)	
		Adult dental services limited to emergencies.
Dialysis – Outpatient	Outpatient dialysis treatments	Covered benefit.
Durable and Non-Durable Medi-	Nondurable medical supplies,	Covered benefit.
cal Equipment and Supplies	including, but not limited to:	Prior authorization may be
	Asthma medical supplies such as peak flow meter (not including medicine)	required and other limits may apply.
	Diabetes testing supplies such as glucometer (not including medicine)	The member must use a medical supply company or pharmacy that is in-network.
	Durable medical supplies (DME) including but not limited to:	
	Diabetic shoes and inserts	
	Orthoses	
	Wheelchairs	
	Oxygen supplies including respiratory equipment	
	Apnea monitors	
Early and Periodic Screening Diagnostic and Treatment Ser- vices (EPSDT)	Comprehensive screening, vision, dental, hearing, treatment, immunizations and diagnostic services needed to correct and improve health conditions based on certain federal guidelines.	Covered benefit for members under age 21.
Emergency Room	You may go to any emergency room if you reasonably believe you need emergency care.	Prior authorization and referral may be required.
Emergency Transportation	Medically necessary ambulance services	Covered benefit.
Eye Care	Routine eye exam (1 per year)	Covered benefit.
	Glasses (1 pair per year)	Call EyeMed toll free at 1-888-
	Medically necessary contact	289-0595.
	lenses or glasses	Limitations on routine exams:
	A replacement frame may be	1 per year
	covered only when the present frame is broken, and is non-repairable, or has been lost This includes lenses and frames.	Limitations on contact lenses or glasses: 1 pair per year for members under age 21
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Eye Care - cont.	New frame parts, including fronts, temples, etc., are covered when used to repair an existing frame.	1 pair every 2 years for members ages 21 and over
	If one or both lenses are broken, but the frame is still usable, the lens or lenses may be replaced.	
	Only when Medically Necessary:	
	Eye exams Contact lens/lenses and related service	
	Artificial eye	
	Low vision devices	
	Polycarbonate eyeglass lenses for adults, age 21 and over (Poly- carbonate lenses for children through age 20 do not require prior approval.)	
Family Planning	Including but not limited to:	Covered benefit.
	Provider visit	Limitations on sterilization
	Birth control and family planning education and counseling	include: Must be age 21 or older
	Contraceptives (birth control)	Completed consent form
	Testing for sexually transmit- ted diseases and HIV	Prior authorization and referral may be required.
	Sterilization	
Hearing	Includes:	Covered benefit.
	Basic and advanced hearing tests Hearing aid related testing and	The following items or services may be provided only with prior approval:
	evaluation, hearing aid, counseling, hearing aid fitting (Replace-	Binaural hearing aids for adults (individuals over the age of 18)
ment is within three years of the initial or previous purchase) Coverage also includes provision of hearing aid accessories (an average of sixteen (16) batteries per hearing aid in a 60 day period) replacement of parts.	Monaural hearing aid – creating a binaural situation for adults (individuals over the age of 18)	
	of hearing aid accessories (an average of sixteen (16) batter-	Hearing aid and dispensing fee – replacement is within three years of the initial or previous purchase
	and repairs.	Exceed quantity limits in allotted time frame(s)

Hearing - cont.	Provision of a hearing aid must include a minimum of a one-year warranty at no expense to the Plan. Exception: Payment will not be made for hearing aid batteries for residents in a Long Term Care Facility (LTC). It is the responsibility of the LTC Facility	Repair costs over \$250.00
		Prior authorization and referral may be required.
		Non-covered services include:
		routine periodic exams in the absence of an identified prob- lem
		examination required for the determination of disability or incapacity
		services provided in federal or state institutions
		expenses associated with post- age and handling for any
		travel expenses to provide testing
		Services must be medically necessary.
Home Healthcare	Includes medically necessary intermittent skilled nursing care, home health aide services, and rehabilitation services, etc.	Covered benefit.
		Prior authorization and referral may be required.
Hospital - Inpatient	You are covered for an unlimited	Covered benefit.
	number of medically necessary days.	Prior authorization and referral may be required.
Hernital Outputions	Post stabilization services.	Covered benefit.
Hospital - Outpatient	We cover medically-necessary services you get in the outpatient department of a hospital for diagnosis or treatment of an illness or injury.	Prior authorization and referral
		may be required.
Immunizations (Shots)	Pneumonia vaccine	Covered benefit.
	Flu shots, once a year in the fall or winter	Prior authorization and referral may be required.
	Hepatitis B vaccine if you are at high or intermediate risk of getting Hepatitis B	
	We also cover some vaccines under our outpatient prescrip- tion drug benefit	

Laboratory Services / V-rays	Medically necessary diagnostic	Covered benefit.
Laboratory Services/ X-rays	lab services and X-rays.	Prior authorization and referral
		may be required.
Maternity Care	Prenatal care (before birth)	Covered benefit.
	Labor and delivery	Prior authorization and referral
	Postpartum care (after the baby is born)	may be required.
Nurse Midwife Services	Services provided by a nurse midwife for pregnancy and birth.	Covered benefit.
		Prior authorization and referral may be required.
Nursing Care	Members under the age of 21 can get medically necessary in-home shift nursing and personal care services provided by a registered nurse (RN), licensed practical nurse (LPN) or Certified Nurse's Aide under the direction of a qualified home health agency. Nursing Care for the purpose of transitioning children from a hospital to home placement or other appropriate setting for Members under age 21.	Covered benefit for members under 21 who are not in the HCBS Waiver for individuals who are Medically Fragile Technology Dependent (MFTD) and have extensive medical needs that require ongoing skilled nursing care. The home health agency providing the nursing services must be in our network. Up to a maximum of 120 days for the purpose of transitioning children under age 21. Prior authorization and referral
		may be required.
Nursing Facility Services	Nursing facility services for the first 90 days but excludes Members who are residents of a nursing facility on the date of enrollment.	Covered benefit.
Organ Transplant	Bone marrow, stem cell, pediatric small bowel and liver/small bowel, heart, heart/lung, lung (single or double), liver, pancreas, kidney/pancreas and other types of transplant procedures may be covered provided the hospital is certified by the department to perform the transplant.	Covered benefit. Prior authorization and referral may be required.
Orthotics/Prosthetics	Coverage for Prosthetic and Orthotic devices.	Covered benefit.
		Prior authorization and referral may be required.

Palliative and Hospice Services	Services for those that are terminally ill.	Covered benefit.
		Prior authorization and referral may be required.
PCP Visit	Visits to your Primary Care Pro- vider	Covered benefit.
Podiatric Services	Diagnosis and the medical or surgical treatment of injuries and diseases of the feet.	Covered benefit.
		Covered for Members under age 21
	Routine foot care for members with certain medical conditions affecting the lower limbs.	Covered for diabetic Members age 21 and over
		Prior authorization and referral may be required.
Prescription and Over- the- Counter Drugs	Humana is a mandatory preferred drug plan. A preferred drug is equal to a brand name drug. Preferred drugs are the drugs that we want your provider to prescribe before brand name drugs.	Covered benefit.
		Prior authorization may be required.
		Please see page 34 for additional pharmacy details, copayments, and copayment exemptions
	Over-the-counter drugs may be covered when prescribed by your provider.	
Provider Office Visits/ Preven-	Includes:	Covered benefit.
tive Care	Periodic well adolescent visits (members 19-20)	Prior authorization and referral may be required.
	Well woman visits	
	Well man visits	
Rehabilitative Services	Including but not limited to: Occupational therapy	Covered benefit.
		Prior authorization and referral
	Physical therapy	may be required.
	Speech and language therapy	
Radiology	Diagnostic and therapeutic radiology services.	Covered benefit.
		Prior authorization and referral may be required.
Screening Assessment and Support Services (SASS)	Crisis intervention program for Members under 21.	Covered benefit under 21.
Transportation Services	\$0 copayment for plan approved locations up to unlimited round trip(s) per year by taxi, bus/subway, van, medical transport.	Trips allowed to pharmacies right after your doctor's visit, nursing homes and other covered services.

3. Emergency Service Responsibilities

Participating Providers are required to ensure adequate accessibility for healthcare 24 hours per day, seven days per week. An after-hours telephone number must be available to Members (voice mail is not permitted). Members should go to the closest emergency room or any other emergency setting if they have an emergency like any of the following:

- Heavy blood loss
- Heart attack
- Severe cuts requiring stitches
- Loss of consciousness

- Poisoning
- Severe chest pains
- Loss of breath
- Broken bones

Members are instructed to call their PCP as soon as possible when they are in a hospital or have received emergency care.

If the emergency room doctor treating the Member tells the Member that the visit is not an emergency, the Member will be given the choice to stay and get medical treatment or follow up with his/her PCP. If the Member decides to stay and receive treatment, then the services rendered will not be a covered benefit.

If the Member is treated for an emergency and the treating doctor recommends treatment after the Member is stabilized, the Member is instructed to call his/her Humana PCP.

Members who are away from home and have an emergency are instructed to go to the nearest emergency room or any emergency setting of their choice. In such situations, Members should call their PCP as soon as possible.

3.1 Emergency Mental Health Services

For behavioral health services, please instruct Members to contact Humana at 1-855-235-8579, and select Humana Cares when prompted.

For emergency behavioral healthcare within or outside the service area, please instruct Members to go to the closest hospital emergency room or any other recommended emergency setting. They should contact you first if they are not sure the problem is an emergency.

Emergency behavioral health conditions include:

- Danger to themselves or others
- Unable to carry out actions of daily life due to so much functional harm
- Serious harm to the body that may cause death

4. Model of Care and Care Coordination

Overview of the CMS-Approved Model of Care:

Humana's program will provide a proactive and comprehensive system of care for Members living with chronic physical diseases, mental illness, substance use disorders and/or developmental and intellectual disabilities that promotes person-centered, integrated care across the spectrum of medical, behavioral, psycho-social and long term services and supports. This approach is aimed at eliminating fragmented and often poorly coordinated healthcare and social services that historically plagues the effective treatment for these individuals and results in poor health status and ineffectual expenditures.

In addition to focusing on the Member's experience, Humana's Model of Care provides appropriate utilization of services and ensures cost-effective health services delivery.

The Provider's participation is key and includes the following activities:

- Participation in Interdisciplinary Care Team ("ICT") care conferences via phone, through exchange of written communications and possibly in person
- Participation in inbound and outbound communications to foster care coordination
- Promote Healthcare Effectiveness Data and Information Set ("HEDIS"®) and National Committee for Quality Assurance ("NCQA") quality measures
- Provide all medical record documentation and information as requested to support Humana's fulfillment of State and federal regulatory and accreditation obligations, e.g., HEDIS.

Continuity of Care

Humana offers an initial one hundred eighty (180)-day transition period for Members new to the Demonstration in which Members may maintain a current course of treatment with a Provider who is currently out-of-network. Humana offers a ninety (90)-day transition period for Members switching from another Demonstration Plan to Humana. The one hundred eighty (180)-day and ninety (90)-day transition periods are applicable to all Providers, including behavioral health Providers and Providers of LTSS. Out-of-network PCPs and specialists providing an ongoing course of treatment will be offered single case agreements to continue to care for that Member beyond the transition period if they remain outside the network or until a qualified affiliated Provider is available.

Out-of-Network Providers

In the event that the Physician of a new Member who is in an active, ongoing course of treatment or is in the third trimester of pregnancy is not a Participating Provider, Humana will permit the Member to continue an ongoing course of treatment with such Physician for up to ninety (90) days or through the postpartum period, or as otherwise required by Section 25 of the Managed Care Reform and Patients' Rights Act only if the out-of-network Physician agrees to provide such ongoing course of treatment, and if such out-of-network Physician agrees to: (i) accept reimbursement at Humana's established rates based on a review of the level of services provided, (ii) adhere to Humana's QA requirements, (iii) provide necessary medical information related to healthcare, and (iv) adhere to Humana's policies and procedures, including, but not limited to, procedures regarding Referrals.

Provider's Role and Responsibility in Care Coordination, Care Transitions, Comprehensive Medication Reviews and Preventive Screenings:

- Deliver evidence-based medical management addressing the Members' needs, choices and cultural preferences.
- Assure that Members are informed of specific healthcare needs requiring follow-up and that Members receive training in self-care, including medication adherence, and other measures they may take to promote their own health.
- Ensure the Member receives appropriate specialty, ancillary, emergency and hospital care when needed, providing necessary referrals and communicating to Specialists, Hospitalists, SNF, and other Providers Member information that will assist them in consultation and recommending treatments, equipment and/or services for the Member.
- Provide coordination of care for Members who are homebound or have significant mobility limitations to ensure access to care through home visits by nurse practitioners or physicians.
- Track and document appointments, clinical findings, treatment plans and care received by Members referred to specialists, other healthcare Providers or agencies to ensure continuity of care.
- Obtain authorizations and notify Humana for any out-of-network services when an in-network Provider of the specialty in question is not available in the geographical area.
- Work with Humana's Care Coordination team to arrange for a Member to receive a second opinion, when the Member requests one, from a qualified in-network healthcare professional or arrange for the Member to obtain one outside the network, if a qualified in-network Provider is not available.
- Initiate or assist with the discharge or transfer of Members from an inpatient facility to the most medically appropriate level of care facility or back to the Member's home or permanent place of domicile; consider the availability of in-network facilities and obtain appropriate authorizations if using out-of-network facilities.
- Support, participate in, and communicate with the ICT, in person and/or in writing, in developing and implementing an individualized plan of care in order to facilitate effective care coordination.
- Provide timely access to medical records or information for quality management and other purposes, including audits, reviews of Complaints or Appeals, HEDIS, and other studies, and promptly respond to recommendations for improvement by developing and enacting a corrective/improvement plan, as appropriate.
- Follow the preventive care guidelines set by the U.S. Preventive Services Task Force, and provide and document the preventive care services required by the NCQA for HEDIS Quality Assurance Reporting Requirements.
- Acknowledge that out-of-network or other authorizations are limited to the terms of the authorization as part of the Member's ongoing course of treatment in accordance with continuity of care guidelines consistent with State requirements.
- Adhere to preauthorization and referral processes and procedures.

Note: For Members, other than those who reside in nursing facilities:

a. The Member maintains his or her current Providers for 180 days from the effective date of enrollment or 90 days if changing Health Plans.

- b. During the 180-day transition period, the Member's existing Provider may be changed, but only under the following circumstances:
 - The Member requests a change;
 - The Provider chooses to discontinue providing services to a Member as currently allowed by Medicare or Medicaid; or
 - Humana, CMS or the State identifies Provider performance issues that affect a Member's health and welfare.

Provider Creation and Participation in Individualized Care Plans - The Individualized Care Plan is based on:

- · Initial and ongoing Health Risk Assessment (HRA) and comprehensive assessment results
- Claims history
- Plans developed for each Member by the ICT
- Include Member-driven short-term and long-term goals, objectives and interventions
- Address specific services and benefits
- Provide measurable outcomes

Provider Participation as an Integral Member of the ICT:

The ICT is a team of caregivers from different professional disciplines who work together to deliver care services focused on care planning to optimize quality of life and to support the individual and/or family. The ICT may include:

- The Member and/or their authorized caregiver
- The Member's physicians and/or nurses
- Humana's clinical care coordinators
- Social workers and community social-service Providers
- Humana's and/or the Member's behavioral health professionals
- Humana's community health educators and resource-directory specialists

The physician-inclusive ICT model supports the following:

- The physician's treatment and medication plans
- The physician's goals via the Humana care management team of nurses, social workers, pharmacy specialists and behavioral-health specialists
- Member education and enhancement of direct patient-physician communication
- Self-care management and informed healthcare decision-making
- Care coordination and care transitions
- Access and connections to additional community resources
- Coordination of Medicare and Medicaid benefits and services including long term support services
- · Appropriate advance illness and end-of-life planning

Illinois law allows for the following two types of advance directives: (1) healthcare power of attorney; and (2) written healthcare directive (also known as a living will). Providers should ensure that Members are informed of these rights.

Expected Provider Communications and Reporting:

- Maintain frequent communication, in person or by phone, with the ICT including other Providers of care and services such as specialist physician, hospital and/or ancillary Providers to ensure continuity of care and effective care coordination.
- Immediately report actual or suspected child abuse, elder abuse or domestic violence to the local law enforcement agency by telephone and submit a follow-up written report to the local law enforcement agency within the time frames as required by law.
- Provide all medical record documentation and information as requested to support Humana's fulfillment of State and federal regulatory and accreditation obligations, e.g., HEDIS and NCQA, including access to electronic health records, as applicable.

Note: Additional Member information will be added regarding care plans, assessments and Member Summaries and made available on Humana's website, Provider's section.

Working with Demonstration and ICP Members With a Mental Health Diagnosis:

- Facilitate referral of the Member to specialists or specialty care, behavioral healthcare services, health education classes and community resource agencies, when appropriate.
- Integrate medical screening along with basic primary care services provided to Demonstration and ICP Members; provide screening and evaluation procedures for detection and treatment of, or referral for, any known or suspected behavioral health problems and disorders.
- Deliver evidence-based behavioral health treatment and establish protocols for referral to behavioral health specialty Providers.
- Ensure confidentiality of Members' medical and behavioral health and personal information as required by State and federal laws.

Understanding Chronic Conditions Prevalent within the Demonstration and ICP population:

- Multiple chronic conditions increase the risks for poor outcomes such as mortality and functional
 limitations as well as the risk of high cost services such as hospitalizations and emergency room visits.
 Evidence proves that preventive care and frequent/consistent care of chronic conditions lowers the
 advent of major conditions and decreases use of emergency room visits and readmissions.
- Humana's Clinical Practice Guidelines, available to both affiliated and non-affiliated Providers on Humana's website, incorporate relevant, evidence-based medical and behavioral health guidelines (preventive and certain non-preventive acute and chronic conditions) from recognized sources such as professional medical associations, voluntary health organizations and NIH Centers and Institutes.
- Humana provides chronic disease management services and support to promote self-management for individuals with chronic conditions.

Importance of Coordinating Both Medicare and Medicaid Benefits, Including Information on Long Term Service Support ("LTSS") Medicaid Benefits:

- Member-centered, coordinated care A person-centered and collaboratively planned care by a care team with knowledge about the specific needs of the Member and the array of medical, non-medical and behavioral services and benefits available to meet those needs are critical to helping the Member achieve their optimum level of wellness.
- Many dually eligible Members require a broad range of LTSS and community support in order to meet their functional needs. Effective coordination and administration of LTSS benefits and easy access to these services help assure that these needs are adequately met and reduce the reliance on less appropriate and more costly emergency or hospital-based care.

• Demonstration and/or ICP Members are faced daily with a variety of life challenges. Humana aims to eliminate the challenges and frustration of navigating a complex healthcare system by integrating a variety of administrative processes for Members and Providers.

5. Provider Complaints

For all inquiries, including Complaints, please contact Humana customer service at 1-800-457-4708 or your Network Management Consultant. Based on the type of issue or Complaint, your inquiry will be reviewed by the Humana associate with the designated authority to resolve your issue or Complaint.

Provider Appeal rights for audits are outlined on Humana's website under the Provider section, Provider Education for Clinical Audit Appeals.

6. Grievance and Appeals System

The section below is taken from Humana's Member Grievance and Appeal procedure as set forth in the Humana Member Handbook. This information is provided to you so that you may assist the Humana Members in this process should they request your assistance. Please contact your Network Management Consultant should you have questions about this process.

Humana has representatives who handle all Member Grievances and Appeals. A special set of records is kept with the reason, date and results. Humana keeps these records in the central office.

Filing a Grievance or an Appeal

If you have questions or an issue, call Humana Customer Care at 1-800-787-3311.

If you are not happy with the answer you get from customer care, you can file a Grievance/Appeal. You can get a form or you can send a letter to Humana. If you request a form from Humana, it will be mailed within three working days. You can also request help from Humana to fill out the form. Note: The Humana Appeal Process must first be exhausted before filing for a Medicaid State Fair Hearing.

All Grievance/Appeals will be considered. You can have someone help you during the process, whether it is a Provider or someone you choose.

You have the right to continue services during the Appeal process. If you choose to continue the services and the decision of the Appeal is not in your favor, you may have to pay for those services.

The Grievance/Appeal must have the following:

- Name, address, telephone number and ID number
- Facts and details of what you did to straighten out this Complaint
- · What action you are looking for
- Signature
- Date

Grievance: You have the right to make a written or verbal Grievance at any time. The Grievance process may take up to 30 calendar days. However, Humana will resolve your Grievance as quickly as your health condition requires. A letter telling you the outcome of your Grievance will go out within 30 calendar days from the date Humana receives your request. If more time is needed, you and Humana must agree on it. If other information is needed, Humana will have 14 extra days to make a decision. Humana will send you a letter telling you about the extra time.

Appeal: You have the right to make a written or verbal Appeal within 60 calendar days of the date you receive a written denial. If you file a verbal appeal request, you must also submit the request in writing. The Appeal process may take up to 15 business days. However, Humana will resolve your Appeal as quickly as your health condition requires. A letter telling you the outcome of your Appeal will go out within 15 business days from the date Humana receives your request. If more time is needed, you and Humana must agree on it. If other information is needed, Humana will have 14 extra days to make a decision. Humana will send you a letter telling you about the extra time.

Expedited Appeal Process: You have the right to make verbal or written expedited Appeal. If you have a problem that is putting your life or health in danger, you or your legal spokesperson can file an "urgent" or "expedited" Appeal. These Appeals are handled within 24 hours of receipt of all the required information to work the Appeal. Let the person you are talking to know that this is an "urgent" or "expedited" Appeal. You may request an expedited Appeal by calling Humana. For Medicare-Medicaid plans, call 1-800-787-3311. For Medicaid plans, call 1-800-764-7591. If it is determined that it is not an expedited process, it will go through the normal process.

Expedited Grievance Process: You have the right to make a verbal or written expedited Grievance if Humana refuses to expedite an appeal request, or if Humana takes an extension on your request and you do not agree. These Grievances are handled within 24 hours of receipt. Let the person you are talking to know that this is an "urgent" or "expedited" Grievance. You may request an expedited Grievance by calling Humana. For Medicare-Medicaid plans, call 1-800-787-3311. For Medicaid plans, call 1-800-764-7591. If it is determined that it is not an expedited process, it will go through the normal process.

To send your Grievance or Appeal request in writing, please send it to the following address:

Humana Medical Plan, Inc.

Illinois MMAI & ICP P.O. Box 14546 Lexington, KY 40512-4546

Attn: Grievance & Appeal Department

If you wish to contact Humana's customer service department by phone, please call 1-800-787-3311. If you cannot hear or have trouble talking, call 711. We are open from 8 a.m.-7 p.m. Monday - Friday.

You can call the Illinois Department of Healthcare and Family Services toll free 1-800-435-0774 (voice) or 1-877-734-7429 (TTY), Monday - Friday, between 8:30 a.m. - 4:45 p.m.

7. Chronic and Complex Conditions

7.1 Comprehensive Diabetes Care.

Diabetic Retinal Examinations. Humana is committed to reducing the incidence of diabetes-induced blindness in Humana Members. Early intervention and continual monitoring of diabetic eye disease could reduce the incidence of diabetes-related blindness. Based on guidelines proposed by the American College of Physicians, the American Diabetic Association, and the American Academy of Ophthalmology, the Humana PCP will provide or manage services such that recipients with a history of diabetes will receive at least one fundoscopic exam every 12 months.

Glycohemoglobin Levels. Humana acknowledges that tight control of blood glucose levels can delay the onset and slow the progression of many of the side effects from diabetes. Glycohemoglobin is one laboratory indicator of how well a Member's blood sugar is controlled. Consistent with the American Diabetic Association recommendations, the Humana primary care Provider will provide or manage services such that Members with a history of diabetes will receive glycohemoglobin determinations at least twice a year.

Lipid Levels. Humana recognizes the direct link between hyperlipidemia, secondary hyperlipoproteinemias and diabetes mellitus. By closely monitoring lipids and lipoprotein levels in diabetics, better control and maintenance of diabetes is possible. Consistent with the recommendations of the American Diabetes Association, the Humana PCP will provide or manage services such that Members with a history of diabetes will receive lipid and lipoprotein determination annually. If any anomalies are found in the annual baseline, additional studies should be conducted as Medically Necessary.

