Medication Therapy Management:
Comprehensive and targeted medication review patient engagement options

At Humana, supporting you in the improvement of patient outcomes is our goal, especially in patients with multiple chronic conditions. Physician practices can help impact medication-related outcomes for eligible patients by participating in Humana’s Medication Therapy Management (MTM) program in two different ways:

1. **Schedule a comprehensive medication review with Humana**
   - During an office visit, call **1-855-202-2510**, Monday – Friday, 8 a.m – 6 p.m., Eastern time, to schedule or connect an eligible patient with our clinical team of pharmacists.
   - Please provide two of the following identifiers to authenticate the patient’s identity:
     • Patient’s name
     • Patient’s insurance member identification number
     • Patient’s date of birth
     • Patient’s ZIP code

2. **Conduct a CMR/TMR via OutcomesMTM®**
   - Qualified healthcare professionals (M.D., D.O., NP, RN, RPh, Pharm.D.) can sign up to conduct comprehensive and targeted medication reviews (CMRs/TMRs) for eligible patients online at www.OutcomesMTM.com and:
     • Receive up to $60 for each completed CMR performed in the office*
     • Receive up to