7.2 Nephropathy.

The Humana PCP screening for nephropathy is to delay or prevent loss of renal function through early detection and initiation of effective therapies, and to manage complications in those identified with a renal disease. The PCP will manage the Member by identifying evidence of a positive test for protein in the urine (micro-albuminuria testing). Member is to be monitored for the disease, including end stage renal, chronic renal failure and renal insufficiency or acute renal failure and referred to a nephrologist as deemed medically appropriate.

7.3 Congestive Heart Failure.

Humana is aware that today there are effective options for treating heart failure and its symptoms. Humana recognizes that with early detection symptoms can be reduced and many heart failure patients are able to resume normal active lives. To further these goals, the Humana PCP will provide or manage care of the CHF Member by prescribing and monitoring an ace inhibitor, angiotensin II receptor blockers (ARB), and diuretic and reviewing the contraindications of those medications prescribed. An echocardiogram should be performed annually, and the Member should be instructed on nutrition and education ongoing of his or her disease.

7.4 Asthma.

Humana recognizes that asthma is a common chronic condition that affects individuals of all ages. The PCP will be expected to measure the Member's lung function and assess the severity of asthma and to monitor the course of therapy based on the following:

- 1. Educate the Member about the contributing environmental control measures to avoid or eliminate factors that precipitate asthma symptoms or exacerbations.
- 2. Introduce comprehensive pharmacologic therapy for long-term management designed to reverse and prevent the airway inflammation characteristic of asthma, as well as pharmacologic therapy to manage asthma exacerbations.
- 3. Facilitate education that fosters a partnership among the Member, his or her family and clinicians.
- **7.5 Hypertension.** Humana recognizes that PCPs can assist the Members by checking blood pressure at every opportunity and by counseling Members and their families about preventing hypertension. Members would benefit from general advice on healthy lifestyle habits, in particular healthy body weight, moderate consumption of alcohol and regular exercise. The PCP is expected to document in each Member's medical record the confirmation of hypertension and identify if the Member is at risk for hypertension.
- **7.6 HIV/AIDS.** Humana requires that PCPs assist Members in obtaining necessary care in coordination with Humana Health Services staff. Please contact Humana Health Services at 1-855-235-8579 or your Provider contract representative for more details.

7.7 HEDIS® Care of Older Adult (COA) Measures (Applies to MMAI Program

only). Humana recognizes that identification of issues related to medications, activities of daily living, and pain management are important evaluations for special needs Members. The PCP is expected to assess the Member's functional status assessment, current medications, a pain assessment, and discussion regarding advanced care planning. The PCP is also be expected to address any issues that are identified and make referrals to appropriate case management and/ or disease management programs.

8. PCP and Other Provider/subcontractor Responsibilities

8.1 Access to Care

MMAI Demonstration:

Participating PCPs and specialists are required to ensure adequate accessibility for healthcare 24 hours per day, seven days per week. An after-hours telephone number must be available to Members (voice mail is not permitted). Members should be triaged, and provided appointments for care within the following time frames.

Urgent Care: Member must be provided an appointment within 24 hours, seven days a week when medically necessary.

Routine Sick Member Care: Member must be provided an appointment within seven days of making a request.

Well Care and Routine Visits: Member must be provided an appointment within 30 days of making a request.

Initial Prenatal Visits without expressed problems:

- Presenting in first trimester, Member must be provided an appointment within two weeks of request.
- Presenting in second trimester, Member must be provided an appointment within one week of request.
- Presenting in third trimester, Member must be provided an appointment within three days of request.

ICP:

Participating PCPs and specialists are required to ensure adequate accessibility for healthcare 24 hours per day, seven days per week and shall offer hours of operation that are no less than the hours of operation offered to persons who are not Members. An after-hours telephone number must be available to Members (voice mail is not permitted). Members should be triaged, and provided appointments for care within the following time frames.

Urgent Care (Non-emergent): If necessary or appropriate, Members must be immediately referred for urgent Medically Necessary care or provided with an appointment within one (1) Business Day of the request.

Routine Sick Member Care: Member must be provided an appointment within three days of making a request.

Well Care and Routine Visits: Member must be provided an appointment within five weeks of making a request.

Problems or Complaints (not deemed serious): Member must be provided an appointment within three weeks of making a request.

Initial Prenatal Visits without expressed problems:

- Presenting in first trimester, Member must be provided an appointment within two weeks of request.
- Presenting in second trimester, Member must be provided an appointment within one week of request.
- Presenting in third trimester, Member must be provided an appointment within three days of request.

8.2 Patient-centered Medical Home

Participating patient centered medical homes are required to manage and provide evidence-based services to Members in order to integrate care with specialty and subspecialty practices. The medical home is required to adhere to the following:

- 1. **Enhance Access and Continuity:** Accommodate Member's needs with access and advice during and after hours, give patients and their families information about their medical home and provide Members with team-based care.
- 2. **Identify and Manage Patient Populations:** Collect and use data for population management.

- 3. **Plan and Manage Care:** Use evidence-based guidelines for preventive, acute and chronic care management, including medication and mental health management.
- 4. **Provide Self-Care Support and Community Resources**: Assist patients and their families in self-care management with information, tools and resources.
- 5. Track and Coordinate Care: Track and coordinate tests, referrals and transitions of care.
- 6. **Measure and Improve Performance:** Use performance and patient experience data for continuous quality improvement

For more information on how your practice can become a Patient-Centered Medical Home, contact Humana IL Provider Contracting at 1-312-441-9111.

8.3 Americans with Disabilities Act (ADA) Compliance

Providers are required to comply with all ADA requirements including utilization of waiting room and exam room furniture and accessible routes to and through rooms that meets needs of all Members, including those with physical and non-physical disabilities, use of clear signage throughout Provider offices and provide adequate handicapped parking.

In order to help our provider partners with this important requirement, Humana associates, or associates of a designated vendor operating on behalf of Humana, may perform physical inspection of provider office locations as one of the steps to help ensure compliance of ADA requirements.

8.4 Member Special Needs Consideration

Providers make efforts to understand the special needs required by Members. The Member may have challenges that include physical compromises as well as cognitive, behavioral, social and financial issues. Multiple co-morbidities, complex conditions, frailty, disability, end of life issues, end-stage renal disease, isolation, depression, and poly-pharmacy are some of the challenges facing these Members each day.

Recognizing the significant needs of Members, Humana incorporates all of the principles of multidisciplinary integration, as well as person-centered care planning, coordination and treatment in our care coordination program.

- o Integrated care management is delivered within an ICT structure and holistically addresses the needs of each Member.
- o The Member and/or their authorized caregiver are maintained at the core of the Model of Care ensuring person-centered care and supported self-care.
- o Each Member is assigned a Care Coordinator who leads the Member's ICT and link closely to the Members' PCP to support them in ensuring Members get the care needed across the full spectrum of medical, behavioral health, and long-term care services.
 - Humana's predictive model based on claims history and analytics is used to determine each Member's risk level and level of intervention required in order to channel them to the required level of coordination.
 - The mDAT, a scored and weighted assessment tool, produces a clinically sound "snapshot in time" or profile of the Member's health status. The mDAT provides an overall risk score which, combined with the predictive model score, is used to direct interventions targeted to impactable concerns.

- The Member is encouraged to participate in all aspects of care management and coordination, including in the development of an individualized care plan. The Care Coordinator and ICT ensure that the Member receives any necessary assistance and accommodations, including those mandated by the ADA, to prepare for and fully participate in care planning and throughout the care management process. The team, furthermore, assures that the Member receives clear information about:
 - His or her health conditions and functional limitations;
 - How family members and social supports can be involved in the care planning as the Member chooses;
 - Self-directed care options and assistance available to self-direct care;
 - Opportunities for educational and vocational activities; and
 - Available treatment options, supports and/or alternative courses of care.

Identifying Barriers to Care Encountered by the Demonstration Population

- Different programs with diverse coverage and payment structures impact delivery of integrated care due to poor coordination of services and benefits resulting in fragmented care not focused on the Member's needs.
- Shortage of health professionals in rural areas and inner cities affect easy access by Demonstration and ICP Members to quality and cost-effective care and preventive services.
- Organizational barriers, including lack of interpreter services, wheelchair accessibility, and long
 appointment wait times, cause frustration and, potentially, refusal by the Member to seek and
 participate in their care.
- · Lack of coordination between behavioral health and other medical and non-medical services.
- Cultural and religious beliefs impact Member health beliefs and behaviors including relationships with their Providers and compliance to recommended treatments.
- Socioeconomic status may present issues related to poor education and lack of knowledge
 and support affecting such concerns as awareness of available health options and support,
 reinforcement of healthy behaviors, and ability to pay out of pocket.
- Lack of permanent residence or place of domicile for some of the Members impact the ability of care Providers to engage and provide education and support to these Members.

8.5 Family Planning Services

Any Provider can provide family planning services to a Member without receiving preauthorization for such services. In addition, Providers should make available and encourage all pregnant women and mothers with infants to receive postpartum visits for the purpose of voluntary family planning, which may include a discussion of all appropriate methods of contraception, counseling and services for family planning. Providers furnishing such family planning services to Members must document the offering and provision of family planning services in the Member's medical records. This provision should not prevent a healthcare Provider from refusing to furnish any contraceptive or family planning service, supplies or information for medical or religious reasons.

8.6 Immunizations

Immunizations should be provided in accordance with the Recommended Childhood Immunization Schedule for the United States or when Medically Necessary for the Member's health, as determined by the physician. Providers should participate in the Vaccines for Children Program ("VFC") as described in Section 1905© (1) of the Social Security Act and administered by the Department of Health, Bureau of Immunizations. The VFC provides vaccines at no charge to physicians and eliminates the need to refer children to County Health Departments (CHDs) for immunizations.

8.7 Adult Health Screening.

Adult Preventive Health Exam – Beginning at Age 21 Years

Elements:	Guidelines	
1. Risk Screening	Screening to identify high-risk individuals, assessing family medical and social history is required. Screening for the following risks are included as a minimum: cardiovascular disease, hepatitis, HIV/AIDS, STDs and TB.	
2. Interval History	Interval histories are required with preventive healthcare. Changes in medical, emotional and social status are documented.	
3. Immunizations	Immunizations are documented and current. If immunization status is not current, this is documented with a catch-up plan. Immunizations are required as follows: Influenza, annually beginning at age 65 years, Td booster every 10 years; pneumococcal vaccine beginning at age 65. When an individual has received a pneumococcal vaccination prior to the age of 65 years and it has been five years since the vaccination, the individual should be revaccinated.	
4. Height and Weight	Documented height and weight is required for all preventive health care visits and at least: - every five years for ages 21-40 - every two years beginning at age 41	
5. Vital Signs	Pulse and blood pressure are required for all preventive healthcare visits and at least: - every five years for ages 21-40 - every two years beginning at age 41	
6. Physical Exam	Appropriate evaluation for inclusion physical examination of an asymptogeneral appearance - skin - gums/dental/oral - eyes/ears/nose/throat - neck/thyroid - chest/lungs - cardiovascular	on in the baseline
	If noncompliance or refusal is documented, the risk associated with the noncompliance must be documented.	

7. Cholesterol Screening

Screening required every five years for:

- Men, beginning at age 35
- Women, beginning at age 45

(Earlier if there is any risk factor evident for cardiovascular disease)

8. Visual Acuity Testing

Visual acuity testing, at a minimum, documents the patient's ability to see at 20 feet. Referrals for testing must be documented.

9. Hearing Screening

Test or inquire about hearing periodically/once a year.

10. Electrocardiogram

Periodically after age 40-50 (or as primary care deems medically appropriate)

11. Colorectal Cancer Screening

Colorectal cancer screening must be documented Screening beginning at age 50.

Risk Factors: First-degree relatives or personal history of colorectal cancer, personal history of female genital or breast cancer, familial adenomatous polyposis, Gardner's syndrome, hereditary nonpolyposis colon cancer, chronic inflammatory bowel disease.

12. Pap Smear

Baseline pap smears annually for three consecutive years until three consecutive normal exams are obtained; then every two to three years. May stop at age 65 if patient has had regularly normal smears up to that age.

13. Mammography

Required as appropriate between ages 35 and 40.

- Every one to two years for women age 40 or older.

- Earlier and/or more frequent for women at high-risk.

14. Prostate Exam/Screening

U.S. Preventive Services Task Force/ December 2002:

The evidence is insufficient to recommend for or against routine screening for prostate cancer using PSA testing or digital rectal examination. The USPSTF found good evidence that PSA can detect early-stage prostate cancer but mixed, inconclusive evidence that early detection improves health outcomes. Insufficient evidence to determine whether the benefits outweigh the harms (of biopsies, complications and anxiety), especially in a cancer that may have never affected the patient's health.

American College of Physicians 2004

Recommendations are for selected testing in 50-69 yearolds, provided that the risks, benefits and uncertainties are understood. With the current available evidence, it is difficult to ever justify routine screening of men 70 and older.

15. Education/Anticipatory Guidance

Health education and guidance must be documented. Guidance Educational needs are based on risk factors identified through personal and family medical history and social and cultural history and current practices..

16. Osteoporosis

Screening for women age 65 and older; begin at age 60 if at increased risk for osteoporotic fractures. Perform a bond density scan (DEXA Scan) for serial monitoring every two years; special conditions may need more frequent monitoring. All perimenopausal women should have a DEXA Scan after a fracture if test has not been performed recently.

8.8 Hysterectomies, Sterilizations and Abortions

Providers must maintain a log of all hysterectomy, sterilization and abortion procedures performed on Members. The log must include, at a minimum, the Member's name and identifying information, date of procedure and type of procedure. The Provider should provide abortions only in the following situations:

- If the pregnancy is a result of an act of rape or incest; or
- The physician certifies that the woman is in danger of death unless an abortion is performed.

8.9 Pregnancy Related Requirements

Licensed health care professionals providing prenatal care must provide education to women and, if possible and with permission, to families about perinatal behavioral health disorders. Providers should invite women to complete a questionnaire to assess whether they suffer from perinatal behavioral health disorders, using an approved instrument such as the Edinburgh Postnatal Depression Scale.

Providers are expected to remind women of the importance of receiving their postpartum exam, and developing a reproductive plan, including birth control. Providers should promote regular preventive care through annual preventive health and family planning visits.

Providers must provide all women of childbearing age HIV counseling and offer them HIV testing.

- (1) Providers should offer all pregnant women counseling and HIV testing at the initial prenatal care visit and again at 28 to 32 weeks.
- (2) Providers must attempt to obtain a signed objection if a pregnant woman declines an HIV test.
- (3) All pregnant women who are infected with HIV should be counseled about and offered the latest antiretroviral regimen recommended by the U.S. Department of Health & Human Services.

Providers must screen all pregnant Members receiving prenatal care for the Hepatitis B surface antigen ("HBsAg") during the first prenatal visit.

Providers should ensure that infants born to HBsAg-positive Members receive Hepatitis B Immune Globulin ("HBIG") and the Hepatitis B vaccine once they are physiologically stable, preferably within 12 hours of birth and should complete the Hepatitis B Maxine series according to the recommended vaccine schedule established by the Recommended Childhood Immunization Schedule for the United States.

- (1) Providers should test infants born to HBsAg-positive Members for HBsAg and Hepatitis B surface antibodies (anti-HBs) six months after the completion of the vaccine series to monitor the success or failure of the therapy.
- (2) Providers must report to the local CHD a positive HBsAg result in any child aged 24 months or less within 24 hours of receipt of the positive test results.

Providers should report to the Perinatal Hepatitis B Prevention Coordinator at the local CHD all prenatal or postpartum Members who test HBsAg-positive. Participating Providers should also report said Members' infants and contacts to the Perinatal Hepatitis B prevention coordinator at the local CHD.

(1) Providers should report the following information: name, date of birth, race, ethnicity, address, infants, contacts, laboratory test performed, date the sample was collected, the due date or Estimated Date of Conception (EDC), whether or not the Member received prenatal care, and immunization dates for infants and contacts.

PCPs must maintain all documentation of screenings, assessments, findings and referrals in the Members' medical records.

Providers should provide the most appropriate and highest level of quality care for pregnant Members, including, but not limited to, the following:

- (1) Prenatal Care Providers are expected to:
 - i) Require a pregnancy test and a nursing assessment with referrals to a physician, physician assistant, or Advanced Practice Nurse (APN) for comprehensive evaluation;
 - ii) Require case management through the gestational period according to the needs of the Member;
 - iii) Require any necessary referrals and follow-up;
 - iv) Schedule return prenatal visits at least every four weeks until the 32nd week, every two weeks until the 36th week, and every week thereafter until delivery, unless the Member's condition requires more frequent visits;
 - v) Contact those Members who fail to keep their prenatal appointments as soon as possible, and arrange for their continued prenatal care;
 - vi) Assist Members in making delivery arrangements, if necessary; and
 - vii) Ensure that all pregnant Members are screened for tobacco use and make available to the pregnant Members smoking cessation counseling and appropriate treatment as needed.
- (2) Nutritional Assessment/Counseling Providers should supply nutritional assessment and counseling to all pregnant Members. In addition, Providers are expected to:
 - i) Ensure the provision of safe and adequate nutrition for infants by promoting breastfeeding and the use of breast milk substitutes;
 - ii) Offer a mid-level nutrition assessment;
 - iii) Provide individualized diet counseling and a nutrition care plan by a public health nutritionist, a nurse or physician following the nutrition assessment; and
 - iv) Document the nutrition care plan in the medical record by the person providing counseling.

Providers are required to immediately notify Humana of an Member's pregnancy by calling 1-855-235-8579, whether identified through medical history, examination, testing, claims, or otherwise.

If a Member becomes pregnant while on the Health Plan, she is requested to call Humana Beginnings at 1-888-847-9960. She should choose a Humana obstetrician for her care, and make an appointment to see this doctor as soon as possible. She must also notify the Department of Children and Family (DCF) of the pregnancy by calling 1-800-232-3798 (Advocacy Office).

- (1) Obstetrical Delivery The Health Plan shall develop and use generally accepted and approved protocols for both low-risk and high-risk deliveries reflecting the highest standards of the medical profession, including Healthy Start and prenatal screening, and ensure that all Providers use these protocols:
 - (i) The Health Plan shall ensure that all Providers document preterm delivery risk assessments in the Member's medical record by week twenty-eight (28).
 - (ii) If the Provider determines that the Member's pregnancy is high risk, the Health Plan shall ensure that the Member's obstetrical care during labor and delivery includes preparation by all attendants for symptomatic evaluation and that the Member progresses through the final stages of labor and immediate postpartum care.
- (2) Postpartum Care The Health Plan shall:
 - (i) Provide a postpartum examination for the Member within six (6) weeks after delivery.
 - (ii) Ensure that its Providers supply voluntary family planning, including a discussion of all methods of contraception, as appropriate.

8.10 Domestic Violence, Alcohol and Substance Use, and Smoking Cessation

- **8.10.1** PCPs should screen Members for signs of domestic violation and should offer referral services to applicable domestic violence prevention community agencies. See Quality Enhancement section 8.11, below.
- **8.10.2** PCPs should screen Members for signs of alcohol and substance use as part of prevention evaluation at the following times:
 - (a) Upon initial contact with Member;
 - (b) During routine physical examinations;
 - (c) During initial prenatal contact;
 - (d) When the Member shows evidence of serious over-utilization of medical, surgical, trauma or emergency services; and
 - (e) When documentation of emergency room visits suggests the need.
- **8.10.3** PCPs should screen and educate Members regarding smoking-cessation by:
 - (a) Making Members aware of and recognizing dangers of smoking;
 - (b) Teaching Members how to anticipate and avoid temptation;
 - (c) Providing basic information to the Member about smoking and successfully quitting;
 - (d) Encouraging the Member to quit; and
 - (e) Encouraging the Member to talk about the quitting process

8.11 Quality Improvement Requirements

Humana will monitor and evaluate the quality and appropriateness of care and service delivery (or the failure to provide care or deliver services) to Members through:

- Performance Improvement Projects (PIPs) Ongoing measurements and interventions, significant improvement to the quality of care and service delivery, sustained over time, in both clinical care and nonclinical care areas that are expected to have a favorable effect on health outcomes and Member satisfaction.
- Medical record audits Annual medical record review conducted by EQRO to evaluate the quality outcomes concerning timeliness of, and Member access to, Covered Services.
- Performance measures Data on patient outcomes as defined by HEDIS or otherwise defined by the Agency.
- Surveys Consumer Assessment of Health Plans Survey ("CAHPS") and Provider Satisfaction Survey
- Peer Review Conducted by the Plan to review a Provider's practice methods and patterns and appropriateness of care.

If the performance improvement projects, CAHPS, the performance measures, the annual medical record audit or the EQRO indicate that Humana's performance is not acceptable, then the Agency may impose penalties.

8.12 Community Outreach Provider Compliance

Providers need to be aware of and comply with the following requirements:

- (a) Healthcare Providers may display Health Plan-specific materials in their own offices.
- (b) Healthcare Providers cannot orally or in writing compare benefits or provider networks among Health Plans, other than to confirm whether they participate in a Health Plan's network.
- (c) Healthcare Providers may announce a new affiliation with a Health Plan and give their patients a list of Health Plans with which they contract.
- (d) Healthcare Providers may co-sponsor events, such as health fairs and advertise with the Health Plan in indirect ways; such as television, radio, posters, fliers and print advertisement.
- (e) Healthcare Providers shall not furnish lists of their Demonstration and ICP patients to the Health Plan with which they contract, or any other entity, nor can Providers furnish other Health Plans' membership lists to the Health Plan, nor can Providers assist with enrollment.
- (f) For the Health Plan, Providers may distribute information about non-Health Plan specific healthcare services and the provision of health, welfare and social services by the State of Illinois or local communities as long as any inquiries from prospective Members are referred to the Member services section of the Health Plan or the Agency's choice counselor/ enrollment broker.

8.13 Illinois Medicaid Provider Number

All Providers are required to have a unique Illinois Medicaid Provider number in accordance with the guidelines of the Agency. Providers are required to have a National Provider Identifier (NPI) in accordance with Section 1173 (b) of the Social Security Act, as enacted by Section 4707 (a) of the Balanced Budget Act of 1997.

8.14 Provider Education of Compliance-based Materials

Providers are expected to adhere to all training programs identified as compliance-based training as identified by Humana. This includes agreement and assurance that all affiliated Participating Providers and staff members are trained on the identified compliance material. This includes the following training modules:

- · Provider Orientation
- Medicaid Provider Orientation
- Cultural Competency (required annually)
- Health, Safety and Welfare Education (required annually)
- Fraud, Waste and Abuse Detection, Correction and Prevention (required annually)

Providers and Members of their office staff can access these online training modules seven days a week, 24 hours a day at the following portal addresses:

Humana.com

Sign in to Humana.com/providers with your existing user ID and password. If your organization is not yet registered, registration can be completed immediately.

Choose "Resources," locate the "Compliance" section and then choose "Required Compliance Events."

Availity.com

Sign in to www.availity.com with your existing user ID and password. If your organization is not yet registered, registration can be completed immediately (access is provided two to seven business days after registration).

Once signed in, navigate to the "Payer Resources" page, select "Humana" from the list of payers that display in a new window, locate the "Compliance" section and then choose "Humana Compliance Events."

Select "I Agree" to the notice that displays in a new window indicating that you are leaving Availity's website.

A security warning pop-up may display indicating you are navigating to https://sso2.archer.rsa. com. Choose "Yes" to proceed to Humana's Compliance Portal. Follow the on-screen instructions to review and accept the required training.

If you are unable to access the Internet, please call our Provider Relations department at 1-800-626-2741 for copies of printed materials.

For Long-term Care Services and Behavioral Health providers, please see Long-term Care Services and Behavioral Health sections below for contact information and help in understanding how to access this required training.

8.15 Requirements regarding community outreach activities and marketing prohibitions:

- In accordance with Mandates, Providers are not authorized to send referrals to State offices.
- In accordance with 42 CFR 438.104(b)(1)(iv), Humana and its subcontractors shall not seek to influence enrollment in conjunction with the sale or offering of any private insurance.
- In accordance with 42 CFR 438.104 (b)(1)(v), Humana and its subcontractors shall not directly or indirectly, engage in door-to-door, telephone, or other cold-calling marketing activities.

- In accordance with 42 CFR 438.104 (b)(2)(i), Humana and its subcontractors shall not, directly make any assertion or statement (whether written or oral) that the beneficiary must enroll with Humana in order to obtain (Medicaid State Plan benefits) or in order to not lose benefits (Medicaid State Plan benefits).
- In accordance with 42 CFR 438.104 (b)(2)(ii), Humana and its subcontractors shall not make any inaccurate false or misleading claims that Humana is recommended or endorsed by any federal, State or county government, the Agency, CMS, Department, or any other organization which has not certified its endorsement in writing to Humana.

Additional Requirements for ICP Providers:

Unless Prior Approval is provided by the Department, Contractor shall not:

- Provide cash to Potential Members, Prospective Members or Members, except for reimbursement
 of expenses and stipends, in an amount approved by the Department, provided to Members for
 participation on committees or advisory groups;
- Provide gifts or incentives to Potential Members or Prospective Members unless such gifts or incentives: (i) are also provided to the general public; and, (ii) do not exceed ten dollars (\$10) in value per individual gift or incentive;
- Provide gifts or incentives to Members unless such gifts or incentives (i) are provided conditionally based on the Member receiving preventive care or other health related activity; and, (ii) are not in the form of cash or an instrument that may be converted to cash;

8.16 Providers must notify Humana of Members' hospice status immediately upon discovery.

9. Medical Records Standards

For each MMAI Member, the Provider should maintain detailed and legible medical records that include the following:

- (1) Member's identifying information including name, Member ID, date of birth, sex and legal guardianship (if any);
- (2) A summary of significant surgical procedures, past and current diagnoses or problems, allergies, untoward reactions to drugs and current medications;
- (3) Description of chief complaint or purpose of visit, the objective diagnosis, medical findings of the impression of the Provider;
- (4) Identification of any studies ordered and any referral reports;
- (5) Identification of any therapies administered and prescribed;
- (6) Name and profession of the Provider rendering services, including the signature or initials of the Provider;
- (7) Disposition, recommendations, instructions to the Member, evidence of whether there was follow-up and outcome of services;
- (8) Immunization history;
- (9) Information relating to the Member's use of tobacco products and alcohol/substance use;

- (10) Summaries of all emergency services and care and hospital discharges with appropriate follow-up;
- (11) Documentation of referral services and Member's medical records;
- (12) All services provided by Provider (family planning services, preventive services, etc.);
- (13) Primary language spoken by the Member and any translation needs of Member;
- (14) Identify Members needing communication assistance in the delivery of healthcare services; and
- (15) Documentation that the Member was provided written information concerning the Member's rights regarding Advance Directives and whether or not the Member has executed an Advanced Directive.

10. Claims Submission Protocols and Standards

Paper claims should be submitted to the address listed on the back of the Member's ID card or to the appropriate address listed below:

Claims:

Humana Claims Office P.O. Box 14601 Lexington, KY 40512-4601

Encounters:

Humana Claims Office P.O. Box 14605 Lexington, KY 40512-4605

For claim payment inquiries or complaints, please contact Humana customer care at 1-855-280-8002 or your Network Management Consultant.

For information regarding electronic claim submission, contact your local Network Management Consultant or visit **Humana.com** or www.availity.com.

10.1 Timely Filing

Providers are required to timely file their claims/encounters for all services rendered to Demonstration and/or ICP Members. Timely filing is an essential component reflected in Humana's HEDIS reporting and can ultimately affect how a Health Plan and its Providers are measured in Member preventative care and screening compliance.

Humana will make payments to Providers (including the fiscal agent making payments to Personal Assistants under the HCBS waivers for Covered Services on a timely basis consistent with the Claims Payment Procedure described at 42 U.S.C. § 1396a(a)(37)(A) and 215 ILCS 5/368a. Complaints or disputes concerning payments for the provision of services are subject to Humana's Provider Grievance process.

Humana will pay 90 percent (90%) of all Clean Claims from Providers for Covered Services within thirty (30) days following receipt. Humana will pay 99 percent (99%) of all Clean Claims from Providers for Covered Services within ninety (90) days following receipt. For purposes of a Member's admission to a nursing facility, a Clean Claim means that the admission is reflected on the patient's credit file that Humana receives from the State. Humana will not be considered to be in breach of this Section, and the State will not impose a monetary sanction for Humana's failure to meet the requirements of this Section, if such purported breach or failure occurs at a time when the State has not paid any of the required capitation to Humana for two (2) consecutive months.

For ICP: Timely Provider Payments

Humana will ensure that ninety percent (90%) of payment of Clean Claims from Providers who

are in individual or group practice for Covered Services will be paid within thirty (30) days after the date of receipt of the claim. Humana will ensure that ninety-nine percent (99%) of Clean Claims from Providers for Covered Services will be paid within ninety (90) days after the date of receipt of the claim. Humana and its Providers may by mutual agreement, in writing, establish an alternative payment schedule provided that payment is no less timely than provided in this Section.

Humana shall not deny claims for services delivered by Providers solely based on the period between the date of service and the date of Clean Claim submission, unless that period exceeds three hundred sixty-five (365) calendar days.

11. Cultural Competency

Culture and Cultural Competence

"Culture" refers to integrated patterns of human behavior that include the language, thoughts, actions, customs, beliefs, values and institutions that unite a group of people. "Cultural Competence" is the capability of effectively interacting with people from different cultures.

Culture impacts the care that is given to patients. Culture informs:

- Concepts of health and healing
- How illness, disease, and their causes are perceived
- Behaviors of patients who are seeking healthcare
- Attitudes toward healthcare Providers

Culture impacts every healthcare encounter:

- Who provides treatment
- What is considered a health problem
- What type of treatment

- Where care is sought
- How symptoms are expressed
- · How rights and protections are understood

Clear Communication

Limited English Proficiency (LEP) is the term that describes a Member who has an inability or a limited ability to speak, read, write, or understand the English language on a level that permits that individual to interact effectively with healthcare Providers or Health Plan Members.

Health Literacy

Health Literacy is the ability to obtain, process, and understand basic health information and services needed to make appropriate decisions. Over a third of patients have limited health literacy, which results in their not understanding what they need to take care of their health. Limited health literacy is associated with poor management of chronic diseases, poor ability to understand and adhere to medication regimens, increased hospitalizations, and poor health outcomes. Humana develops Member communications based on health literacy and plain language standards. The reading ease of Humana written Member materials is tested using the widely known Dale-Chall Readability tool.

Language Assistance Program (LAP) for Limited English Proficient (LEP) Members

Humana is committed to providing free language assistance services for its Members with LEP. This includes:

- Free interpretation services for all languages. Providers may call Humana at the phone number listed on the Member's Humana ID card to access interpretation services while the Member is in the office.
- · Spanish versions of Humana's non-secure website and Member materials

- TTY/TDD services
- Members are given the opportunity to request a written translation of Humana documentation mailed to them. Members should call the customer service phone number listed on the back of the Member's Humana ID card to request translated materials.

Cultural Competence – Subcultures and Populations

With growing concerns about health inequities and the need for healthcare systems to reach increasingly diverse patient populations, cultural competence has increasingly become a matter of national concern. There are also growing concerns about different health issues that are affecting the American society, which can differ amongst ethnic groups. Each population has its health issues, such as the white American, Asian, African American, and Latino American, as well as gender.

"Subculture" means an ethnic, regional, economic, or social group exhibiting characteristic patterns of behavior sufficient to distinguish it from others within an embracing culture or society. Understanding the many different subcultures that exist within our own culture is also an important aspect of crossculture healthcare.

To be able to take care of the health issues in the different ethnicities which we have in this country, Providers need to be able to understand the values, beliefs, and customs of these different people. Some of the cultural aspects that may impact health behavior are:

- Eye Contact Many cultures use deferred eye contact to show respect. Deferred eye contact does not mean that the patient is not listening to you.
- Personal Space Different cultures have varying approaches to personal space and touching. Some cultures expect more warmth and hugging in greeting people.
- Respect for Authority Many cultures are very hierarchical and view doctors with a lot of respect; therefore, these patients may feel uncomfortable questioning doctors' decisions or asking questions.

Cultural Competence – Seniors and People with Disabilities

Humana develops individualized care plans that take into account Members special and unique needs, including Members with disabilities in accordance with the Americans with Disabilities Act (ADA). People with disabilities must be consulted before an accommodation is offered or created on their behalf. Some considerations in treating seniors and people with disabilities are:

- Disease and multiple medications
- Caregiver burden/burnout
- Cognitive impairment and mental health
- · Visual Impairment
- · Hearing Impairment
- Physical Impairment

Additional information on this topic is included in Humana's required Cultural Competency annual compliance training as identified by Humana. Please refer to subsection 8.14 of Section I for more detailed information and directions regarding how to access this required training.

12. Member Rights and Responsibilities

Provider must be aware of the Member Rights and Responsibilities prescribed by Illinois Law. These rights and responsibilities are listed below.

12.1 Member Rights

- 1. A Member has the right to be treated with courtesy and respect, with appreciation of his or her individual dignity, and with protection of his or her need for privacy.
- 2. A Member has the right to a prompt and reasonable response to questions and requests.
- 3. A Member has the right to know who is providing medical services and who is responsible for his or her care.
- 4. A Member has the right to receive information on available treatment options and alternatives, presented in a manner appropriate to the Member's condition and ability to understand.
- 5. A Member has the right to know what patient support services are available, including whether an interpreter is available if he or she does not speak English.
- 6. A Member has the right to request home PCP visits if he/she is homebound or have significant mobility limitations.
- 7. A Member has the right to know what rules and regulations apply to his or her conduct.
- 8. A Member has privacy rights under the Health Insurance Portability and Accountability Act (HIPAA). This is a federal law that protects health information. These rights are important for you to know. Members can exercise these rights, ask questions about them, and file a Complaint if they think their rights are being denied or their health information is not being protected.
- 9. A Member has the right to be given by the healthcare Provider information concerning diagnosis, planned course of treatment, alternatives, risks, and prognosis.
- 10. A Member has the right to a second opinion by a qualified in-network Provider and if one is not available, an out-of-network Provider will be made available at no cost to the Member.
- 11. A Member has the right to participate in decisions regarding his or her healthcare, including the right to refuse treatment, except as otherwise provided by law.
- 12. A Member has the right to be given, upon request, full information and necessary counseling on the availability of known financial resources for his or her care.
- 13. A Member who is eligible for Medicare has the right to know, upon request and in advance of treatment, whether the healthcare Provider or healthcare facility accepts the Medicare assignment rate.
- 14. A Member has the right to receive, upon request, prior to treatment, a reasonable estimate of charges for medical care.
- 15. A Member has the right to receive a copy of a reasonably clear and understandable, itemized bill and, upon request, to have the charges explained.

- 16. A Member has the right to request and receive a copy of his or her medical records, and request that they be amended or corrected.
- 17. A Member has the right to be furnished healthcare services in accordance with federal and State regulations.
- 18. A Member has the right to impartial access to medical treatment or accommodations, regardless of race, national origin, religion, handicap, or source of payment.
- 19. A Member has the right to treatment for any emergency medical condition that will deteriorate from failure to provide treatment.
- 20. A Member has the right to know if medical treatment is for purposes of experimental research and to give his or her consent or refusal to participate in such experimental research.
- 21. A Member has the right to be free from any form of restraint or seclusion used as a means of coercion, discipline, convenience or retaliation.
- 22. The State must ensure that each Member is free to exercise his or her rights, and that the exercise of those rights does not adversely affect the way the Health Plan and its Providers or the State agency treat the Member.
- 23. A Member has the right to express Grievances regarding any violation of his or her rights, as stated in Illinois law, through the Grievance procedure of the healthcare Provider or healthcare facility which served him or her and to the appropriate State licensing agency.

12.2 Member Responsibilities

- 1. A Member is responsible for providing to the healthcare Provider, to the best of his or her knowledge, accurate and complete information about present complaints, past illnesses, hospitalizations, medications, and other matters relating to his or her health.
- 2. A Member is responsible for reporting unexpected changes in his or her condition to the healthcare Provider.
- 3. A Member is responsible for notifying his/her PCP of any significant mobility limitations or homebound status that will warrant the need for PCP home visits.
- 4. A Member is responsible for reporting to the healthcare Provider whether he or she understands a possible course of action and what is expected of him or her.
- 5. A Member is responsible for following the treatment plan recommended by the healthcare Provider.
- 6. A Member is responsible for keeping appointments and, when he or she is unable to do so for any reason, for notifying the healthcare Provider or healthcare facility.
- 7. A Member is responsible for his or her actions if he or she refuses treatment or does not follow the healthcare Provider's instructions.
- 8. A Member is responsible for assuring that the financial obligations of his or her healthcare are fulfilled as promptly as possible.

13. Fraud, Waste and Abuse

Both the federal government and the individual states that are establishing and monitoring requirements for Medicare and Medicaid are trying to reduce fraud, waste and abuse (FWA) in the Medicare and Medicaid programs. Healthcare FWA can involve physicians, pharmacists, Members, and even medical equipment companies. Success in combating healthcare fraud, waste, and abuse is measured not only by convictions, but also by effective deterrent efforts.

Anyone who suspects or detects a FWA violation is required to report it either to Humana or within his/her respective organization, which then must report it to Humana:

Telephonic:

- Special Investigations Unit (SIU) Direct Line: 1-800-558-4444 extension 8187
 Monday Friday, 8:00 am 5:30 pm Eastern time
- Special Investigations Unit Hotline: 1-800-614-4126 24/7 access
- Ethics Help Line: 1-877-5-THE-KEY (1-877-584-3539)

Email:

• siureferrals@humana.com or ethics@humana.com

Web:

www.ethicshelpline.com

Key Features of Methods for Direct Reporting to Humana:

Anonymity: If the person making the report chooses to remain anonymous, he/she is encouraged to provide enough information on the suspected violation (i.e. date(s) and person(s), system(s), and type(s) of information involved) to allow Humana to review the situation and respond appropriately.

Confidentiality: Processes are in place to maintain confidentiality of reports; Humana allows confidential report follow-up.

Humana strictly prohibits intimidation and/or retaliation against anyone who, in good faith reports suspected or detected violation of ethical standards.

Additional information on this topic is included in Humana's required Fraud, Waste and Abuse Detection, Correction and Prevention annual compliance training as identified by Humana. Please refer to subsection 8.14 of Section I for more detailed information and directions regarding how to access this annual training.

14. Health, Safety and Welfare

When a Provider suspects there is a risk of abuse, neglect or exploitation, he/she is required by law to report it immediately to the appropriate State agency and the Humana Care Manager that is participating on the Member's Interdisciplinary Team (ICT). This includes, but is not limited to:

- Abuse Non-accidental infliction of physical and/or emotional harm.
- Physical Abuse Causing the infliction of physical pain or injury to an older person.
- Sexual Abuse Unwanted touching, fondling, sexual threats, sexually inappropriate remarks, or other sexual activity with an adult with disabilities; touching, fondling, sexual threats, sexually inappropriate remarks, or any other sexual activity with an older person when the older person is unable to understand, unwilling to consent, threatened, or physically forced to engage in sexual activity.
- Psychological Abuse Includes, but is not limited to, name calling, intimidation, yelling, and swearing. May also include ridicule, coercion, and threats.
- Emotional Abuse Verbal assaults, threats of maltreatment, harassment, or intimidation intended to compel the older person to engage in conduct from which he or she wishes and has a right to abstain, or to refrain from conduct in which the older person wishes and has a right to engage.
- Neglect Repeated conduct or a single incident of carelessness which results or could reasonably be expected to result in serious physical or psychological/emotional injury or substantial risk of death (this includes self- neglect and passive neglect).
- Exploitation Illegal use of assets or resources of an adult with disabilities. It includes, but is not limited to, misappropriation of assets or resources of the alleged victim by undue influence, by breach of fiduciary relationship, by fraud, deception, extortion, or in any manner contrary to law.

In most states, individuals that report these situations receive immunity from civil and criminal liability unless the report was made in bad faith or with malicious intent and identity protection unless a court orders the identity of the reporter be revealed.

Additional information on this topic is included in Humana's required Health, Safety and Welfare Education annual compliance training as identified by Humana. Please refer to the information in subsection 8.14 of Section I for more detailed information and directions regarding how to access this required training.

SECTION II – LONG-TERM CARE SERVICES

1. Introduction

Humana has partnered with Independent Living Systems (ILS) to manage the delivery of long-term care services for its Medicaid Medicare Alignment Initiative (MMAI) Demonstration and Integrated Care Plan (ICP) Members in Illinois. This document has been developed in order to familiarize Providers with Health Plan and Independent Living Systems of Illinois ("ILS"). The Health Plan, or ILS on behalf of Health Plan, issues a Provider Manual Appendix to you after your credentialing is complete. We may choose not to distribute the Appendix via surface mail, but rather give a written notification to you that explain how to obtain the handbook from a website. This notification would also detail how you can request a hard copy at no charge. The Appendix and bulletins are kept up-to-date and in compliance with State and federal laws. The Appendix shall serve as a source of information regarding Health Plan's Covered Services, policies and procedures, statutes, regulations, telephone access and special requirements to ensure all requirements of a Government Sponsored Contract are met.

1.1 Welcome

Welcome to your Health Plan and Independent Living Systems of Illinois, LLC's Network of Participating Providers. As a Long-Term Services and Supports (LTSS) Professional, you play a very important role in the delivery of healthcare services to the Health Plan Members.

This Appendix is intended to be used as an orientation and guideline for the provision of covered services to Health Plan Members. This Appendix contains policies, procedures and general reference information including minimum standards of care which are required of Health Plan Providers.

As an ILS Network Provider, we hope this information will help you better understand the Health Plan and Independent Living Systems of Illinois, LLC. Should you or anyone on your staff have any questions about any information contained in this Appendix or anything else about ILS or the Health Plan Contractor, please feel free to contact the Health Plan representative or your ILS Provider Network Associate. We look forward to working with you and your staff to provide quality managed healthcare service to Health Plan Members.

The vision is to benefit all stakeholders by considering consumer choice and outcomes, Provider qualifications, and the Health Plan Contractor requirements.

1.2 Overview

- The Contractor (Health Plan) bears the underwriting risk of all services covered under contract.
- Services are to be provided in accordance with an individualized care plan developed by the
 Health Plan in consultation with the Member and which will include services determined
 through an assessment by the Health Plan to be necessary to address the health and service
 needs of the Member.
- The Health Plan may not require any copayment or cost sharing by Members except the patient responsibility amount for nursing facility or Supportive Living Facility services or any copayments established under State law for Members of the Demonstration, the ICP or the State's Medicaid Program.
- The Health Plan does not permit Members to be charged for missed appointments.
- Typically, the Health Plan is financially responsible for Medicare coinsurance and deductibles
 for covered services. The Health Plan would then reimburse Providers for Medicare deductibles
 and coinsurance according to Medicaid Guidelines or the rates negotiated by the Health Plan
 with the Provider.
- All services delivered by the Health Plan contractor to Members, either directly or through a subcontract, must be guided by the following service delivery principles:
 - 1. Services must be individualized as a result of a competent, comprehensive understanding of a Member's multiple needs.
 - 2. Services must be delivered in a timely fashion in the least restrictive, cost-effective and appropriate setting.
 - 3. Long-term services and supports (LTSS) must be based upon a Member's plan of care and include goals, objectives, and specific treatment strategies.
 - 4. Services must be coordinated to address comprehensive needs and provide continuity of care.
 - 5. Services must be delivered regardless of geographic location within the service area, level of functioning, cultural heritage, and degree of illness of the Member.

- 6. The project's administration and service delivery system must ensure the participation of the Member in care planning and delivery, and, as appropriate, allow for the participation of the family, significant others, and caregivers.
- 7. The contractor shall provide interpreter services in person where practical, but otherwise by telephone, for applicants or Members whose primary language is foreign. Foreign language versions of materials are required if, as provided annually by the agency, the population speaking a particular foreign (non-English) language in a county is greater than five (5) percent.
- 8. Services must be delivered by qualified Providers as defined by applicable contract. The Contractor has a credentialing system that includes procedures for credentialing LTSS Providers.
- 9. All facilities providing services to Members must be accessible to persons with disabilities, be smoke free, and have adequate space, supplies, good sanitation, and fire and safety procedures.

Managed care has become an important part of care coordination and integration of services for the enrolled Members. The State contracts with a qualified Contractor/ Health Plan for a program offering various features to the Medicaid consumer who is "at risk" of placement in a nursing home or otherwise meets a Medicaid program qualification. This Contractor will use LTSS Providers, such as Supportive Living Facilities, Adult Day Care, Skilled Nursing Facilities, Home Health, and Personal Care Organizations in their network.

The Provider Relations Department is responsible for Provider education, recruitment, contracting, and new Provider orientation. The Quality Management Department in coordination with the Credentialing Department is responsible for monitoring of quality and regulatory standards, and investigation of Member Complaints and Grievances. The Credentialing Department presides over the credentialing and recredentialing process and coordinating contract loads, demographic changes, and Provider terminations in the Provider Data Management system.

The Provider Relations Department offers our network partners an array of Provider services that includes initial orientation and education for all Providers. These sessions are hosted by Provider relations representatives and available in person, group settings and webinars.

2. Provider Definition and Status

An eligible "Provider" of Covered Services is identified in the State Demonstration or ICP and Contract. Only Licensed Providers are eligible to provide services to Plan Members. The Health Plan will work with the Credentialing Guidelines and Policies designed with the welfare and well-being of the Member in mind.

The guidelines are designed to assist the Health Plan in determining acceptance of facilities and other Providers as participants in their network. In addition, the guidelines will help ensure consistency, accuracy and timeliness of credentialing across all Health Plan sites and provide a tool to perform the facility credentialing.

Further, during a statewide or national emergency, healthcare organizations wish to do whatever it takes to provide critical services to citizens in need. Therefore,

- Any Licensed LTSS Provider may be authorized to provide voluntary services during an emergency, regardless of whether they have previously been contracted.
- The Health Plan's chief executive officer or his/her designee could be authorized to grant temporary emergency privileges during a national or state emergency.

• To verify license status of a LTSS Provider, online resources or a copy of the license may be used.

2.1 Provider Contracting, Application, and Credentialing

The LTSS Provider has the responsibility of providing the necessary items for contracting.

All Participating Providers must be credentialed prior to their contract effective date with the Contractor and usually re-credentialed every three years. The Contractor's Credentialing Committee is required to recommend approval or denial of all Providers into the network. Provider contracting and credentialing policy is available through the Provider Relations representative.

General Provider Credentialing Requirements for the Health Plan Contractor

The minimum requirements include, but are not limited to, the following:

- Current, applicable and required State license(s) verified;
- Absence of a history of sanctions or other actions warranting denial of participation status.
- Absence of exclusion or debarment from participation in Medicare, Medicaid or other State or federal healthcare programs including the Office of the Inspector General (OIG) and General Services Administration (GSA) warranting denial of participation status.
- Completion of a criminal history background check to determine whether Subcontractor has any history of felony convictions, including adjudication withheld on a felony, plea of nolo contendere to a felony, or entry into a pretrial agreement for a felony.
 - A letter of compliance with background screening may be required as part of the credentialing monitoring process of ILS and the Health Plan.
- Additional requirements may be involved depending on the Health Plan and program involved.
- The Provider warrants in contract that they comply with State laws related to liability and workers compensation.
- Certification, accreditation, or threshold criteria may also apply.

2.2 Time Periods to Note

- Applications must be completed within 180 days of Provider signature.
- If Letter of Agreement used, it will have an expiration date and need to be replaced by full application and agreement.
- Re-credentialing will occur every three years.
- Out-of-Network or other authorizations are limited to the terms of the authorization.

3. Provider Policies and Responsibilities

3.1 Equal Provider Opportunity

ILS and the Health Plan are equal opportunity organizations. Provider participation decisions are non-discriminatory and are based on merit and business needs, and not on race, color, citizenship status, national origin, ancestry, gender, sexual orientation, age, weight, religion, creed, physical or mental disability, marital status, veteran status, political affiliation, or any other factor protected by law.

3.2 Affirmative Action, Diversity and the Cultural Competency Plan

We are committed to embracing diversity in the provision of services to Members and in providing fair and equal opportunities for all qualified minority businesses. The Contractor tracks and reports information to applicable agencies on utilization of certified and non-certified minority contractors and vendors for all Subcontractors and vendors receiving funds pursuant to all contracts covered. The Health Plan wishes to accommodate religious and cultural preferences of the Members and will seek input from the Provider that might be useful in meeting Member preferences.

The underrepresented Minority Recruitment Plan seeks to hire underrepresented Minority Health vendors when feasible and equitable. You may get a full copy of the Cultural Competency Plan, at no cost to the Provider by writing Illinois Providers@ilshealth.com.

3.3 Americans with Disabilities Act

It is the policy of ILS and the Health Plan to comply with all the relevant and applicable provisions of the Americans with Disabilities Act (ADA). We will not discriminate against any qualified Provider or job applicant with respect to any terms, privileges, or conditions of Provider because of a person's disabilities.

3.4 Contract, Law and License Compliance

The application of each Provider is contingent on verification of the candidate's right to provide services. Every Provider will be asked to provide documents verifying compliance.

3.5 Provider Background Check

BACKGROUND SCREENING RULES MAY CHANGE. REFER TO THE DEPARTMENT OF HEALTHCARE AND FAMILY SERVICES WEBSITE FOR MOST CURRENT INFORMATION ABOUT YOUR LICENSE.

A background check may be applicable depending on the service and Provider type. A comprehensive background check may include prior Provider verification, professional reference checks, education confirmation, and OIG.

3.5.1 Criminal Record Check and Criminal Allegations

Most Provider licenses require a criminal record check be performed prior to issue of license. ILS and the Health Plan will not duplicate such effort if possible, but reserves the right to request a criminal record check to protect our interest and that of our clients and Members.

Any report that implies criminal intent on the part of Provider and is referred to a governmental or investigatory agency must be sent to the State Medicaid Agency. The Health Plan will investigate allegations regarding falsification of client information, service records, payment requests, and other related information. If the Health Plan has reason to suspect the allegations have basis, they will be referred as required by Mandates.

3.6 HIPAA Standards

The task of handling Member records and related administration functions is accomplished in strict compliance with the Health Insurance Portability and Accountability Act (HIPAA). Member files will be kept confidential at all times and includes some or all of the following pre-cautions:

- Only request and work with Protected Health Information (PHI) related to "treatment, payment, or healthcare operations."
- Email should not be used to transfer files with Member info unless it is encrypted.

- Fax machines should be positioned for privacy.
- Fax numbers should be confirmed before sending info to ILS or the Health Plan.
- · Leave minimum data on voice mail.

3.7 Change of Provider Data

Any change in a Provider's name, address, telephone number, or change of ownership, needs to be reported promptly in writing without delay to ILS Provider Relations Illinois Providers@ilshealth.com.

3.8 Provider Education of Compliance-based Materials

Providers are expected to adhere to all training programs identified as compliance-based training as identified by Humana and ILS. This includes agreement and assurance that all affiliated Participating Providers and staff members are trained on the identified compliance material. This includes the following training modules:

- Provider Orientation
- Medicaid Provider Orientation
- Cultural Competency (required annually)
- Health, Safety and Welfare Education (required annually)
- Fraud, Waste and Abuse Detection, Correction and Prevention (required annually)

For information on Humana's Cultural Competency Plan, see Section I – General Provider Information, subsection 12 above.

For information on Humana's Health, Safety, and Welfare Training, see Section I – General Provider Information, subsection 15 above.

For information on Humana's Fraud, Waste and Abuse Training, see Section I – General Provider Information, subsection 14 above.

Additional information on these topics is included in Humana's required annual compliance training as identified by Humana and ILS. Please contact ILS Provider Relations at 1-855-661-2029 for help in understanding how to access this required training.

3.9 Emergency service responsibilities

The Health Plan has an emergency management plan that specifies what actions the Health Plan shall conduct to ensure the ongoing provision of Covered Services in a disaster or man-made emergency including, but not limited to, localized acts of nature, accidents, and technological and/ or attack-related emergencies. The Health Plan offers an after regular business hours Provider services line (not the prior authorization line) that is answered by an automated system with the capability to provide callers with information about operating hours and instructions about how to verify enrollment for a Member with an emergency or urgent medical condition. This shall not be construed to mean that the Provider must obtain verification before providing emergency services and care.

3.9.1 Weather-related and Emergency-related Closings

At times, emergencies such as severe weather, fires, or power failures can disrupt operations. In such instances, it is important that the Health Plan and ILS be kept informed of your status. This is of real significance if you have an active authorization for a Member. Resources man be found at the Illinois Emergency Management Agency website: www. state.il.us/iema.

4. Quality Improvment

4.1 Quality Improvement ("QI") Program Overview

Quality is not a delegated function by the Managed Care Organization. ILS has implemented a quality improvement and Performance Management Program (QI Program) designed to objectively monitor and evaluate the quality, appropriateness, and accessibility of healthcare and support services. The QI program addresses the quality of clinical care throughout the continuum and focuses on key areas that include, but are not limited to:

- Coordination and continuity of care with seamless transitions across healthcare settings/services;
- Cultural competency and linguistic needs;
- Credentialing and recredentialing;
- · Member Safety;
- · Confidentiality;

- Service utilization;
- · Complaints;
- Adverse Outcomes;
- Network adequacy;
- Provider satisfaction;
- · Components of operational service; and
- Regulatory/federal/state/accreditation requirements.

The goals of the QI Program are to:

- Develop and maintain a well-integrated system that continuously measures clinical performance and monitors key outcomes;
- Ensure availability and access to qualified and competent Providers;
- Establish and maintain safeguards for Member privacy, including confidentiality and Member health information;
- Ensure compliance and standards as required by contract, regulatory statues and accreditation agencies.

4.2 Provider Participation in the QI Program

Network Providers are contractually required to cooperate with quality improvement activities. Providers are invited to volunteer for participation in the QI program through committee representation, quality/performance improvement projects, Grievances, and providing feedback/input via satisfaction surveys.

4.3 The ILS Focus™ Process

The ILS Focus™ process seeks to identify low performing Providers at risk of being "Chronic Poor Performers." As part of a corrective action plan, a Participating Provider designated a "Chronic Poor Performer" will not be eligible to continue as a contracted Provider with the ILS Community Network, a Health Plan, or in a certain program. In the ILS Focus™ process the Provider will have the opportunity to improve their performance or will be terminated as a Chronic Poor Performer. The mandated elements of any Corrective Action Plan will be reviewed by the Quality Committee and will be monitored by the Credentialing Committee. The Plan will be share in the designation of any elements included in a Corrective Action Plan.

A Credentialing Committee will review twice a year the progress of Providers that may be identified in the low performing category. Identification of low performers may come from State, Federal, or MCO information drawing from surveys, Complaints and performance measures.

Elements that would be indicative of a low performer may come from the following:

Elements that could indicate any Provider as being a Chronic Poor Performer include, but are not limited to:

- Notification by a Care Coordinator of adverse incidents, significant changes in a Member's health status.
- Have sufficient staff as specified in Mandates.
- Compliance with services as contracted and authorized including timeliness of service.
- Delivery of services in a culturally competent manner to all Members, including those with limited English proficiency and diverse cultural and ethnic backgrounds.
- Percentage of Members with Care Plan in file.
- Percentage of Members with Living Will in file.
- Percentage of Members with DNR instructions in file.
- Percentage of staff with background screening attestation on file.
- · Complaints.

5. Standards of Conduct

5.1 Stakeholder Expectations

The LTSS Provider is a problem solver and resource for the Member. The LTSS Provider contributes to positive outcomes by reference to a care plan and collaboration regarding self-management and wellness issues for the resident.

Stakeholders will include the LTSS Provider, the Health Plan /Contractor, Resident/Member and their Sponsors, State and Federal Agencies and third party healthcare Providers. Contractor is a resource for the LTSS Provider in meeting Stakeholder Expectations.

One of the benefits of the Health Plan is the professional Case Management team that develops a Care Plan for the Member and will make appropriate information in that Care Plan available for the LTSS Provider use.

Your ILS agreement specifies in Sections related to Quality Assurance; Record Keeping; Policies and Procedures; Provider Responsibilities Attachments; and appropriate scheduling guidelines for service delivery. Those sections referenced and the entire ILS Agreement is relevant and included by reference to the Provider Handbook. Please be sure to review.

The Health Plan has also developed a process for monitoring the scheduling of service delivery and the actual time Members must wait to receive the service. When the service delivery scheduling, or waiting times are excessive, the Health Plan must take appropriate action to ensure adequate service delivery. Each Health Plan contract will communicate their specific processes during orientation by ILS and/or Health Plan as applicable and appropriate for the Covered Services you will provide.

5.2 Reporting Significant Member Health Outcomes

- Facility and Home Health Providers will provide notice to the Health Plan within 24 hours upon an Adverse Event: A Member dies, leaves the facility against medical advice, or Neglect, Abuse, Exploitation and Fraud, which should be reported to regulatory authorities.
- LTSS Provider will also report Member changes in Health Outcomes to the Health Plan Case Manager. Such adverse events would include the following:
- Decline in Member's health status due to management of medications
- Significant worsening of ADLs
- Two or more behavioral health conditions
- · Significant change in toileting ability
- Falls or accidents (with or without injury)
- All Adverse Health Outcomes reporting and reviews are part of the quality initiatives.

5.3 Incident Reporting

Provider agrees to implement a systematic process for incident reporting and to notify ILS immediately and no later than 24 hours of occurrence of an incident that may jeopardize the health, safety and welfare of a Member or impair continued service delivery. Reportable conditions include, but are not limited to:

- (1) Closure of Provider services or facilities due to license violations;
- (2) Provider financial concerns/difficulties;
- (3) Loss or destruction of Member records;
- (4) Compromise of data integrity;
- (5) Fire or natural disasters; and
- (6) Critical issues or adverse incidents that affect the health, safety, and welfare of Members.

In the incident log, Provider shall contain a brief summary of the problem(s) and proposed corrective action plans and time frames for implementation within a reasonable time after the incident is reported. Provider shall submit the incident log to ILS or the Health Plan within 30 days of the occurrence date with process and password protection for HIPAA related information.

Free exercise of rights. The Provider must ensure that each Member is free to exercise his or her rights, and that the exercise of those rights does not adversely affect the way the Provider and its employees or affiliates treat the Member.

Compliance with other Federal and State laws. The Provider will comply with any other applicable Federal and State laws (such as: title VI of the Civil Rights Act of 1964 as implemented by regulations at 45 CFR part 80; the Age Discrimination Act of 1975 as implemented by regulations at 45 CFR part 91; the Rehabilitation Act of 1973; and titles II and III of the Americans with Disabilities Act; and other laws regarding privacy and confidentiality).

5.4 Member Transition to Another Network Provider

The Health Plan will help Members transition to another Provider if their Provider leaves the Health Plan's network. This policy is addressed in the Care Coordination Policies and Procedures.

The Health Plan will transition Members to new Providers, if needed, during the transition period and once the transition period is over. This policy is addressed in the Care Coordination Policies and Procedures.

On February 22, 2013, the Illinois Department of Healthcare and Family Services (HFS) received approval from CMS to jointly implement the Medicare-Medicaid Alignment Initiative (MMAI) (Demonstration). The Demonstration is a groundbreaking joint effort to reform the way care is delivered to clients eligible for both Medicare and Medicaid Services (called "Dual Eligible Recipients"). The Demonstration project will provide coordinated care to more than 135,000 Medicare-Medicaid Members in the Chicagoland area and throughout central Illinois.

You can view more information on the Contract on the Centers for Medicare & Medicaid Services website.

- MMAI Provider Network Contact Information
- MMAI Contact Information
- MMAI Award Announcement
- MMAI Bidders (pdf)
- Rx Frequently Asked Questions (pdf)
- Detailed Drug Guidance (pdf)
- OTC Notice (pdf)
- MMAI RFP Questions and Answers 2nd Set of Questions (pdf)
- MMAI RFP OTC/Pharmacy Specific Questions and Answers (pdf)
- MMAI RFP Questions and Answers (pdf)
- MMAI HCBS Waiver Services Chart (pdf)
- Information on Medicaid-covered over-the-counter (OTC) drugs and products that are excluded from Medicare
- Central Illinois Area Medicare-Medicaid Alignment Initiative/2013-24-003 (pdf)
- Greater Chicago Area Medicare-Medicaid Alignment Initiative/2013-24-004 (pdf)
- Guidance for Offering Capitated Financial Alignment Demonstration Plans (pdf)
- Data Request Procedures for the Medicare-Medicaid Alignment Initiative (pdf)
- Required Data Use Agreement for Medicare-Medicaid Alignment Initiative Data (pdf)
- Data Dictionary (Providers Only) (xls)
- Frequently Asked Questions on Current Provider-Level Data (pdf)

6. Medicare-Medicaid Alignment Initative Demonstration

6.1 Covered Services

MMAI HCBS Waiver Services Chart (pdf)

6.2 Medical Necessity Standards and Practice Protocols

Medically Necessary or Medical Necessity — Services that include medical allied, or long-term care, goods or services furnished or ordered to:

- 1. Meet the guidelines pertaining to the treatment of chronic and complex conditions including:
 - a. Be necessary to protect life, to prevent significant illness or significant disability or to alleviate severe pain;

- b. Be individualized, specific and consistent with symptoms or confirm diagnosis of the illness or injury under treatment and not in excess of the patient's needs;
- c. Be consistent with the generally accepted professional medical standards as determined by the Medicaid program, and not be experimental or investigational;
- d. Be reflective of the level of service that can be furnished safely and for which no equally effective and more conservative or less costly treatment is available statewide; and
- e. Be furnished in a manner not primarily intended for the convenience of the Member, the Member's caretaker or the Provider.
- 2. For those services furnished in a hospital on an inpatient basis, Medical Necessity means that appropriate medical care cannot be effectively furnished more economically on an outpatient basis or in an inpatient facility of a different type.
- 3. The fact that a Provider has prescribed, recommended or approved medical, allied, or long-term care goods or services does not, in itself, make such care, goods or services are medically necessary, a Medical Necessity, or a covered service/benefit.
- 4. The Health Plan will have protocols, policies, and procedures for individual Medical Necessity determinations (e.g., coverage rules, practice guidelines, payment policies). Some of those may be incorporated herein and some will be by identified in a Bulletin from the Health Plan. Guidelines pertaining to the treatment of chronic and complex conditions will be included in Health Plan Bulletins.

6.3 Health Plan implements MMAI Demonstration Enrollment and Care Plans

- The Health Plan and State staff will identify current and/or new Members for the Contractor Plan.
- The Health Plan Care Coordinator will perform an assessment, with input from the LTSS Provider, on each new Member to determine the needed individual services & supplies and review what currently plan of care as applicable.
- Once the needed services/supplies have been identified, the Health Plan Care Coordinator and the LTSS Provider Care Coordinator will finalize the care plan.
- Once the assessment and the care plan are completed, the Health Plan Care Coordinator and the LTSS Provider may complete a type of Care Plan Conference--Agreed Services Form or review copy of Service Plan that would identify each individual Member's assessment/care plan needs.
- If the Member resides in a Supportive Living Facility or a nursing facility, a copy of the care plan will be forwarded to the facility within ten (10) days of development.
 - o If any significant change in condition or services is made to the care plan, the revised care plan will be distributed in its entirety to the same entities as the initial care plan.

In Summary

- Care Coordinator will do assessment with Provider and Member input.
- Care Coordinator, Member, and Provider will agree on Service Plan.
- Supportive Living Facility Providers will complete Event Log.
 - o Monthly report for attendance
 - o Send to Health Plan via fax or mail, no later than five days after the end of the next month to ensure a timely Capitation payment.
- Interim report for events.
 - o This is sent via fax to Health Plan Care Coordinator at the time of the event.
- LTSS Provider will also report Member Adverse Events to the Health Plan's Care Coordinator and assist Health Plan with review.

In accordance with ILS Policy, it is the responsibility of the Provider to submit all items necessary for claims processing.

7. Claims submission portocols and Standards

7.1 Provider Billing for Services

Network Providers shall provide services and supplies and receive payment in accordance with the contractual agreement with the Managed Care Plan.

7.2 Instructions and All Information Required for a Clean or Complete Claim:

The Provider shall submit a monthly claim to Managed Care Plan or ILS as applicable using the UB-04 billing form or the CMS-1500 (formerly known as the HCFA-1500) as applicable to program and Provider. Provider will be oriented and trained as to what process is applicable to their respective Provider Type.

7.3 Provider Billing

ILS, as Third Party Administrator (TPA), uses the Trizetto QNXT® system to process and adjudicate claims. We accept both electronic and paper claims submissions, but to assist us in processing and paying claims efficiently, accurately, and in a timely manner, we strongly encourage providers to submit claims electronically and support the process contractually. For example, electronic claim submissions are immediately processed through pre-import edits to evaluate the validity of the data, HIPAA compliance and Member enrollment information. They are uploaded into QNXT each business day. Within 24 hours of file receipt, ILS provides production reports and control totals to validate successful transactions and identify errors for correction and resubmission.

7.4 Examples of Acceptable Paper Claims Forms

ILS requires Providers to use one of the following forms when submitting paper claims:

- A CMS-1500 billing form is used to submit paper claims for professional services.
- Home healthcare, ICF, skilled nursing, and nursing home room and board must be billed on the UB-04 billing form.

Completing a CMS-1500

The CMS 1500 billing form is used to submit paper claims for professional services. Before submitting a claim, a Provider should ascertain that all required attachments are included. All claims that involve other insurance must be accompanied by an Explanation of Benefits (EOB) or a Remittance Advice (RA) that clearly states how the claim was paid or the reason for denial.

Completing the UB-04

The UB-04 form is used when billing for facilities services, including nursing home room and board and ICF services.

7.5 Claims Submission

Electronic Claims Submission

To submit electronic claims Providers will need to obtain the required software electronic claim submission to Emdeon®. The first step is to register with Emdeon or another Clearinghouse. Once registered, providers will be able to submit electronic claims following instructions from clearinghouse.

- Providers will need to use the ILS payer ID of 45048 when billing through the clearinghouse.
- Providers can submit hard copy claims directly to ILS via US mail at:

ILS

P.O. Box 21596 Eagan, MN 55121

7.6 Clean Claim Submission

ILS can only process Clean Claim submissions; unclean claims will not be processed and will be returned to the provider for correction. A "Clean Claim" is considered as one that can be processed (adjudicated) without obtaining additional information from the service Provider or from a third party. It does not include claims submitted by Providers under investigation for fraud or abuse or those claims under review for Medical Necessity.

The Health Plan shall reimburse Providers for the delivery of authorized Covered Services as described in the Mandates and the Member's benefit Plan. The Provider must mail or electronically transfer (submit) the claim to the Health Plan within six (6) months of the date of service or discharge from an inpatient setting; or the date that the Provider was furnished with the correct name and address of the Health Plan.

When the Health Plan is the secondary payer, the Provider must submit the claim to the Health Plan within ninety (90) calendar days after the final determination of the primary payer, and in accordance with the Medicaid Provider General Handbook.

7.7 Claims Payment Time Frames

ILS processes clean claims according to the following time frames: For electronic submissions, ILS will provide an electronic acknowledgment of the receipt of the claim within twenty-four (24) hours after the beginning of the next business day after receipt of the claim.

For paper claims, will provide acknowledgment of receipt of the claim within fifteen (15) calendar days after receipt of the claim, to the Provider or designee or provide the Provider or designee with electronic access to the status of a submitted claim.

- Pay or deny 95% of the clean claims within 30 days of receipt
- Pay or deny 99% of clean paper claims within 90 days of receipt

If applicable, Providers paid on a capitation basis will be paid according to the time period specified in your Provider Agreement with ILS. Claims not billed within the required time frame will be considered waived.

7.8 Claims Resubmission

For Network Providers

• We will consider a claim for resubmission only if it is rebilled in its entirety within 180 days from date of service. Provider must include a letter outlining the reason for submission.

For Non-Network or Non-Par Providers

• We will consider a claim resubmission within 180 days from the primary payers' Remittance Advice EOB.

7.9 Claims Reconsideration

Providers have 180 days from the date of remittance to resubmit a claim or the original payment will be considered full and final for the related claims. Providers must include the nature of the request, Member's name, date of birth, Member identification number, service/admission date, location of treatment, service or procedure, documentation supporting request, copy of claim, and a copy of remittance advice on which the claim was denied or incorrectly paid. Providers must additionally address the following labels on the claim when submitting a claim for reconsideration:

ATTN: Claims Dept - Reconsideration Claim

Independent Living Systems 10000 NW 25th Street Miami, Florida 33012

Medicare and Other Primary Payer Sources

Eligible Health Plan Members can access services that are covered by Medicare through fee-for-service Medicare or a Medicare Advantage product. In the MMAI Demonstration, the Health Plan is the payer of last resort for Medicaid-covered services. As applicable, Providers must bill any other third party insurance before submitting a claim to ILS. We will pay the difference between the primary insurance payment and the Health Plan allowable amount. If the payment from the primary payer is greater than or equal to the amount allowable under the terms of the Provider agreement with ILS/the Health Plan, ILS and the Health Plan have no further obligation for payment. Providers cannot balance bill Members.

If the primary insurance carrier denies the claim as a non-Covered Service, the claim with the denial may be submitted to ILS for a coverage determination.

It is the Provider's responsibility to obtain the primary insurance carrier's explanation of benefits (EOB) or the Remittance Advice for services rendered to members that have insurance in addition to the Health Plan. The primary carrier's EOB or Remittance Advice should accompany any claims submitted for payment. A detailed explanation of how the claim was paid or denied should be included if not evident from the primary carrier's EOB or the Remittance Advice. This information is essential in order for the Health Plan to coordinate benefits.

If a service is a non-Covered Service or benefits have been exhausted from the primary carrier, the Provider is required to get an updated letter from the primary carrier every January and July to submit with each claim. Claims submitted without the EOB for Members where third party insurance is available will be denied in most cases. Providers have a maximum of 365 days from the date of the EOB to complete Coordination of Benefits.

To prevent denials for coding mismatches, claims submitted to the primary carrier on a form that differs from ILS requirements should be clearly marked with "COB Form Type Conversion."

Overpayment/Underpayment

ILS provides 30 days written notice to healthcare Providers before engaging in overpayment recovery efforts, allowing the healthcare Provider the opportunity to challenge the recovery, unless the recovery is for duplicate payment. In the event that a Provider identifies any overpayments, it is the Provider's responsibility under Section 6402(a) of the Patient Protection and Affordable Care Act to report and refund the overpayment within sixty (60) days following its initial identification. In addition, the Provider must provide ILS with a written reason for the overpayment (e.g., excess payment under coordination of benefits, etc.).

7.10 Claims Inquiries

Providers can check the status of claims by contacting the Claims Department at 1-855-430-3616.

7.11 Provider Claims Disputes

Providers can submit claims disputes directly to ILS via mail at:

ATTN: Claims Department

Independent Living Systems 10000 NW 25th Street Miami, Florida 33012

The Provider must include the following information/items:

- A completed Provider Dispute Form (available on our website)
- Nature of the request (legal and factual basis for dispute)
- Member's name, date of birth, and Member identification number
- Service/admission date
- · Location of treatment, service, or procedure
- Clinical information and/or records/documentation supporting request
- Copy of Remittance Advice on which the claim was denied or incorrectly paid

ILS has a procedure to resolve claim disputes. This process is described in Chapter 7 of this Appendix section regarding Appeal, Grievance, and Fair Hearings.

7.12 Prior Authorization and Referral Procedures, Including Required Forms

Service planning must involve the Member and/or Member representative working cooperatively with the Member's Care Coordinator. Service authorizations must reflect services specified in the plan of care. When service needs are identified, the Member must be given information about available providers, so that an informed choice of providers can be made.

7.13 Protocols for Submitting Encounter Data

The Health Plan is authorized to take whatever steps are necessary to ensure that the Provider is recognized by the State Medicaid program, including its enrollment broker contractor(s) as a participating Provider of the Health Plan and that the Provider's submission of encounter data is accepted by the State's MMIS and/or the State's encounter data warehouse. If you currently do not have a Medicaid ID the Plan will work to get a Medicaid ID assigned that could be used to track encounter data through the Plan.

Claims Department email is claimsdept@ilshealth.com. Mailing address for claims is: ILS P.O. Box 21596 Eagan, MN 55121

7.14 Medical/Case Records Standards

Standards shall support a clean claim, encounter data, Program Integrity (fraud) requirements, Quality enhancement, HIPAA standards, and Medical necessity. The Member case record includes Member specific documents and documentation of all activities, interactions and contacts with the Member, their representative, their Case Manager and any other provider(s) involved in the support and care of the Member. The Case Management Member file information is maintained by the Plan in compliance with the state and federal regulations for record retention. The plan manages this process through an approved policy and procedure and is available upon request.

8. Complaints

You may call the Provider Call Center to report your Complaint. The number is 1-855-661-2029. These tools and information are available from your Provider Relations representative.

9. Tools & Information of Value

9.1 NPI – National Provider Identifier Standard

The Health Plan shall require each Provider to have a National Provider Identifier (NPI) in accordance with s. 1173(b) of the Social Security Act, as enacted by s. 4707(a) of the Balanced Budget Act of 1997. The Provider contract requires Providers to submit all NPIs to the Health Plan. The Health Plan files the Providers' NPIs as part of its Provider network file to the State Medicaid Agency or its agent. The Health Plan need not obtain an NPI from an entity that does not meet the definition of "healthcare Provider" found at 45 CFR 160.103:

(1) Individuals or organizations that furnish atypical or nontraditional services that are only

indirectly related to the provision of healthcare (examples include taxis, home modifications, home delivered meals and homemaker services); and

(2) Individuals or businesses that only bill or receive payment for, but do not furnish, healthcare services or supplies (examples include billing services and repricers).

Healthcare Providers can apply for NPIs in one of three ways:

- For the most efficient application processing and the fastest receipt of NPIs, use the webbased application process. Simply sign in to the National Plan and Provider Enumeration System (NPPES) and apply online (see Related links inside CMS).
- Healthcare Providers can agree to have an Electronic File Interchange (EFI) organization (EFIO) submit application data on their behalf (i.e., through a bulk enumeration process) if an EFIO requests their permission to do so .
- Healthcare Providers may wish to obtain a copy of the paper NPI Application/Update Form (CMS-10114) and mail the completed, signed application to the NPI Enumerator located in Fargo, ND, whereby staff at the NPI Enumerator will enter the application data into NPPES. The form will be available only upon request through the NPI Enumerator. Healthcare Providers who wish to obtain a copy of this form must contact the NPI Enumerator in any of these ways:

Phone: 1-800-465-3203 or TTY 1-800-692-2326; email: customerservice@npienumerator.com; Mail: NPI Enumerator, P.O. Box 6059, Fargo, ND 58108-6059. Share NPI with ILS by emailing to claims@ilshealth.com or FAX to 1-800-963-0352. As required by the CFR (Code of Federal Regulations), Provider shall submit all National Provider Identifiers (NPIs) to PLAN c/o ILS within 15 business days of receipt.

9.2 Credentialing

To participate in Humana's network, Providers must be credentialed. Recredentialing occurs every three years. LTSS providers must, at a minimum, meet all regulatory guidelines.

9.3 Attestations Adopted by and Applicable to Providers

The Provider acknowledges, and attests they will maintain compliance, in that all direct service Providers who may be required by State Mandates to attend and complete an Abuse, Neglect & Exploitation Training. It is the Provider's responsibility to use Abuse, Neglect and Exploitation training materials that have been approved, in advance, per any Mandates and to maintain necessary documentation of this training for the employees that have contact with the Health Plan Members and make this documentation available to ILS, the Health Plan, and the applicable State Agency as requested.

9.4 Home and Community-based Services (HCBS) in Supportive Living Facilities

The OIG published this report in December 2012 - HOME AND COMMUNITY-BASED SERVICES IN ASSISTED LIVING FACILITIES, OEI-09-08-00360. OIG recommend that CMS issue guidance to State Medicaid programs emphasizing the need to comply with Federal requirements for covering HCBS under the 1915(c) waiver. CMS has also published expectations regarding person-centered plans of care and to provide characteristics of settings that are not home and community-based to ensure State compliance with the statutory provisions of section 1915(c) of the Act.

What this means for Residential HCBS Providers such as Supportive Living Facilities (SLF) is summarized as follows:

· A focus on quality of services provided

- An Individualized Person-Centered Care Plan
- A community integration goal planning process
- The right to receive home and community-based services in a home-like environment

As a result, the Health Plan may take interventions or remediation steps that the State would expect to see. The following are some examples of such interventions or remediation steps an MCO may implement upon discovery that an SLF is not maintaining a home-like environment:

- The MCO will work with the SLF administrators and staff to correct the identified deficiencies within a time frame mandated by the State.
- MCO will not refer Members to the non-compliant SLF until outstanding deficiencies are resolved.
- The MCO will terminate from its network SLFs that consistently fail to exhibit home-like characteristics and that do not resolve outstanding issues.
- As a last resort, the MCO may counsel a Member who is not residing in a home-like environment that he/she will not be able to continue to receive HCBS waiver services in a non-compliant facility. If the individual wishes to remain in the SLF, he/she may face disenrollment.
- If the Health Plan terminates a contract with an SLF, and the Member agrees to move to a different SLF, the Health Plan would facilitate transferring the Member to an SLF that meets the home-like environment requirements.

Residential Facility Providers agree to comply with the home-like environment and community integration language provided by the State. Such language may be included in your Provider agreement. All Providers must also comply with the applicable Resident Bill of Rights and attest to being in compliance as part of the monitoring and/or credentialing process.

SECTION III – BEHAVIORAL HEALTH

1. Program description

1.1 Beacon/Humana Partnership

Humana has partnered with Beacon Health Strategies, LLC (Beacon) to manage the delivery of behavioral health services for its Medicaid Medicare Alignment Initiative (MMAI) Demonstration and Integrated Care Plan (ICP) Members in Illinois. The Demonstration is designed to provide Members who are dually eligible for both Medicare and Medicaid with high quality, integrated care. Members enrolled in the Demonstration and ICP programs are eligible to receive comprehensive assessments, care planning and coordination from Humana. For further details, please refer to the Humana section of this Provider Manual Appendix.

Beacon is a limited liability, managed behavioral healthcare company. Established in 1996, Beacon's mission is to collaborate with our Health Plan Members and network Providers to improve the delivery of behavioral healthcare for the Members we serve.

Beacon provides behavioral health management services to 9.2 million people, through partnerships with over 50 Health Plan partners in 21 states. Most often co-located at the physical location of our Health Plan partners, Beacon's "in-sourced" approach deploys utilization managers, care managers and Provider network professionals into each local market where

Beacon conducts business. This approach facilitates better coordination of care for Members with physical, behavioral and social conditions and is designed to support a "medical home" model. Quantifiable results prove that this approach improves the lives of individuals and their families and helps Health Plans to better integrate behavioral health with medical health.

- 1) Contracting and credentialing of behavioral health Providers;
- 2) Utilization review and medical management for behavioral health services;
- 3) Administrative Appeals (Humana will process clinical Appeals);
- 4) Claims processing and payment;
- 5) Member rights and responsibilities;
- 6) Quality management and improvement;
- 7) Member services, including management of the Behavioral Health Hotline;
- 8) Referral and triage;
- 9) Ensuring service accessibility and availability;
- 10) Treatment record compliance; and
- 11) Care management.

1.2 Beacon/Humana Behavioral Health Program

The Humana behavioral health program provides Members with access to a full continuum of behavioral health services through our network of Beacon Network Providers. The primary goal of the program is to provide Medically Necessary care in the most clinically appropriate and cost-effective therapeutic settings. By ensuring that all Health Plan Members receive timely access to clinically appropriate behavioral healthcare services, Humana and Beacon believe that quality clinical services can achieve improved outcomes for our Members.

1.3 Network Operations

Beacon's Network Operations Department, with Provider Relations, is responsible for the procurement and administrative management of Beacon's behavioral health Provider network. Beacon's role includes contracting, credentialing and Provider relations functions for all behavioral health contracts. Representatives are easily reached by email at provider.relations@ beaconhs.com, or by phone between 8:30 a.m. – 6 p.m. Eastern time, Monday - Thursday, and 8:30 a.m. – 5 p.m. Eastern time on Fridays at 1-855-481-7044 for routine matters. Additionally, Beacon clinical staff is available 24 hours a day seven days a week for authorization requests by calling 1-855-481-7044.

1.4 Contracting and Maintaining Network Participation

A Beacon "Network Provider" is an individual practitioner, private group practice, Licensed outpatient agency, or facility that has been credentialed by Beacon and has signed a Provider Services Agreement (PSA) with Beacon and Humana. Network Providers agree to provide behavioral health and/or substance use Covered Services to Members, to accept reimbursement according to the rates as set forth in each Provider's PSA, and to adhere to all other terms in the PSA including this Provider Manual Appendix.

Beacon Network Providers who maintain approved credentialing status remain active Network Providers unless the PSA is terminated in accordance with the terms and conditions set forth therein. In cases where a Network Provider is terminated, such Providers may notify the Member of their termination. Beacon will also always notify Members when their Provider has been terminated and work to transition Members to another Network Provider to avoid unnecessary disruption of care.

1.5 About This Provider Manual Appendix

This Behavioral Health Provider Policy and Procedure Manual Appendix (referred to herein as the "Appendix" or the "Manual") is a legal document incorporated by reference as part of each Provider's Beacon Provider Services Agreement or Humana Provider Participation Agreement.

The Manual serves as an administrative guide outlining Beacon's policies and procedures governing network participation, service provision, claims submission, quality management and improvement requirements, in Chapters 1-3. Detailed information regarding clinical processes, including authorizations, utilization review, care management, reconsiderations and Provider Appeals are found in Chapters 4 and 5. Chapter 6 covers billing transactions. Beacon's level-of-care criteria (LOCC) are accessible through eServices or by calling Beacon at 1-855-481-7044. Additional information is can be found on the Beacon Provider portal at www.beaconhs.com/ Providers.

The Manual is posted on both Humana and Beacon's websites and on Beacon's eServices; only the version on eServices includes Beacon's LOCC. Providers may also request a printed copy of the Manual by calling 1-855-481-7044.

Updates to the Manual as permitted by the Provider Services Agreement will be posted on the Humana and Beacon websites, and notification may also be sent by postal mail and/or electronic mail. Beacon provides notification to Network Providers at least 60 days prior to the effective date of any policy or procedural change that impacts Network Providers, such as modification in payment or covered services. Beacon provides 60 days' notice unless the change is mandated sooner by State or federal requirements.

1.6 Transactions and Communications with Beacon

Beacon's website, www.beaconhealthstrategies.com, contains answers to frequently asked questions, Beacon's clinical practice guidelines, clinical articles, links to numerous clinical resources, and important news for Network Providers. As described below, eServices and EDI are also accessed through the website.

Electronic Media

To streamline Network Providers' business interactions with Beacon, we offer three Provider tools:

a) eServices

On eServices, Beacon's secure web portal supports all Provider transactions, while saving Providers' time, postage expense, billing fees, and reducing paper waste. eServices is completely free to Beacon Network Providers contracted for Humana and is accessible through www.beaconhealthstrategies.com 24 hours a day, seven days a week.

Many fields are automatically populated to minimize errors and improve claim approval rates on first submission. Claim status is available within two hours of electronic submission, all transactions generate printable confirmation, and transaction history is stored for future reference.

Because eServices is a secure site containing Member-identifying information, users must register to open an account. There is no limit to the number of users, and the designated account administrator at each Provider practice and organization controls which users can access each eServices features.

Click here to register for an eServices account; have your practice /organization's NPI and tax identification number available. The first user from a Provider organization or

practice will be asked to sign and fax the eServices terms of use, and will be designated as the account administrator unless/until another designee is identified by the Provider organization. Beacon activates the account administrator's account as soon as the terms of use are received.

Subsequent users are activated by the account administrator upon registration. To fully protect Member confidentiality and privacy, Providers must notify Beacon of a change in account administrator, and when any users leave the practice.

The account administrator should be an individual in a management role, with appropriate authority to manage other users in the practice or organization. The Provider may reassign the account administrator at any time by emailing provider. relations@beaconhs.com.

b) Interactive Voice Recognition

Interactive voice recognition (IVR) is available to Providers as an alternative to eServices. It provides accurate, up-to-date information by telephone, and is available for selected transactions at 1-888-210-2018.

In order to maintain compliance with HIPAA and all other federal and State confidentiality/privacy requirements, Network Providers must have their practice or organizational Tax Identification Number (TIN), National Provider Identifier (NPI), as well as Member's full name, Plan ID and date of birth, when verifying eligibility through eServices and through Beacon's IVR.

c) Electronic Data Interchange

Electronic data interchange (EDI) is available for claim submission and eligibility verification directly by Providers to Beacon or via an intermediary. For information about testing and setup for EDI, download Beacon's 837 & 835 companion guides.

Beacon accepts standard HIPAA 837 professional and institutional healthcare claim transactions and provides 835 Remittance Advice response transactions.

To set up an EDI connection, view the companion guide located on Beacon's Provider Portal at www.beaconhs.com/providers then contact edi.operations@beaconhs.com. You may submit any technical and business related questions to the same address. To submit EDI claims through an intermediary, contact the intermediary for assistance. If using Emdeon, use Beacon's Emdeon Payer ID 43324 and Beacon's Health Plan 054.

TABLE 1-1: ELECTRONIC TRANSACTIONS AVAILABILITY			
Transaction/ Capability	eServices at beaconhealth- strategies.com	IVR 1-888-210-2018	EDI at beacon- healthstrategies. com
Verify Member eligibility, benefits and copayment	Yes	Yes	
Check number of visits available	Yes	Yes	
Submit authorization requests	Yes		
View authorization status;	Yes	Yes	
Update practice information	Yes		
Submit claims	Yes		Yes (HIPAA 837)

	1		
Upload EDI claims to Beacon and view EDI upload history	Yes		Yes (HIPAA 837)
View claims status	Yes	Yes	NA
Print claims reports and graphs	Yes		
Download Electronic Remittance Advice	Yes		NA
EDI acknowledgment and sub- mission reports	Yes		Yes (HIPAA 835)
Pend authorization requests for internal approval	Yes		
Access Beacon's level-of-care criteria and Provider Manual	Yes		

Email

Beacon encourages Providers to communicate with Beacon by email addressed to provider. relations@beaconbs.com.

Throughout the year Beacon sends Network Providers alerts related to regulatory requirements, protocol changes, helpful reminders regarding claim submission, etc. In order to receive these notices in the most efficient manner, we strongly encourage you to enter and update email addresses and other key contact information for your practice, through eServices.

Communication of Member Information

In keeping with HIPAA requirements, Providers are reminded that personal health information (PHI) should not be communicated via email, other than through Beacon's eServices. PHI may be communicated by telephone or secure fax.

It is a HIPAA violation to include any patient identifying information or protected health information in non-secure email through the internet.

1.7 Access Standards

Humana Members may access behavioral health services 24 hours a day, seven days a week by contacting Humana's Member services line 1-855-481-7044. The main Humana line includes an option for connecting directly to Beacon Health Strategies Member services for emergencies or authorization requests for acute levels of care. For most Members, referrals are not required to access behavioral health services. Authorization and referrals are never required for emergency services.

Humana and Beacon adhere to State and National Committee for Quality Assurance (NCQA) guidelines for access standards for Member appointments. Network Providers must adhere to the following:

TABLE 1-2: APPOINTMENT STANDARDS AND AFTER HOURS ACCESSIBILITY:		
Type of Care	Appointment Availability	
Emergency Care with Crisis Stabilization	Within twenty four (24) hours	
Urgent Care	Within forty eight (48) hours	

Post Discharge from Acute Hospitalization	Within seven days of discharge
Other routine referrals/appoint- ments	Within sixty (60) days

Access standards for Humana's behavioral health network are established to ensure that Members have access to services within thirty (30) miles or a maximum of thirty (30) minutes of their address in urban areas, and sixty (60) miles or a maximum of sixty (60) minutes of their address in rural areas.

In addition, Humana Providers must adhere to the following guidelines to ensure Members have adequate access to services:

TABLE 1-2: APPOINTMENT STANDARDS AND AFTER HOURS ACCESSIBILITY:		
Service Availability	Hours of Operation:	
On-Call	 24-hour on-call services for all Members in treatment; and Ensure that all Members in treatment are aware of how to contact the treating or covering Provider after hours and during Provider vacations. 	
Crisis Intervention	 Services must be available 24 hours per day, seven days per week; Outpatient facilities, physicians and practitioners are expected to provide these services during operating hours; and After hours, Providers should have a live telephone answering service or an answering machine that specifically directs a Member in crisis to a covering physician, agencyaffiliated staff, crisis team, or hospital emergency room. 	
Outpatient Services	 Outpatient Providers should have services available Monday - Friday from 9 a.m 5 p.m. at a minimum; and Evening and/or weekend hours should also be available at least two days per week. 	
Interpreter Services	Under State and federal law, Providers are required to provide interpreter services to communicate with individuals with limited English proficiency.	
Cultural Competency	Providers must ensure that Members have access to medical interpreters, signers and TTY services to facilitate communication when necessary and ensure that clini- cians and agency are sensitive to the diverse needs of Humana Members.	

Medical Homes

All Providers are encouraged to consider an affiliation with a Medical Home. Some Providers may serve as a Medical Home, which is designed to provide fully integrated care for Members. For further information on the Medical Home model, please contact us at 1-855-481-7044.

Members with Disabilities

Provider locations shall be accessible for Humana Members with disabilities. As necessary to serve Members, Provider locations where Members receive services shall be compliant with the Adults with Disabilities Act (ADA). Providers may be required to attest that their facilities are ADA compliant.

Providers are required to meet these standards, and to notify Beacon if they are temporarily or permanently unable to meet the standards. If a Provider fails to provide services within these access standards – notice is sent out within one business day informing the member and Provider that the waiting time access standard was not met.

1.8 Provider Credentialing & Recredentialing

Beacon conducts a rigorous credentialing process for Network Providers based on Centers for Medicare & Medicaid Services (CMS) and National Committee for Quality Assurance (NCQA) guidelines. All Providers must be approved for credentialing by Beacon in order to participate in Beacon's behavioral health services network, and must comply with recredentialing standards by submitting requested information. Private solo and group practice clinicians are individually credentialed, while facilities are credentialed as organizations.

To request credentialing information and an application(s), please email provider.relations@beaconhs.com.

Provider Training

Please see subsection 8 of Section III of this Appendix, below.

1.9 Prohibition on Billing Members

Health Plan Members may not be billed for any covered service or any balance after reimbursement by Beacon except for any applicable copayment. Further, Providers may not charge Demonstration or ICP Members for any services that are not deemed Medically Necessary upon clinical review or which are administratively denied. It is the Provider's responsibility to check benefits prior to beginning treatment for any Demonstration or ICP Member and to follow the procedures set forth in this Manual.

Out-of-Network Providers

Out-of-network behavioral health benefits are limited to those covered services that are not available in the existing Humana/Beacon network, emergency services and transition services for Members who are currently in treatment with an out-of-network Provider who is either not a part of the network or who is in the process of joining the network, or otherwise required by Humana's contract with the State. Out-of-network Providers must complete a single case agreement (SCA) with Beacon. Out-of-network Providers may provide one evaluation visit for Humana Members without an authorization upon completion and return of the signed SCA. After the expiration of existing authorizations, services provided must be authorized by Beacon. Authorization requests for outpatient services can be obtained by calling 1-855-481-7044. If this process is not followed, Beacon may administratively deny the services and the out-of-network Provider must hold the Member harmless.

Out-of-network Providers who wish to join Beacon's network should contact our network department by calling 1-855-481-7044.

Provider Database

Beacon and Humana maintain a database of Provider information as reported to us by Providers. This database can be found on Beacon's website at www.beaconhs.com. A hard copy can be requested through 1-855-481-7044. The accuracy of this database is critical to operations, for

such essential functions as:

- Member referrals
- Regulatory reporting requirements
- Network monitoring to ensure Member access to a full continuum of services across the entire geographic service area; and
- Network monitoring to ensure compliance with quality and performance standards including appointment access standards.

Provider-reported hours of operation and availability to accept new Members are included in Beacon's Provider database, along with specialties, licensure, language capabilities, addresses and contact information. This information is visible to Members on our website and is the primary information source for us to use when assisting Members with referrals. In addition to contractual and regulatory requirements pertaining to appointment access, up-to-date practice information is equally critical to ensuring appropriate referrals to available appointments. The table below lists required notifications. Most of these can be updated via Beacon's eServices portal or by email.

TABLE 1-4: REQUIRED NOTIFICATIONS

Typo	of	Inform	ation
ivne	OT	Intorm	ation

General Practice Information

Change in address or telephone number of any service;

Addition or departure of any professional staff;

Change in linguistic capability, specialty or program;

Discontinuation of any covered service listed in the Behavioral Health Services Agreement;

Change in licensure or accreditation of Provider or any of its professional staff.

Change in licensure or accreditation of Provider or any of its professional staff.

Change in hours of operation;

Is no longer accepting new Members;

Is available during limited hours or only in certain settings;

Has any other restrictions on treating Members; or

Is temporarily or permanently unable to meet Beacon standards for appointment access.

Change in designated account administrator for the Provider's eServices accounts;

Merger, change in ownership, or change of tax identification number;

Adding a site, service or program not previously included in the Behavioral Health Services Agreement, remember to specify:

a) Location; and

b) Capabilities of the new site, service, or program.

Adding Sites, Services and Programs

Your contract with Beacon is specific to the sites, rates and services for which you originally specified in your PSA.

To add a site, service or program not previously included in your PSA, you should notify Beacon of the location and capabilities of the new site, service or program. Beacon will coordinate with Humana to determine whether the site, service or program meets an identified geographic, cultural/linguistic and/or specialty need in our network.

2. Members, Benefits and member-related policies

2.1 Covered Services

Humana covers behavioral health and substance use services via Beacon which are provided to Members located in the Greater Chicago service area, including the counties of Cook, Du Page, Kane, Kankakee, Lake, and Will. Under the Health Plan, the following levels of care are covered, provided that such services are Medically Necessary, delivered by contracted Network Providers (or as part of an Member's transition plan if Provider is not in network), and that the authorization procedures outlined in this Manual are followed. Please refer to your contract with Beacon for specific information about procedure and revenue codes and rates for each service.

- Outpatient Behavioral Health and Substance Use Services
- Community Based (Rule 132) Mental Health Services
- Partial Hospitalization
- Intensive Outpatient Services
- Division on Alcohol and Substance Use Services
- Inpatient Hospitalization
- · Crisis Stabilization and Observation
- ER Services

Access to behavioral health treatment is an essential component of a comprehensive health care delivery system. Plan Members may access behavioral health services by self-referring to a network Provider, by calling Beacon, or by referral through acute or emergency room encounters. Members may also access behavioral health services by referral from their primary care practitioner (PCP). Some behavioral health and substance use services for Demonstration and/or ICP Members may require referral from the Member's PCP. Please contact Beacon for more information about referral requirements. Network Providers are expected to coordinate care with a Member's PCP and other treating Providers whenever possible.

Additional Benefit Information

- Benefits do not include payment for behavioral healthcare services that are not Medically Necessary.
- Neither Beacon nor the Health Plan is responsible for the costs of investigational drugs or devices or the costs of non-healthcare services such as the costs of managing research or the costs of collecting data that is useful for the research project, but not Medically Necessary for the Member's care.
- Authorization may be required for all services except emergency services. Detailed information about authorization procedures is covered in Chapter 4 of this Manual.

2.2 Member Rights and Responsibilities

MEMBER RIGHTS

Humana and Beacon are firmly committed to ensuring that Members are active and informed participants in the planning and treatment phases of their behavioral care. We believe that Members become empowered through ongoing collaboration with their healthcare Providers, and that collaboration among Providers is also crucial to achieving positive healthcare outcomes.

Members must be fully informed of their rights to access treatment and to participate in all aspects of treatment planning. Members may request assistance from Beacon or Humana in filing an Appeal or a State hearing once their Appeal rights have been exhausted. Member rights and responsibilities, generally, are outlined above in Section I of this Appendix.

Right to Submit a Complaint or Concern to Beacon

Members and their legal guardians have the right to file a Complaint or Grievance with Beacon or the Plan regarding any of the following. Member Grievances will be handled directly by Humana.

- The quality of care delivered to the Member by a Beacon network Provider.
- The Beacon utilization review process.
- The Beacon network of services.
- The procedure for filing a Complaint or Grievance as described in Chapter 3.

Right to Contact Beacon Ombudsperson

Members have the right to contact Beacon's Office of Ombudsperson to obtain a copy of Beacon's Member Rights and Responsibilities statement. The Beacon Ombudsperson may be contacted at 855-481-7044 or by TTY at 855-539-5884.

Right to Make Recommendations About Member Rights and Responsibilities

Members have the right to make recommendations directly to Beacon regarding Beacon's Member's Rights and Responsibilities statement. Members should direct all recommendations and comments to Beacon's Ombudsperson. All recommendations will be presented to the appropriate Beacon review committee. The committee will recommend changes to the policies as needed and as appropriate.

Posting Member Rights and Responsibilities

All Network Providers must display in a highly visible and prominent place, a statement of Member's rights and responsibilities. This statement must be posted and made available in languages consistent with the demographics of the population(s) served. This statement can either be Beacon's statement or a comparable statement consistent with the Provider's state license requirements.

Informing Members of Their Rights and Responsibilities

Providers are responsible for informing Members of their rights and respecting these rights. In addition to a posted statement of Member rights, Providers are also required to:

- Distribute and review a written copy of Member Rights and Responsibilities at the initiation of every new treatment episode and include in the Member's medical record signed documentation of this review.
- Inform Members that Beacon does not restrict the ability of Network Providers to communicate openly with Plan Members regarding all treatment options available to them including medication treatment regardless of benefit coverage limitations.

- Inform Members that Beacon does not offer any financial incentives to its Network Provider community for limiting, denying, or not delivering Medically Necessary treatment to Plan Members.
- Inform Members that clinicians working at Beacon do not receive any financial incentives to limit or deny any Medically Necessary care.

Non-discrimination Policy and Regulations

Providers agree to treat Plan Members without discrimination. Providers may not refuse to accept and treat a Health Plan Member on the basis of his/her income, physical or mental condition, age, gender, sexual orientation, religion, creed, color, physical or mental disability, national origin, English proficiency, ancestry, marital status, veteran's status, occupation, claims experience, duration of coverage, race/ethnicity, pre-existing conditions, health status or ultimate payer for services. In the event that Provider does not have the capability or capacity to provide appropriate services to a Member, Provider should direct the Member to call Beacon for assistance in locating needed services.

Network Providers may not close their practice to Health Plan Members unless it is closed to all patients. The exception to this rule is that a Provider may decline to treat a Member for whom it does not have the capability or capacity to provide appropriate services. In that case, the Provider should either contact Beacon or have the Member call Beacon for assistance in locating appropriate services.

State and federal laws prohibit discrimination against any individual who is a Member of federal, State, or local public assistance, including medical assistance or unemployment compensation, solely because the individual is such a Member.

It is our joint goal to ensure that all Members receive Medically Necessary behavioral health care that is accessible, respectful, and maintains the dignity of the Member.

Confidentiality of Member Information

All Providers are expected to comply with federal, State and local laws regarding access to Member information. With the enactment of the federal Health Insurance Portability and Accountability Act of 1996 (HIPAA), Members give consent for the release of information regarding treatment, payment and healthcare operations at the signup for health insurance. Treatment, payment and healthcare operations involve a number of different activities, including, but not limited to:

- Submission and payment of claims;
- Seeking authorization for extended treatment;
- QI initiatives, including information regarding the diagnosis, treatment and condition of Members in order to ensure compliance with contractual obligations;
- Member information reviews in the context of management audits, financial audits or program evaluations; and
- Chart reviews to monitor the provision of clinical services and ensure that authorization criteria are applied appropriately.

Member Consent

At every intake and admission to treatment, Providers should explain the purpose and benefits of communication to the Member's PCP and other relevant Providers. The behavioral health clinician should then ask the Member to sign a statement authorizing the clinician to share clinical status information with the PCP and for the PCP to respond with additional Member status information.

A sample form is available at www.beaconhs.com (See Provider Tools Web page) or Providers may use their own form; the form must allow the Member to limit the scope of information communicated.

Members can elect to authorize or refuse to authorize release of any information, except as specified in the previous section, for treatment, payment and operations. Whether consenting or declining, the Member's signature is required and should be included in the medical record. If a Member refuses to release information, the Providers should clearly document the Member's reason for refusal in the narrative section on the form. In addition, the Provider should advise the Member that if they refuse authorization to release information for payment purposes, they will be held personally responsible for payment outside their Health Plan.

Confidentiality of Members' HIV-related Information

At every intake and admission to treatment, Providers should explain the purpose and benefits of Beacon works in collaboration with the Plan to provide comprehensive health services to Members with health conditions that are serious, complex, and involve both medical and behavioral health factors. Beacon coordinates care with Health Plan medical and disease management programs and accepts referrals for behavioral healthcare management from Health Plan. Information regarding HIV infection, treatment protocols and standards, qualifications of HIV/AIDS treatment specialists, and HIV/AIDS services and resources, medications, counseling and testing is available directly from Health Plan. Beacon will assist behavioral health Providers or Members interested in obtaining any of this information by referring them to the Health Plan's care management department. Beacon limits access to all health related information, including HIV-related information and medical records, to staff trained in confidentiality and the proper management of patient information. Beacon's care management protocols require Beacon to provide any Health Plan Member with assessment and referral to an appropriate treatment source. It is Beacon's policy to follow Federal and State information laws and guidelines concerning the confidentiality of HIV-related information.

Humana Health Plan Member Eligibility

Possession of a Health Plan Member identification card does not guarantee that the Member is eligible for benefits. Providers are strongly encouraged to check Member eligibility frequently.

The following resources are available to assist in eligibility verification:

TABLE 2-1: MEMBER ELIGIBILITY VERIFICATION TOOLS		
Online	Via Telephone	
Beacon's eServices	1-888-210-2018 Beacon's integrated voice recognition (IVR)	

Providers may also use the Humana secure Provider Portal online to check Member eligibility, or call Provider Services.

Provider Services:

Provider Portal

Click on "Member Eligibility" on the left, which is the first tab.

- Sign in to https://www.beaconhs.com and select Providers from the menu options.
- Using our secure Provider Portal, you can check Humana Member eligibility up to 24 months
 after the date of service. You can search by date of service plus any one of the following:
 Member name and date of birth, case number, Medicaid (MMIS) number, or Humana Member
 ID number. You can submit multiple Member ID numbers in a single request.
- Call our automated Member eligibility verification system at 1-855-481-7044 from any touchtone phone and follow the appropriate menu options to reach our automated Member-eligibility verification system. The automated system, available 24 hours a day, will prompt you to enter the Member ID number and the month of service to check eligibility.

In order to maintain compliance with HIPAA and all other federal and State confidentiality/ privacy requirements, Providers must have their practice or organizational TIN, NPI, as well as Member's full name, Plan ID and date of birth, when verifying eligibility through eServices and through Beacon's IVR.

The Beacon Clinical Department may also assist the Provider in verifying the Member's enrollment in the Humana Health Plan when authorizing services. Due to the implementation of the Privacy Act, Beacon requires the Provider to have ready specific identifying information (Provider ID number, Members full name and date of birth) to avoid inadvertent disclosure of Member sensitive health information.

Please Note: Member eligibility information on eServices and through IVR is updated every night. Eligibility information obtained by phone is accurate as of the day and time it is provided by Beacon. Beacon cannot anticipate, and is not responsible for, retroactive changes or disenrollments reported at a later date. Providers should check eligibility frequently.

3. Quality management and improvement

3.1 QM & I Program Overview

TABLE 3-1: PROGRAM OVERVIEW			
Program Description	Program Principles	Program Goals and Objectives	
Beacon administers, on behalf of the Health Plan, a Quality Management and Improvement (QM & I) program whose goal is to continually monitor and improve the quality and effectiveness of behavioral health services delivered to Members. Beacon's QM & I Program integrates the principles of continuous quality improvement (CQI) throughout our organization and the Provider network.	Continually evaluate the effectiveness of services delivered to Health Plan Members; • Identify areas for targeted improvements; • Develop QI action plans to address improvement needs; and • Continually monitor the effectiveness of changes implemented, over time.	 Improve the healthcare status of Members; Enhance continuity and coordination among behavioral healthcare Providers and between behavioral healthcare and physical healthcare Providers; Establish effective and cost efficient disease management programs, including preventive and screening programs, to decrease incidence and prevalence of behavioral health disorders; Ensure Members receive timely and satisfactory service from Beacon and network Providers; Maintain positive and collaborative working relationships with network practitioners and ensure Provider satisfaction with Beacon services; and Responsibly contain healthcare costs. 	

Provider Role

Humana and Beacon employ a collaborative model of continuous QM & I, in which Provider and Member participation is actively sought and encouraged. Humana and Beacon require each Provider to have its own internal QM & I Program to continually assess quality of care, access to care and compliance with Medical Necessity criteria.

All Providers are expected to provide Members with disease specific information and preventive care information that can assist the Member in understanding his/her illness and help support their recovery. Member education should be person-centered, recovery-focused and promote compliance with treatment directives and encourage self-directed care.

To participate in Beacon's Provider Advisory Council, email provider.relations@beaconhs.com. Members, who wish to participate in the Member Advisory Council, should contact the Member Services Department.

Quality Monitoring

Beacon monitors Provider activity and utilizes the data generated to assess Provider performance related to quality initiatives and specific core performance indicators. Findings related to Provider

compliance with performance standards and measures are also used in credentialing and recredentialing activities, benchmarking, and to identify individual Provider and network-wide improvement initiatives. Humana and Beacon's quality monitoring activities include, but are not limited to:

- Site visits;
- Treatment record reviews;
- Satisfaction surveys;
- Internal monitoring of: timeliness and accuracy of claims payment; Provider compliance with performance standards including but not limited to;
 - o Timeliness of ambulatory follow-up after behavioral health hospitalization;
 - o Discharge Planning Activities;
 - o Communication with Member PCPs, other behavioral health Providers, government and community agencies;
 - o Tracking of adverse incidents, Complaints, Grievances and appeals; and
 - o Other quality improvement activities.

On a quarterly basis, Beacon's QM & I Department aggregates and trends all data collected and presents the results to the QI Committee for review. The QI Committee may recommend initiatives at individual Provider sites and throughout the Beacon's behavioral health network as indicated.

A record of each Provider's adverse incidents and any Complaints, Grievances or appeals pertaining to the Provider, is maintained in the Provider's credentialing file, and may be used by Beacon and Humana in profiling, recredentialing and network (re)procurement activities and decisions.

3.2 Treatment Records

Treatment Record Reviews

Beacon reviews Member charts and utilizes data generated to monitor and measure Provider performance in relation to Beacon's Treatment Record Standards and specific quality initiatives established each year: The following elements are evaluated in addition to any Illinois State specific regulatory requirements around chart review for special services such as Rule 132 services.

- Use of screening tools for diagnostic assessment of substance use, adolescent depression and ADHD;
- Continuity and coordination with primary care Providers and other treaters;
- Explanation of Member rights and responsibilities;
- Inclusion of all applicable required medical record elements as required by the State as identified in administrative regulations and service manuals, and NCQA; and
- Allergies and adverse reactions; medications; physical exam; and evidence of advance directives.

Humana and Beacon may conduct chart reviews on-site at a Provider facility, or may ask a Provider to copy and send specified sections of a Member's medical record to Beacon. Any questions that a Provider may have regarding Beacon's access to the Plan Member information should be directed to Beacon's privacy officer, Elaine Stone at Elaine.stone@beaconhs.com.

HIPAA regulations permit Providers to disclose information without patient authorization for the following reasons: "oversight of the healthcare system, including quality assurance activities." Beacon chart reviews fall within this area of allowable disclosure.

Treatment Record Standards

To ensure that the appropriate clinical information is maintained within the Member's treatment record, Providers must follow the documentation requirements below. All documentation must be clear and legible. Providers should also adhere to State guidelines around treatment records, such as Rule 132 documentation guidelines, where indicated.

TABLE 3-2: TREATMEN	NT DOCUMENTATION STANDARDS
Member Identification Information	The treatment record contains the following Member information: • Member name and Health Plan ID number on every page; • Member's address; • Employer or school; • Home, work, and cellular (if applicable) telephone number; • Marital/legal status; • Appropriate consent forms; and • Guardianship information, if applicable.
The facility clinician making Informed Member Consent for Treatment	 The treatment record contains signed consents for the following: Implementation of the proposed treatment plan; Any prescribed medications; Consent forms related to interagency communications; Individual consent forms for release of information to the Member's PCP and other behavioral health Providers, if applicable; each release of information to a new party (other than Beacon or the Health Plan) requires its own signed consent form; Consent to release information to the payer or MCO (In doing so, the Provider is communicating to the Member that treatment progress and attendance will be shared with the payer.); For adolescents, ages 12–17, the treatment record contains consent to discuss behavioral health issues with their parents; and Signed document indicating review of patient's rights and responsibilities.

Medication Information	Treatment records contain medication logs clearly documenting the following: All medications prescribed; Dosage of each medication; Dates of initial prescriptions; Information regarding allergies and adverse reactions are clearly noted; and Lack of known allergies and sensitivities to substances are clearly noted.
Medical and Psychiatric History	Treatment record contains the Member's medical and psychiatric history including: • Previous dates of treatment; • Names of Providers; • Therapeutic interventions; • Effectiveness of previous interventions; • Sources of clinical information; • Relevant family information; • Results of relevant laboratory tests; and • Previous consultation and evaluation reports. • Documentation of Advance Directives
Substance Use Information	Documentation for any Member 12 years and older of past and present use of the following: • Cigarettes; • Alcohol; and Illicit, prescribed, and over-the counter drugs.
Adolescent Depression Information	Documentation for any Member 13-18 years screened for depression If yes, was a suicide assessment conducted; and Was the family involved with treatment?
ADHD Information	Documentation of the Members aged 6-12 assessed for ADHD • Was family involved with treatment; and • Is there evidence of the Member receiving psychopharmacological treatment?

Diagnostic Information

- Risk management issues (e.g., imminent risk of harm, suicidal ideation/intent, elopement potential) are prominently documented and updated according to Provider procedures;
- All relevant medical conditions are clearly documented, and updated as appropriate;
- Member's presenting problems and the psychological and social conditions that affect their medical and psychiatric status;

A complete mental status evaluation is included in the treatment record, which documents the Member's:

- a. Affect;
- b. Speech;
- c. Mood;
- d. Thought control, including memory;
- e. Judgment;
- f. Insight;
- g. Attention/concentration;
- h. Impulse control;
- Initial diagnostic evaluation and DSMIV diagnosis that is consistent with the stated presenting problems, history, mental status evaluation, and/or other relevant assessment information; and
- j. Diagnoses updated at least quarterly.

Treatment Planning

The treatment record contains clear documentation of the following:

- Initial and updated treatment plans consistent with the Member's diagnoses, goals and progress;
- Objective and measurable goals with clearly defined time frames for achieving goals or resolving the identified problems;
- Treatment interventions utilized and their consistency with stated treatment goals and objectives;
- Member, family and/or guardian's involvement in treatment planning, treatment plan meetings and discharge planning; and
- Copy of Outpatient Review Form(s) submitted, if applicable.

Treatment Documentation

The treatment record contains clear documentation of the following:

- Ongoing progress notes that document the Member's progress towards goals, as well as their strengths and limitations in achieving said goals and objectives;
- Referrals to diversionary levels of care and services if the Member requires increased interventions resulting from homicidality, suicidality or the inability to function on a day-to-day basis;
- Referrals and/or Member participation in preventive and selfhelp services (e.g., stress management, relapse prevention, Alcoholics Anonymous, etc.) is included in the treatment record; and
- Member's response to medications and somatic therapies.

Coordination and Continuity of Care	 The treatment record contains clear documentation of the following: Documentation of communication and coordination between behavioral health Providers, primary care physicians, ancillary Providers, and healthcare facilities; and Dates of follow-up appointments, discharge plans and referrals to new Providers.
Additional Information for Outpatient Treatment Records	These elements are required for the outpatient medical record: • Telephone intake/request for treatment; • Face sheet; • Termination and/or transfer summary, if applicable; and • The following clinician information on every entry (e.g., progress notes, treatment notes, treatment plan, and updates) should include the following treating clinician information: a. Clinician's name; b. Professional degree; c. Licensure; d. NPI or Beacon Identification number, if applicable; and e. Clinician signatures with dates.
Additional Information for Inpatient and Diversionary Levels of Care	These elements are required for inpatient medical records: Referral information (ESP evaluation); Admission history and physical condition; Admission evaluations; Medication records; Consultations; Laboratory and X-ray reports; and Discharge summary and Discharge Review Form.
Information for Children and Adolescents	A complete developmental history must include the following information: Physical, including immunizations; Psychological; Social; Intellectual; Academic; and Prenatal and perinatal events are noted.

In addition to the requirements above, for each MMAI Demonstration Member, Providers are also required to capture the following information in the Member's medical record:

- Date of birth;
- A summary of significant surgical procedures;
- Description of chief Complaint or purpose of visit, the objective diagnosis, medical findings, and the impression of the Provider;
- Identification of any studies ordered;
- Identification of any therapies administered and prescribed;
- Disposition, recommendations, instructions to the Member, evidence of whether there was follow-up and outcome of services;

- Immunization history;
- Summaries of all emergency services and care and hospital discharges with appropriate follow-up;
- Documentation of referral services and Member's medical records;
- All services provided by Provider (family planning services, preventive services, etc.);
- Primary language spoken by the Member and any translation needs of Member; and
- Identify Members needing communication assistance in the delivery of healthcare services.

Advance Directives

Beacon practices an integrated approach to advance directives between behavioral health and medical care Providers. As per federal law (Patient Self-Determination Act, 42 U.S.C.A. § 1396a[w] [West 1996]), Providers participating in the Medicare and Medicaid programs are required to furnish patients with information on advance directives. The information is to be given to patients upon admission to a facility or when provision of care begins. Documentation that the Member was provided with this information must be noted in the Member's treatment record. The documentation must also specify whether or not the Member has executed an Advanced Directive. The Member's Advance Directive decision should be periodically reviewed between the Provider, Member, and/or the Member's legal guardian (if applicable). This should be closely coordinated with the care manager around significant changes in the Member's condition, diagnosis, and/or level of care.

Illinois law allows for the following three types of advance directives: (1) healthcare power of attorney; (2) living will; and (3) mental health treatment preference declaration. Providers should ensure that Members are informed of these rights.

Forms and documentation regarding advanced directives can be downloaded from http://www.idph.state.il.us/public/books/advin.htm.

Performance Standards and Measures

To ensure a consistent level-of-care within the Provider network, and a consistent framework for evaluating the effectiveness of care, Beacon has developed specific Provider performance standards and measures. Behavioral health Providers are expected to adhere to the performance standards for each level-of-care they provide to Members, which include, but are not limited to:

- Communication with PCPs and other Providers treating shared Members; and
- Availability of routine, urgent and emergent appointments (See Chapter 4).

Practice Guidelines

Beacon and Humana promote delivery of behavioral health treatment based on scientifically proven methods. We have researched and adopted evidenced based guidelines for treating the most prevalent behavioral health diagnoses, including guidelines for ADHD, substance use disorders, and child/adolescent depression and posted links to these on our website. We strongly encourage Providers to use these guidelines and to consider these guidelines whenever they may promote positive outcomes for clients. Beacon monitors Provider utilization of guidelines through the use of claim, pharmacy and utilization data.

Beacon welcomes Provider comments about the relevance and utility of the guidelines adopted by Beacon, any improved client outcomes noted as a result of applying the guidelines, and about Providers' experience with any other guidelines. To provide feedback, or to request paper copies of the practice guidelines adopted by Beacon, contact us.

Outcome Measurement

Beacon strongly encourages and supports Providers in the use of outcome measurement tools for all Members. Outcome data is used to identify potentially high-risk Members who may need intensive behavioral health, medical, and/or social care management interventions. Humana requires that Providers document attempts to communicate with Member primary care Providers, with Member consent. Providers are expected to submit quarterly (monthly if applicable) reports to the Member's PCP on Member treatment and progress.

Beacon receives aggregate data by Provider including demographic information and clinical and functional status without Member-specific clinical information.

TABLE 3-3: COMMUNICATION BETWEEN BEHAVIORAL HEALTH PROVIDERS AND OTHER TREATERS

Communication Between Outpatient Behavioral Health Providers and PCPs, Other Treaters

Outpatient behavioral health Providers are expected to communicate with the Member's PCP and other OP behavioral health Providers if applicable, as follows:

- Notice of commencement of outpatient treatment within four visits or two weeks, whichever occurs first;
- Updates at least quarterly during the course of treatment;
- Notice of initiation and any subsequent modification of psychotropic medications; and
- Notice of treatment termination within two weeks. Behavioral health Providers may use Beacon's Authorization for Behavioral Health Provider and PCP to Share Information and the Behavioral Health-PCP Communication Form available for initial communication and subsequent updates, on Beacon's Provider portal at www.beaconhs.com/provider, or their own form that includes the following information:
- Presenting problem/reason for admission;
- Date of admission;
- Admitting diagnosis;
- Preliminary treatment plan;
- Currently prescribed medications;
- Proposed discharge plan; and
- Behavioral health Provider contact name and telephone number.

Communication Between Inpatient / Diversionary Providers and PCPs, Other Outpatient Treaters

With the Member's informed consent, acute care facilities should contact the PCP by phone and/or by fax, within 24 hours of a Member's admission to treatment. Inpatient and diversionary Providers must also alert the PCP 24 hours prior to a pending discharge, and must fax or mail the following Member information to the PCP within three days post-discharge:

- · Date of Discharge;
- Diagnosis;
- · Medications;
- Discharge plan; and
- Aftercare services for each type, including:
- Name of Provider;
- Date of first appointment;
- Recommended frequency of appointments;
- Treatment plan.

Inpatient and diversionary Providers should make every effort to provide the same notifications and information to the Member's outpatient therapist, if there is one.

Request for PCP response by fax or mail within three business days of the request to include the following health information:

- Status of immunizations;
- Date of last visit;
- Dates and reasons for any and all hospitalizations;
- Ongoing medical illness;
- Current medications;
- · Adverse medication reactions, including sensitivity and
- allergies;
- History of psychopharmacological trials; and
- Any other medically relevant information.

Outpatient Providers' compliance with communication standards is monitored through requests for authorization submitted by the Provider, and through chart reviews

Acute care Providers' communication requirements are addressed during continued stay and discharge reviews and documented in Beacon's Member record.

State Specific ICP and Demonstration Model of Care Requirements

Providers must follow the below procedures as per State guidelines:

- Facilitate referral of the Member to specialists or specialty care, behavioral healthcare services, health education classes and community resource agencies, when appropriate.
- Integrate medical screening along with basic primary care services provided to demonstration and ICP Members; Provide screening and evaluation procedures for detection and treatment of, or referral for, any known or suspected behavioral health problems and disorders.
- Deliver evidence-based behavioral health treatment and establish protocols for referral to behavioral health specialty Providers.
- Ensure confidentiality of Members' medical and behavioral health and personal information as required by State and federal laws.

Transitioning Members from One Behavioral Health Provider to Another

If an Member transfers from one behavioral health Provider to another, the transferring Provider must communicate the reason(s) for the transfer along with the information above (as specified for communication from behavioral health Provider to PCP), to the receiving Provider.

Routine outpatient behavioral health treatment by an out-of-network Provider is not an authorized service covered by Beacon. Members may be eligible for transitional care within 30 days after joining the Health Plan, or to ensure that services are culturally and linguistically sensitive, individualized to meet the specific needs of the Member, timely per Beacon's timeliness standards, and/or geographically accessible.

Follow-Up After Behavioral Health Hospitalization

All inpatient Providers are required to coordinate after care appointments with community based Providers prior to the Member's discharge. Beacon's UM and care management staff can assist Providers in determining if the Member is actively engaged in treatment with a behavioral health Provider and assist with referrals to ensure that Members are discharged with a scheduled appointment. Members discharged from inpatient levels-of-care are scheduled for follow-up appointments within seven days of discharge from an acute care setting. Providers are

responsible for seeing Members within that time frame and for outreaching Members who miss their appointments within 24 hours of the missed appointment to reschedule. Beacon's care managers and aftercare coordinators assist in this process by sending reminders to Members; working to remove barriers that may prevent a Member from keeping his or her discharge appointment and coordinating with treating Providers. Network Providers are expected to aid in this process as much as possible to ensure that Members have the supports they need to maintain placement in the community and to prevent unnecessary readmissions.

Reportable Incidents and Events

Beacon requires that all Providers report adverse incidents, other reportable incidents and sentinel events involving the Humana Members to Beacon as follows by calling 1-855-481-7044.

TABLE 3-4 REPORTABLE INCIDENTS				
	Adverse Incidents	Sentinel Events	Other Reportable Incidents	
Incident / Event Description:	An adverse incident is an occurrence that represents actual or potential serious harm to the wellbeing of a Health Plan Member who is currently receiving or has been recently discharged from behavioral health services.	A sentinel event is any situation occurring within or outside of a facility that either results in death of the Member or immediately jeopardizes the safety of a Health Plan Member receiving services in any level-of-care.	An "other reportable incident" is any incident that occurs within a Provider site at any level-of-care, which does not immediately place a Health Plan Member at risk but warrants serious concern.	
Incidents/ Events Include the Following:	All medico-legal or nonmedico-legal deaths; • Any Absence Without Authorization (AWA) involving a Member who does not meet the criteria above; • Any injury while in a 24-hour program that could or did result in transportation to an acute care hospital for medical treatment or hospitalization;	 All medico-legal deaths; Any medico-legal death is any death required to be reported to the Medical Examiner or in which the Medical Examiner takes jurisdiction; Any AWA involving a patient involuntarily admitted or committed and/or who is at high risk of harm to self or others; 	 Any nonmedico-legal death; Any AWA from a facility involving an Member who does not meet the criteria for a sentinel event as described above; Any physical assault or alleged physical assault by or against an Member that does not meet the criteria of a sentinel event; 	

Incidents/ Events Include the Following: Continued	 Any sexual assault or alleged sexual assault; Any physical assault or alleged physical assault by a staff person or another patient against a Member; 	 Any serious injury resulting in hospitalization for medical treatment; A serious injury is any injury that requires the individual to be transported to an acute care hospital for medical treatment and is subsequently medically admitted; 	 Any serious injury while in a 24 hour program requiring medical treatment, but not hospitalization; A serious injury, defined as any injury that requires the individual to be transported to an acute care hospital for medical treatment and is not subsequently medically admitted; and
Incidents/ Events Include the Following: Continued	 Any medication error or suicide attempt that requires medical attention beyond general first aid procedures; Any unscheduled event that results in the temporary evacuation of a program or facility (e.g., fire resulting in response by fire department); 	 Any medication error or suicide attempt that requires medical attention beyond general first aid procedures; Any sexual assault or alleged sexual assault; Any physical assault or alleged physical assault by a staff person against a Member; and Any unscheduled event that results in the evacuation of a program or facility whereby regular operations will not be in effect by the end of the business day and may result in the need for finding alternative placement options for Member. 	Any unscheduled event that results in the temporary evacuation of a program or facility such as a small fire that requires fire department response. Data regarding critical incidents is gathered in the aggregate and trended on a quarterly basis for the purpose of identifying opportunities for quality improvement.
Reporting	-	artment is available 24 h	_

Method:	 Providers should direct all such reports to their Beacon clinical manager or UR clinician by phone; In addition, Providers are required to fax a copy of the Adverse Incident Report Form (for adverse and other reportable incidents and sentinel events) to Beacon's Ombudsperson at 1-888-204-5581; and Incident and event reports should not be emailed unless the Provider is using a secure messaging system.
Prepare to Provide the Following:	Providers should be prepared to present: • All relevant information related to the nature of the incident; • The parties involved (names and telephone numbers); and • The Member's current condition.

4. Care Management

4.1 Care Coordination

Humana's Integrated Management and Chronic Illness program will provide a proactive and comprehensive system of care for enrolled Members living with chronic physical diseases, mental illness, substance use disorders and / or developmental and intellectual disabilities that promotes person-centered, integrated care across the spectrum of medical, behavioral, psycho-social and long-term services and supports. This approach is aimed at eliminating fragmented and often poorly coordinated healthcare and social services that historically plagues the effective treatment for these individuals and results in poor health status and ineffectual expenditures.

The description below is designed to provide a broad overview of Humana's care management program. Many Members may already receive community-based case management through the Community Mental Health Center network in Illinois. Humana and Beacon will engage existing case managers whenever possible to ensure continuity of care, avoid unnecessary disruption in services and multiple contacts for Members.

The Provider's participation is key and includes the following activities:

- Participation in Interdisciplinary Care Team ("ICT") care conferences via phone, through exchange of written communications and possibly in person
- Participation in inbound and outbound communications to foster care coordination
- Promote Healthcare Effectiveness Data and Information Set ("HEDIS"®) and National Committee for Quality Assurance ("NCQA") quality measures
- Provide all medical record documentation and information as requested to support Humana's fulfillment of State and federal regulatory and accreditation obligations, e.g., HEDIS

Provider's Role and Responsibility in Care Coordination, Care Transitions, Comprehensive Medication Reviews and Preventive Screenings:

• Assure that Members are informed of specific healthcare needs requiring follow-up and that Members receive training in self-care, including medication adherence, and other measures they may take to promote their own health.

- Ensure the Member receives appropriate specialty, ancillary, emergency and hospital care when needed, providing necessary referrals and communicating to Specialists, Hospitalists, SNFists, and other Providers Member information that will assist them in consultation and recommending treatments, equipment and/or services for the Member.
- Provide coordination of care for Members who are homebound or have significant mobility limitations to ensure access to care through home visits by nurse practitioners or physicians.
- Track and document appointments, clinical findings, treatment plans and care received by Members referred to specialists, other healthcare Providers or agencies to ensure continuity of care.
- · Obtain authorizations and notify Humana for any out-of-network services when an in-network Provider of the specialty in question is not available in the geographical area.
- Work with Humana's Care Coordination team to arrange for a Member to receive a second opinion from a qualified in-network healthcare professional or arrange for the Member to obtain one outside the network, if a qualified in-network Provider is not available.
- Initiate or assist with the discharge or transfer of Members from an inpatient facility to the most medically appropriate level-of-care facility or back to the Member's home or permanent place of domicile; consider the availability of in-network facilities and obtain appropriate authorizations if using out-of-network facilities.
- Support, participate in, and communicate with the ICT, in person and/or in writing, in developing and implementing an individualized plan of care in order to facilitate effective care coordination
- Provide timely access to medical records or information for quality management and other purposes, including audits, reviews of Complaints or appeals, HEDIS, and other studies, and promptly respond to recommendations for improvement by developing and enacting a corrective/improvement plan, as appropriate.
- Follow the preventive care guidelines set by the U.S. Preventive Services Task Force, and provide and document the preventive care services required by the NCQA for HEDIS Quality Assurance Reporting Requirements.

Provider Creation and Participation in Individualized Care Plans – The Individualized Care Plan is based on:

- Initial and ongoing HRA and comprehensive assessment results
- · Claims history
- Plans developed for each Member by the ICT
- Include Member-driven short-term and long-term goals, objectives and interventions
- Address specific services and benefits
- Provide measurable outcomes

Provider Participation as an Integral Member of the ICT:

The ICT is a team of caregivers from different professional disciplines who work together to deliver care services focused on care planning to optimize quality of life and to support the individual and/or family. The ICT may include:

- The Member and/or their authorized caregiver
- The Member's physicians and/or nurses

- Humana's clinical care managers and coordinators
- Social workers and community social-service Providers
- Humana's and/or the Member's behavioral health professionals
- Humana's community health educators and resource-directory specialists

The physician-inclusive ICT model supports the following.

The physician's treatment and medication plans:

- The physician's goals via the Humana Cares team of nurses, social workers, pharmacy specialists and behavioral-health specialists
- Member education and enhancement of direct patient-physician communication
- Self-care management and informed healthcare decision-making
- · Care coordination and care transitions
- · Access and connections to additional community resources and Medicaid services
- Appropriate end-of-life planning

Expected Provider Communications and Reporting:

- · Maintain frequent communication, in person or by phone, with the ICT including other Providers of care and services such as specialist physician, hospital and/or ancillary Providers to ensure continuity of care and effective care coordination.
- · Immediately report actual or suspected child abuse, elder abuse or domestic violence to the local law enforcement agency by telephone and submit a follow-up written report to the local law enforcement agency within the time frames as required by law.
- Provide all medical record documentation and information as requested to support Humana's fulfillment of State and federal regulatory and accreditation obligations, e.g., HEDIS, NCQA.

Working with Demonstration and ICP Members With a Mental Health Diagnosis:

- Facilitate referral of the Member to specialists or specialty care, behavioral health care services, health education classes and community resource agencies, when appropriate.
- Integrate medical screening along with basic primary care services provided to Demonstration and ICP Members; Provide screening and evaluation procedures for detection and treatment of, or referral for, any known or suspected behavioral health problems and disorders.
- Deliver evidence-based behavioral health treatment and establish protocols for referral to behavioral health specialty Providers.
- · Ensure confidentiality of Members' medical and behavioral health and personal information as required by State and federal laws.

Understanding Chronic Conditions Prevalent within the Demonstration and ICP Population:

- Multiple chronic conditions increase the risks for poor outcomes such as mortality and functional limitations as well as the risk of high cost services such as hospitalizations and emergency room visits. Evidence proves that preventive care and frequent/consistent care of chronic conditions lowers the advent of major conditions and decreases use of emergency room visits and readmissions.
- Humana's Clinical Practice Guidelines, available to both affiliated and non-affiliated Providers on Humana's website, adopt relevant, evidence-based medical and behavioral health quidelines (preventive and certain non-preventive acute and chronic conditions) from

recognized sources such as professional medical associations, voluntary health organizations and NIH Centers and Institutes.

 Humana provides chronic disease management services and support to promote selfmanagement for individuals with chronic conditions.

State of Illinois Transition of Care Requirements

To meet the transition of care requirements of the State of Illinois, the following procedures will be followed by Humana and Beacon Providers:

- · In those instances when the Member's care needs to be transitioned to a new Provider or Providers either during the transition period and once the transition period is over, the Care Coordinator follows the following procedure to ensure the Member receives ongoing care:
- Identify appropriate Providers in the Member's geographic area that meet cultural and linguistic needs
- · Review the list of recommended Behavioral Health Providers with the Member
- Encourage Member to select a recommended Behavioral Health Provider, if unable, the Care Coordinator will select
- Assist Member in accessing an appointment with the identified Provider
- · Obtain Member permission to share ICP and relevant assessment findings with selected Behavioral Health Provider
- Obtain Member permission for the exchange of relevant health information between new Behavioral Health Provider and PCP and other treaters

Utilization Management 4.2

Utilization management (UM) is a set of formal techniques designed to monitor the use of, or evaluate the clinical necessity, appropriateness, efficacy, or efficiency of, healthcare services, procedures or settings. Such techniques may include, but are not limited to, ambulatory review, prospective review, second opinion, certification, concurrent review, care management, discharge planning and retrospective review.

Beacon's UM program is administered by Licensed, experienced clinicians, who are specifically trained in utilization management techniques and in Beacon's standards and protocols. All Beacon employees with responsibility for making UM decisions have been made aware that:

- All UM decisions are based upon Beacon's Level of Care /Medical Necessity Criteria (LOCC);
- · Financial incentives based on an individual UM clinician's number of adverse determinations or denials of payment are prohibited; and
- Financial incentives for UM decision makers do not encourage decisions that result in underutilization.

Note that the information in this chapter, including definitions, procedures, and determination and notification time frames may vary for different lines of business based on differing regulatory requirements. Such differences are indicated where applicable.

Community-based Service Providers

All community-based service Providers (Rule 132 Providers) are expected to follow all regulations and guidelines set forth in Rule 59 ILAC 132.

4.3 Level-of-Care Criteria (LOCC)

Beacon's LOCC, are the basis for all Medical Necessity determinations; accessible through eServices, includes Beacon's specific LOCC for Illinois for each level-of-care. Providers can also Contact Us to request a printed copy of Beacon's LOCC.

Beacon's LOCC were developed from the comparison of national, scientific and evidence-based criteria sets, including but not limited to those publicly disseminated by the American Medical Association (AMA), American Psychiatric Association (APA), Substance use and Behavioral Health Services Administration (SAMHSA), and the American Society of Addiction Medicine (ASAM). They are reviewed and updated annually or more often as needed to incorporate new treatment applications and technologies that are adopted as generally accepted professional medical practice.

Beacon's LOCC are applied to determine appropriate care for all Members. In general, Members are certified only if they meet the specific Medical Necessity criteria for a particular level-of-care. However, the individual's specific needs and the characteristics of the local service delivery system may also be taken into consideration.

4.4 Utilization Management Terms and Definitions

The definitions below describe utilization review including the types of the authorization requests and UM determinations used to guide Beacon's UM reviews and decision-making. All determinations are based upon review of the information provided and available to Beacon at the time.

TABLE 4-1: UM TERMS AND DEFINITIONS

Adverse Determination:

A decision to deny, terminate; or modify (an approval of fewer days, units or another level-of-care other than was requested, which the practitioner does not agree with) an admission, continued inpatient stay, or the availability of any other behavioral healthcare service, for

- failure to meet the requirements for coverage based on Medical Necessity.
- appropriateness of healthcare setting and level-of-care effectiveness, or
- Health Plan benefits.

Adverse Action:

The following actions or inactions by Beacon or the Provider organization:

- 1. Beacon's denial, in whole or in part, of payment for a service failure to provide covered services in a timely manner in accordance with the waiting time standards;
- 2. Beacon's denial or limited authorization of a requested service, including the determination that a requested service is not a covered service:
- 3. Beacon's reduction, suspension, or termination of a previous authorization for a service;
- 4. Beacon's denial, in whole or in part, of payment for a service, where coverage of the requested service is at issue, provided that procedural denials for requested services do not constitute adverse actions, including, but not limited to, denials based on the following:
 - a. Failure to follow prior authorization procedures
 - b. Failure to follow referral rules
 - c. Failure to file a timely claim

Adverse Action: Continued	5. Beacon's failure to act within the time frames for making authorization decisions6. Beacon's failure to act within the time frames for making appeal decisions.
Non-Urgent Concurrent Review & Decision	Any review for an extension of a previously approved, ongoing course of treatment over a period of time or number of days or treatments. A non-urgent concurrent decision may authorize or modify requested treatment over a period of time or a number of days or treatments, or deny requested treatment, in a non-acute treatment setting.
Non-Urgent Pre-Service Review & Decision	Any case or service that must be approved before the Member obtains care or services. A non-urgent pre-service decision may authorize or modify requested treatment over a period of time or number of days or treatments, or deny requested treatment, in non-acute treatment setting.
Post-Service Review & Decision (Retrospective Decision)	Any review for care or services that have already been received. A post-service decision would authorize, modify or deny payment for a completed course of treatment where a pre-service decision was not rendered, based on the information that would have been available at the time of a pre-service review.
Urgent Care Request & Decision	 Any request for care or treatment for which application of the normal time period for a non-Urgent Care decision: Could seriously jeopardize the life or health of the Member or the Member's ability to regain maximum function, based on a prudent layperson's judgment; or In the opinion of a practitioner with knowledge of the Member's medical condition, would subject the Member to severe pain that could not be adequately managed without the care or treatment that is requested.
Urgent Concurrent Review Decision	Any review for a requested extension of a previously approved, ongoing course of treatment over a period of time or number of days or treatments in an acute treatment setting, when an Member's condition meets the definition of Urgent Care, above.
Urgent Pre-Service Decision	Formerly known as a precertification decision, any case or service that must be approved before a Member obtains care or services in an inpatient setting, for a Member whose condition meets the definition of Urgent Care above. An urgent pre-service decision may authorize or modify requested treatment over a period of time or number of days or treatments, or deny requested treatment in an acute treatment setting.

Authorization Procedures and Requirements

This section describes the processes for obtaining authorization for inpatient, community-based diversionary and outpatient levels-of-care, and for Beacon's Medical Necessity determinations and notifications. In all cases, the treating Provider, whether admitting facility or outpatient practitioner, is responsible for following the procedures and requirements presented, in order to ensure payment for properly submitted claims.

Administrative denials may be rendered when applicable authorization procedures, including time frames, are not followed. Members cannot be billed for services that are administratively denied due to a Provider not following the requirements listed in this Manual.

Member Eligibility Verification

The first step in seeking authorization is to determine the Member's eligibility. Since Member eligibility changes occur frequently, Providers are advised to verify a Health Plan Member's eligibility upon admission to, or initiation of treatment, as well as on each subsequent day or date of service to facilitate reimbursement for services.

Member eligibility can change, and possession of a Health Plan Member identification card does not guarantee that the Member is eligible for benefits. Providers are strongly encouraged to check Beacon's eServices or by calling IVR at 1-888-210-2018.

4.5 Emergency Services

Definition

Emergency services are those physician and outpatient hospital services, procedures, and treatments, including psychiatric stabilization and medical detoxification from drugs or alcohol, needed to evaluate or stabilize an emergency medical condition. The definition of an emergency is listed in your PSA.

Emergency care will not be denied, however subsequent days do require pre-service authorization. The facility must notify Beacon as soon as possible and no later than 24 hours after an emergency admission and/or learning that the Member is covered by the Health Plan. If a Provider fails to notify Beacon of an admission, Beacon may administratively deny any days that are not prior-authorized.

Emergency Screening and Evaluation

Plan Members must be screened for an emergency medical condition by a qualified behavioral health professional from the hospital emergency room, mobile crisis team, or by an emergency service program. This process allows Members access to emergency services as quickly as possible and at the closest facility or by the closest crisis team.

After the evaluation is completed, the facility or program clinician should call Beacon to complete a clinical review, if admission to a level-of-care that requires precertification is needed. The facility/program clinician is responsible for locating a bed, but may request Beacon's assistance. Beacon may contact an out-of-network facility in cases where there is not a timely or appropriate placement available within the network. In cases where there is no in-network or out-of-network psychiatric facility available, Beacon will authorize boarding the Member on a medical unit until an appropriate placement becomes available.

Beacon Clinician Availability

All Beacon clinicians are experienced licensed clinicians who receive ongoing training in crisis intervention, triage and referral procedures. Beacon clinicians are available 24 hours a day, seven days a week to receive crisis calls from providers for authorization of inpatient admission.

Members or, their guardians in emergency situations are directed to call Humana at 1-855-235-8530.

Disagreement Between and Attending Physician

For acute services, in the event that Beacon's Physician Advisor (PA) and the emergency service physician do not agree on the service that the Member requires, the emergency service physician's judgment shall prevail and treatment shall be considered appropriate for an emergency medical condition, if such treatment is consistent with generally accepted principles of professional medical practice and is a covered benefit under the Member's program of medical assistance or medical benefits. All Beacon clinicians are experienced Licensed clinicians who receive ongoing training in crisis intervention, triage and referral procedures.

4.6 **Authorization Requirements**

For a complete listing of covered services and authorization requirements, please refer to Attachment A.

Outpatient Treatment

Many Humana Members that you treat will have Individualized Care Plans and a care manager. It is critical that you communicate with the care manager about the services you plan to provide so that they can be included in the Member's care plan and be authorized appropriately. The care manager will assist you to optimize the benefits for each Member you treat. While traditional outpatient services do not require prior authorization, our care managers will work with the treating Providers to ensure that the Member is getting the care that s/he needs. Beacon will conduct outlier management of outpatient care in addition to care coordination.

Please refer to your contract for specific information about procedure and revenue codes that should be used for billing. Services that indicate "eRegister" will be authorized via Beacon's eServices portal. Providers will be asked a series of clinical questions to support Medical Necessity for the service requested. If sufficient information is provided to support the request, the service will be authorized. If additional information is needed, the Provider will be prompted to contact Beacon via phone to continue the request for authorization. While Beacon prefer Providers to make requests via eServices, we will work with Providers who do have technical or staffing barriers to requesting authorizations in this way.

Authorization decisions are posted on eServices within the decision time frames outlined in table 4-3. Providers receive an email message alerting them that a determination has been made. Beacon also faxes authorization letters to Providers upon request; however we strongly encourage Providers to use eServices instead of receiving paper notices. Providers can opt out of receiving paper notices on Beacon's eServices portal. All notices clearly specify the number of units (sessions) approved, the time frame within which the authorization can be used, and explanation of any modifications or denials. All denials can be appealed according to the policies outlined in this Manual.

All forms can be found at beaconhealthstrategies.com under Provider.

Inpatient Services

All inpatient services (including inpatient ECT) require telephonic prior authorization within 24 hours of admission. Providers should call Beacon at 1-855-481-7044 for all inpatient admissions, including detoxification that is provided on a psychiatric floor or in freestanding psychiatric facilities. All other requests for authorization for detoxification should be directed to Beacon at 1-855-481-7044. Continued stay reviews require updated clinical information that demonstrates active treatment. Additional information about what is required during preservice and concurrent stay reviews is listed below.

TABLE 4-2: UM REVIEW REQUIREMENTS – INPATIENT AND DIVERSIONARY

The facility clinician making the request needs the following information for a pre-service review:

- Member's Health Plan Identification number:
- Member's name, gender, date of birth, and city or town of residence;
- Admitting facility name and date of admission;
- DSMIV diagnosis: All five axes are appropriate; Axis I and Axis V are required. (A provisional diagnosis is acceptable);
- Description of precipitating event and current symptoms requiring inpatient psychiatric care;
- Medication history;
- Substance use history;
- Prior hospitalizations and psychiatric treatment;
- Member's and family's general medical and social history; and
- Recommended treatment plan relating to admitting symptoms and the Member's anticipated response to treatment.

To conduct a continued stay review, call a Beacon UR clinician with the following required information:

- Member's current diagnosis and treatment plan, including physician's orders, special procedures, and medications;
- Description of the Member's response to treatment since the last concurrent review;
- Member's current mental status, discharge plan, and discharge criteria, including actions taken to implement the discharge plan;
- Report of any medical care beyond routine is required for coordination of benefits with Health Plan (Routine medical care is included in the per diem rate).

Post-service reviews may be conducted for inpatient, diversionary or outpatient services rendered when necessary. To initiate a post-service review, call Beacon. If the treatment rendered meets criteria for a post-service review, the UR clinician will request clinical information from the Provider including documentation of presenting symptoms and treatment plan via the Member's medical record. Beacon requires only those section(s) of the medical record needed to evaluate Medical Necessity and appropriateness of the admission, extension of stay, and the frequency or duration of service. A Beacon physician or psychologist advisor completes a clinical review of all available information, in order to render a decision.

Authorization determinations are based on the clinical information available at the time the care was provided to the Member.

Members must be notified of all pre-service and concurrent denial decisions. The service is continued without liability to the Member until the Member has been notified of the adverse determination. The denial notification letter sent to the Member or Member's guardian, practitioner, and/or Provider includes the specific reason for the denial decision, the Member's presenting condition, diagnosis, and treatment interventions, the reason(s) why such information does not meet the Medical Necessity criteria, reference to the applicable benefit provision, guideline, protocol or criterion on which the denial decision was based, and specific alternative treatment option(s) offered by Beacon, if any. Based on State and/or federal statutes, an explanation of the Member's appeal rights and the appeals process is enclosed with all denial letters. Notice of inpatient authorization is mailed to the admitting facility. Providers can request additional copies of adverse determination letters by contacting Beacon.

Return of Inadequate or Incomplete Treatment Requests

All requests for authorization must be original and specific to the dates of service requested, and tailored to the Member's individual needs. Beacon reserve the right to reject or return authorization requests that are incomplete, lacking in specificity, or incorrectly filled out. Beacon will provide an explanation of action(s) which must be taken by the Provider to resubmit the request.

Notice of Inpatient/Diversionary Approval or Denial

Verbal notification of approval is provided at the time of pre-service or continuing stay review. Notice of admission or continued stay approval is mailed to the Member or Member's guardian and the requesting facility within the time frames specified later in this chapter.

If the clinical information available does not support the requested level-of-care, the UR clinician discusses alternative levels of care that match the Member's presenting clinical symptomatology, with the requestor. If an alternative setting is agreed to by the requestor, the revised request is approved. If agreement cannot be reached between the Beacon UR clinician and the requestor, the UR clinician consults with a Beacon psychiatrist or psychologist advisor (for outpatient services only). All denial decisions are made by a Beacon physician or psychologist (for outpatient services only) advisor. The UR clinician and/or Beacon physician advisor offers the treating Provider the opportunity to seek reconsideration if the request for authorization is denied.

All Member notifications include instructions on how to access interpreter services, how to proceed if the notice requires translation or a copy in an alternate format, and toll-free telephone numbers for TDD/TTY capability, in established prevalent languages, (Babel Card).

Termination of Outpatient Care

Beacon requires that all outpatient Providers set specific termination goals and discharge criteria for Members. Providers are encouraged to use the LOCC (accessible through eServices) to determine if the service meets Medical Necessity for continuing outpatient care.

Decision and Notification Timeframes

Beacon is required by the State, federal government and to render utilization review decisions in a timely manner to accommodate the clinical urgency of a situation. Beacon has adopted the strictest time frame for all UM decisions in order to comply with the various requirements.

The time frames below present Beacon's internal time frames for rendering a UM determination, and notifying Members of such determination. All time frames begin at the time of Beacon's receipt of the request. Please note the maximum time frames may vary from those on the table below on a case-by-case basis in accordance with State, federal government or requirements that have been established for each line of business.

TABLE 4-3: DECI	SION AND NO	TIFICATION T	IME FRAMES		
	Type of Decision	Decision Time frame	Verbal Notification	Written Notification	
Pre-Service Review	1	1	1	ı	
Initial Auth for Inpa- tient Behavioral Health Emergencies	Expedited	Within 30 minutes	Within 30 minutes	Within 24 hours	
Initial Auth for Non- Emergent Inpatient Behavioral Health Services	Expedited	Within 2 hours	Within 2 hours	Within 24 hours	
Initial Auth for Other Urgent Behavioral Health Services	Urgent	Within 72 hours	Within 72 hours	Within 72 hours	
Initial Auth for Non- Urgent Behavioral Health Services	Standard	Within 10 Calendar Days	Within 10 Calendar Days	Within 10 Calendar Days	
Concurrent Review	I				
Continued Auth for Inpatient and Other Urgent Behavioral Health Services	Urgent/ Expedited	Within 24 hours	Within 24 hours	Within 3 Calendar Days	
Continued Auth for Non Urgent Behav- ioral Health Services	NonUrgent/ Standard	Within 10 Calendar Days	Within 10 Calendar Days	Within 10 Calendar Days	
Post Service					
Authorization for Behavioral Health Services Already Ren- dered	Non-Urgent/ Standard	Within 10 Calendar Days	Within 10 Calendar Days	Within 10 Calendar Days	

When the specified time frames for standard and expedited prior authorization requests expire before Beacon makes a decision, an adverse action notice will go out to the Member on the date the time frame expires.

Request for Reconsideration of Adverse Determination

If a Health Plan Member or Member's Provider disagrees with a utilization review decision issued by Beacon, the Member, his/her authorized representative, or the Provider may request reconsideration. Please call Beacon promptly upon receiving notice of the denial for which reconsideration is requested.

When reconsideration is requested, a PA will review the case based on the information available and will make a determination within one business day. If the Member, Member representative or Provider is not satisfied with the outcome of reconsideration, he or she may file an appeal.

Provider Appeals 5.

Provider Appeals and Grievance Procedures

You have the right to file with Humana:

 A Medical Necessity Appeal Please refer to Humana's Appeals and Grievance Procedures for further information.

You have the right to file with Beacon:

- Contractual Appeals
- Administrative Appeals (i.e., claims appeals)
- Provider Grievances

How to Submit a Provider Appeal

Claims Appeals:

Providers can submit claims through our secure Provider Portal, or in writing:

Provider Portal: www.beaconhs.com/Providers

Click on "tools" and enter the Health Plan name, and then click "Claims"

Writing: Use the "Provider Claim Appeal Request Form" located in this Manual or on our website. Please include:

- The Member's name and Humana Member ID number
- The Provider's name and ID number
- The code(s) and reason why the determination should be reconsidered
- If you are submitting a Timely Filing appeal, you must send proof of original receipt of the appeal by fax or Electronic Data Information (EDI) for reconsideration
- If the appeal is regarding a clinical edit denial, the appeal must have all the supporting documentation as to the justification of reversing the determination

Mail: Beacon Health Strategies Humana Claims Department 500 Unicorn Park Drive, Suite 401 Woburn, MA 01801-3393

Member Grievance, Appeals and Fair Hearing Requests

Members have the right to file a Grievance or appeal. They also have the right to request a State Hearing once they have exhausted their appeal rights. Please refer to Humana's Member Grievance and Appeals procedures for further information.

This chapter presents all information needed to submit claims to Beacon. Beacon strongly encourages Providers to rely on electronic submission, either through EDI or eServices in order to achieve the highest success rate of first-submission claims.

6. General Claim Ploicies

Beacon requires that Providers adhere to the following policies with regard to claims:

Definition of "Clean Claim"

A clean claim, as discussed in this Provider Manual Appendix, the Provider services agreement, and in other Beacon informational materials, is defined as one that has no defect and is complete including required, substantiating documentation of particular circumstance(s) warranting special treatment without which timely payments on the claim would not be possible.

Electronic Billing Requirements

The required edits, minimum submission standards, signature certification form, authorizing agreement and certification form, and data specifications as outlined in this Manual must be fulfilled and maintained by all Providers and billing agencies submitting electronic media claims to Beacon.

Provider Responsibility

The individual Provider is ultimately responsible for accuracy and valid reporting of all claims submitted for payment. A Provider utilizing the services of a billing agency must ensure through legal contract (a copy of which must be made available to Beacon upon request) the responsibility of a billing service to report claim information as directed by the Provider in compliance with all policies stated by Beacon.

Limited Use of Information

All information supplied by Beacon or collected internally within the computing and accounting systems of a Provider or billing agency (e.g., Member files or statistical data) can be used only by the Provider in the accurate accounting of claims containing or referencing that information. Any redistributed or dissemination of that information by the Provider for any purpose other than the accurate accounting of behavioral health claims is considered an illegal use of confidential information.

Prohibition of Billing Members

Providers are not permitted to bill Health Plan Members under any circumstances for covered services rendered, excluding copayments when appropriate. See Chapter 1, Prohibition on Billing Members for more information.

Beacon's Right to Reject Claims

At any time, Beacon can return, reject or disallow any claim, group of claims, or submission received pending correction or explanation.

Recoupments and Adjustments by Beacon

Beacon reserves the right to recoup money from Providers due to errors in billing and/or payment, at any time. In that event, Beacon applies all recoupments and adjustments to future claims processed, and reports such recoupments and adjustments on the EOB with Beacon's Record Identification Number (REC. ID) and the Provider's patient account number.

Claim Turnaround Time

All clean claims will be adjudicated within thirty (30) days from the date on which Beacon receives the claim.

Claims for Inpatient Services:

- The date range on an inpatient claim for an entire admission (i.e., not an interim bill) must include the admission date through the discharge date. The discharge date is not a covered day of service but must be included as the "to" date. Refer to authorization notification for correct date ranges.
- Beacon accepts claims for interim billing that include the last day to be paid as well as the correct bill type and discharge status code. On bill type X13, where X represents the "type of facility" variable, the last date of service included on the claim will be paid and is not considered the discharge day.
- · Providers must obtain authorization from Beacon for all ancillary medical services provided while a Health Plan Member is hospitalized for a behavioral health condition. Such authorized medical services are billed directly to the Health Plan.
- Beacon's contracted reimbursement for inpatient procedures reflect all-inclusive per diem rates.

Coding

When submitting claims through eServices, users will be prompted to include appropriate codes in order to complete the submission, and drop-down menus appear for most required codes. See EDI Transactions – 837 Companion Guide for placement of codes on the 837 file. Please note the following requirements with regard to coding.

- · Providers are required to submit HIPAA-compliant coding on all claim submissions; this includes the appropriate HIPAA-compliant revenue, DSM, CPT, HCPCS and ICD codes. Providers should refer to their exhibit A for a complete listing of contracted, reimbursable procedure codes.
- Beacon accepts only the appropriate ICD diagnosis codes listing approved by CMS and HIPAA. All diagnosis codes submitted on a claim form must be a complete diagnosis code with appropriate check digits.
- Claims for inpatient and institutional services must include the appropriate discharge status code and be billed in accordance with the National Uniform Billing Committee (NUBC) standards.
- All UB-04 claims must include the 3-digit bill type code and billed in accordance with the National Uniform Billing Committee (NUBC) standards.

Modifiers

Modifiers can reflect the discipline and licensure status of the treating practitioner or are used to make up specific code sets that are applied to identify services for correct payment. Table 6-1 lists some HIPAA-compliant modifiers accepted by Beacon. Please see your Behavioral Health Services Agreement for Modifiers that you are included in your contract.

TABLE 6-1: MODIFIERS					
HIPAA Modifier	Modifier Description	HIPAA Modifier	Modifier Description		
AH	Clinical Psychologist	HR	Family/ couple with client present		
AJ	Clinical Social Worker	HS	Family/ couple without client present		
НВ	Adult program, non- geriatric	HU	Funded by child welfare agency		
HC	Adult program, geriatric	HW	Funded by State behavioral health agency		
HD	Pregnant/ parenting women's program	HX	Funded by county/ local agency		
HE	Behavioral health pro- gram	SA	Nurse Practitioner (This modifier required when billing 90862 performed by a nurse practitioner.)		
HF	Substance use program	SE	State and/or federally funded programs/ services		
HG	Opioid addiction treat- ment program	TD	Registered Nurse		
HH	Integrated behavioral health/substance use program	TF	Intermediate level of care		
HI	Integrated behavioral health and mental retardation/ developmental disabilities program	TG	Complex/ high level of care		
НК	Specialized behavioral health programs for high-risk populations	TJ	Program group, child and/or adolescent		
HM	Less than bachelor degree level	UK	Service provided on behalf of the client to someone other than the client- collateral relationship		
HN	Bachelor's degree level	U3	Psychology Intern		
НО	Master's degree level	U4	Social Work Intern		
HP	Doctoral level	U6	Psychiatrist (This modifier required when billing for 90862 provided by a psychiatrist)		
HQ	Group setting	UD	Substance Abuse Service		

Time Limits for Filing Claims

Bacon Health Strategies must receive claims for covered services within the designated filing limit:

- Within 60 days of the dates of service on outpatient claims
- · Within 60 days of the date of discharge on inpatient claims, or

Providers are encouraged to submit claims as soon as possible for prompt adjudication. Claims submitted after the 60-day filing limit will be denied unless submitted as a waiver or reconsideration request, as described in this chapter.

Coordination of Benefits (COB)

In accordance with The National Association of Insurance Commissioners (NAIC) regulations, Beacon Health Strategies coordinates benefits for behavioral health and substance use claims when it is determined that a person is covered by more than one Health Plan, including Medicare:

- When it is determined that Beacon Health Strategies is the secondary payer, claims must be submitted with a copy of the primary insurance's explanation of benefits report and received by Beacon within 60 days of the date on the EOB.
- Beacon Health Strategies reserves to right of recovery for all claims in which a primary payment was made prior to receiving cob information that deems Beacon the secondary payer. Beacon applies all recoupments and adjustments to future claims processed, and reports such recoupments and adjustments on the EOB.

Provider Education and Outreach 7.

Summary

In an effort to help Providers that may be experiencing claims payment issues, Beacon runs quarterly reports identifying those Providers that may benefit from outreach and education. Providers with low approval rates are contacted and offered support and documentation material to assist in reconciliation of any billing issues that are having an adverse financial impact and ensure proper billing practices within Beacon's documented guidelines.

Beacon's goal in this outreach program is to assist Providers in as many ways as possible to receive payment in full, based upon contracted rates, for all services delivered to Members.

How the Program Works

- A quarterly approval report is generated that lists the percentage of claims paid in relation to the volume of claims submitted.
- All Providers below 75% approval rate have an additional report generated listing their most common denials and the percentage of claims they reflect.
- An outreach letter is sent to the Provider's Billing Director as well as a report indicating the top denial reasons. A contact name is given for any questions or to request further assistance or training.

Claim Inquiries and Resources

Additional information is available through the following resources:

Online at http://www.beaconhealthstrategies.com/providers.html

- · Chapter 6 of this Manual
- Beacon's Claims Page
- Read About eServices
- eServices User Manual
- · Read About EDI
- EDI Transactions 837 Companion Guide
- EDI Transactions 835 Companion Guide

Email Contact

- Provider.relations@beaconhs.com
- EDI.Operations@beaconhs.com

Telephone

• Interactive Voice Recognition (IVR): 1-888-210-2018

You will need your practice or organization's tax ID, the Member's identification number and date of birth, and the date of service.

• Claims Hotline: 1-888-249-0478 Hours of operation are 8:30 a.m. to 5:30 p.m., Monday - Thursday, 9 a.m. to 5 p.m. Friday

Beacon's Main Telephone Numbers
 1,055, (01,70)

Provider Relations 1-855-481-7044

EDI 1-855-481-7044 TTY 1-855-539-5884 FAX 1-855-371-9232

Electronic Media Options

Providers are expected to complete claim transactions electronically through one of the following, where applicable:

- Electronic Data Interchange (EDI) supports electronic submission of claim batches in HIPAA-compliant 837P format for professional services and 837I format for institutional services. Providers may submit claims using EDI/837 format directly to Beacon or through a billing intermediary. If using Emdeon as the billing intermediary, two identification numbers must be included in the 837 file for adjudication:
 - o Beacon's payor ID is 43324; and
 - o Beacon's Health Plan-specific ID045.
- eServices enables Providers to submit inpatient and outpatient claims without completing a CMS-1500 or UB-04 claim form. Because much of the required information is available in Beacon's database, most claim submissions take less than one minute and contain few, if any errors.
- IVR provides telephone access to Member eligibility, claim status and authorization status.

Claim Transaction Overview

Table 7-1 below, identifies all claim transactions, indicates which transactions are available on each of the electronic media, and provides other information necessary for electronic completion. Watch for updates as additional transactions become available on EDI, eServices and IVR.

Access on:		on:	Applicable When:	Timeframe for Receipt	Other	
Transaction	EDI		IRV	Applicable When.	by Beacon	Information
Member Eligibility Verification	Υ	Υ	Y	 Completing any claim transaction; and Submitting clinical authorization requests 	N/A	N/A
Submit Stan- dard Claim	Y	Υ	N	Submitting a claim for authorized, cov- ered services, within the timely filing limit	Within 180 days after the date of service	N/A
Resubmission of Denied Claim	N	N	N	A claim being submitted for the first time will be received by Beacon after the original 180-day filing limit, and must include evidence that one of the following conditions is met: Provider is eligible for reimbursement retroactively; or Member was enrolled in the Health Plan retroactively; or Services were authorized retroactively. Third party coverage is available and was billed first. (A copy of the other insurance's explanation of benefits or payment is required.)	Within 180 days from the qualify- ing event	 Waiver requests will be considered only for these 3 circumstances. A waiver request that presents a reason not listed here, will result in a claim denia on a future EOB. A claim submitted beyond the filing limit that does not meet the above criteria may be submitted as reconsideration request. Beacon's waiver determination is reflected on a future EOB with a message of Waiver Approved or Waiver Denied: if waiver of the filing limit is approved, the claim appears adjudicated; if the request is denied, the denia reason appears.

Request for Recon- sidera- tion of Timely Filing Limit*	Υ	N	Y	Claim falls outside of all time frames and requirements for resubmission, waiver and adjustment.	Within 180 days from the date of payment or nonpay- ment	Future EOB shows "Reconsideration Approved" or "Reconsideration Denied" with denial reason.
Request to Void Pay- ment	N	N	N	 Claim was paid to Provider in error; and Provider needs to return the entire paid amount to Beacon. 	N/A	Do NOT send a refund check to Beacon.
Request for Adjustment (Corrected Claims)	Y	Y	N	 The amount paid to Provider on a claim, was incorrect. Adjustment may be requested to correct: Underpayment (positive request);or Overpayment (negative request). 	 Positive request must be received by Beacon within 180 days from the date of original payment. No filing limit applies to negative requests. 	 Do NOT send a refund check to Beacon. A Rec ID is required to indicate that the claim is an adjustment. Adjustments are reflected on a future EOB as recoupment of the previous (incorrect) amount and, if money is owed to the Provider, repayment of the claim at the correct amount. If an adjustment appears on an EOB and is not correct, another adjustment request may be submitted based on the previous incorrect adjustment. Claims that have been denied cannot be adjusted, but may be resubmitted.
Obtain Claim Status	N	Υ	Υ	Available 24/7 for all claim transactions submitted by Provider.	N/A	Claim status is posted within 48 hours after receipt by Beacon.
View/Print Remittance Advice (RA)	N	Υ	N	Available 24/7 for all claim transactions received by Beacon.	N/A	Printable RA is posted within 48 hours after receipt by Beacon.

* Please note that waivers and reconsiderations apply only to the claims filing limit; claims are still processed using standard adjudication logic and all other billing and authorization requirements must be met. Accordingly, an approved waiver or reconsideration of the filing limit does not guarantee payment, since the claim could deny for another reason.

Paper Claim Transactions

Providers are strongly discouraged from using paper claim transactions where electronic methods are available, and should be aware that processing and payment of paper claims is slower than that of electronically submitted claims. Electronic claim transactions take less time and have a higher rate of approval since most errors are eliminated.

For paper submissions, Providers are required to submit clean claims on the National Standard Format CMS-1500 or UB-04 claim form. No other forms are accepted.

Paper claim submission must be done using the most current form version as designated by the Centers for Medicare & Medicaid Services (CMS), National Uniform Claim Committee (NUCC). We cannot accept handwritten claims or SuperBills.

Detailed instructions for completing each form type are available at the websites below.

- CMS-1500 Form Instructions www.cms.hhs.gov/transmittals/downloads/R1104CP.pdf
- UB-04 Form Instructions: www.nucc.org

Mail paper claims to: Beacon Health Strategies Humana Claims Department 500 Unicorn Park Drive, Suite 401 Woburn, MA 01801-3393

Beacon does not accept claims transmitted by fax.

Paper Resubmission

Beacon Discourages Paper Transactions

BEFORE SUBMITTING PAPER CLAIMS, PLEASE REVIEW ELECTRONIC OPTIONS EARLIER IN THIS CHAPTER.

Paper submissions have more fields to enter, a higher error rate / lower approval rate, and slower payment.

- See Table 7-1 for an explanation of claim resubmission, when resubmission is appropriate, and procedural quidelines.
- If the resubmitted claim is received by Beacon more than 180 days from the date of service. The REC.ID from the denied claim line is required and may be provided in either of the following ways:
 - Enter the REC.ID in box 64 on the UB-04 claim form, or in box 19 on the CMS-1500 form.
 - Submit the corrected claim with a copy of the EOB for the corresponding date of service; or
- The REC.ID corresponds with a single claim line on the Beacon EOB. Therefore, if a claim has multiple lines there will be multiple REC.ID numbers on the Beacon EOB.
- The entire claim that includes the denied claim line(s) may be resubmitted regardless of the number of claim lines; Beacon does not require one line per claim form for resubmission. When resubmitting a multiple-line claim, it is best to attach a copy of the corresponding EOB.

- Resubmitted claims cannot contain original (new) claim lines along with resubmitted claim lines.
- Resubmissions must be received by Beacon within 180 days after the date on the EOB. A claim package postmarked on the 180th day is not valid.
- If the resubmitted claim is received by Beacon within 180 days from the date of service, the corrected claim may be resubmitted as an original. A corrected and legible photocopy is also acceptable.

Paper Submission of 180-day Waiver

- See Table 7-1 for an explanation of waivers, when a waiver request is applicable, and procedural guidelines;
- Watch for notice of waiver requests becoming available on eServices.
- Download the 180-Day Waiver Form.
- Complete a 180-Day Waiver Form for each claim that includes the denied claim(s), per the instructions below;
- Attach any supporting documentation;
- Prepare the claim as an original submission with all required elements;
- Send the form, all supporting documentation, claim and brief cover letter to:

Beacon Health Strategies

Claim Department / Waivers

500 Unicorn Park Drive, Suite 401

Woburn, MA 01801-3393

Completion of the Waiver Request Form

To ensure proper resolution of your request, complete the 180-Day Waiver Request Form as accurately and legibly as possible.

1. Provider Name

Enter the name of the Provider who provided the service(s).

2. Provider ID Number

Enter the Provider ID Number of the Provider who provided the service(s).

3. Member Name

Enter the Member's name.

4. Health Plan Member ID Number

Enter the Plan Member ID Number.

5. Contact Person

Enter the name of the person whom Beacon should contact if there are any questions regarding this request.

6. Telephone Number

Enter the telephone number of the contact person.

7. Reason for Waiver

Place an "X" on all the line(s) that describe why the waiver is requested.

8. Provider Signature

A 180-day waiver request cannot be processed without a typed, signed, stamped, or computer-generated signature. Beacon will not accept "Signature on file."

9. Date

Indicate the date that the form was signed.

Paper Request for Adjustment or Void

Beacon Discourages Paper Transactions

BEFORE SUBMITTING PAPER CLAIMS, PLEASE REVIEW ELECTRONIC OPTIONS EARLIER IN THIS CHAPTER.

Paper submissions have more fields to enter, a higher error rate / lower approval rate, and slower payment.

- See Table 7-1 for an explanation of adjustments and voids, when these requests are applicable, and procedural guidelines;
- Do not send a refund check to Beacon. A Provider who has been incorrectly paid by Beacon, must request an adjustment or void;
- Prepare a new claim as you would like your final payment to be, with all required elements; place the Rec.ID in box 19 of the CMS-1500 claim form, or box 64 of the UB04 form or;
- Download and complete the Adjustment/Void Request Form per the instructions below;
- Attach a copy of the original claim;
- Attach a copy of the EOB on which the claim was paid in error or paid an incorrect amount;

Send the form, documentation and claim to:

Beacon Health Strategies Claim Departments - Adjustment Requests 500 Unicorn Park Drive, Suite 401

Woburn, MA 01801-3393

To Complete the Adjustment/Void Request Form

To ensure proper resolution of your request, complete the Adjustment/Void Request form as accurately and legibly as possible and include the attachments specified above.

1. Provider Name

Enter the name of the Provider to whom the payment was made.

2. Provider ID Number

Enter the Beacon Provider ID Number of the Provider that was paid for the service. If the claim was paid under an incorrect Provider number, the claim must be voided and a new claim must be submitted with the correct Provider ID Number.

3. Member Name

Enter the Member's name as it appears on the EOB. If the payment was made for the wrong Member, the claim must be voided and a new claim must be submitted.

4. Member Identification Number

Enter the Plan Member ID Number as it appears on the EOB. If a payment was made for the wrong Member, the claim must be voided and a new claim must be submitted.

5. Beacon Record ID number

Enter the record ID number as listed on the EOB.

6. Beacon Paid Date

Enter the date the check was cut as listed on the EOB.

7. Check Appropriate Line

Place an "X" on the line that best describes the type of adjustment/void being requested.

8. Check All that Apply

Place an "X" on the line(s) which best describe the reason(s) for requesting the adjustment/void. If "Other" is marked, describe the reason for the request.

9. Provider Signature

An adjustment/void request cannot be processed without a typed, signed, stamped, or computergenerated signature. Beacon will not accept "Signature on file".

10. Date

List the date that the form is signed.

8. Provider Education of Compliance-Based Mateerials

Providers are expected to adhere to all training programs identified as compliance-based training as identified by Humana and Beacon. This includes agreement and assurance that all affiliated Participating Providers and staff members are trained on the identified compliance material. This includes the following training modules:

- Provider Orientation
- Medicaid Provider Orientation
- Cultural Competency (required annually)
- Health, Safety and Welfare Education (required annually)
- Fraud, Waste and Abuse Detection, Correction and Prevention (required annually)

For information on Humana's Cultural Competency Plan, see Section I – General Provider Information, subsection 12 above.

For information on Humana's Health, Safety, and Welfare Training, see Section I – General Provider Information, subsection 15 above.

For information on Humana's Fraud, Waste, and Abuse Training, see Section I – General Provider Information, subsection 14 above.

Additional information on these topics is included in Humana's required annual compliance training as identified by Humana and Beacon. Please contact Beacon Provider Relations at 1-855-481-7044 or visit us at https://www.beaconhs.com/providers and click on "Tools" for help in understanding how to access this required training.

ATTACHMENT A: AUTHORIZATION GUIDELINES

Outpatient

Benefit / Service	Authorization Requirement	
Medication Management (E/M)	None	
Psychiatric Diagnostic Interview with Medical Services	None	
Psychiatric Diagnostic Evaluation	None	
Injection Administration	None	
Mental Health/SA Assess- ment	None	
Treatment Plan Develop- ment	None	

Group Therapy	None	
Prenatal Care At-Risk Assess- ment	None	
Individual Psychotherapy	None	Care Plan update required after two sessions <60 days, where applicable
Crisis Intervention	None	
Family and Marital Therapy	None	
Medication Administration	None	
Mental Health Risk Assess- ment	None	
Case Consultation	None	
Therapy with Biofeedback or Hypnosis	None	
Psychological Testing	Prior Authorization	
Neuropsychological Testing	required	
ECT		

Inpatient Services

Benefit / Service	Authorization Requirement	Other Requirements
Inpatient Hospitalization	Telephonic prior authorization	Telephonic continued stay required.
Crisis Stabilization	Telephonic Authorization (After 72 hours)	
Observation	Telephonic Authorization (After 72 hours)	
Emergency Room Services	None	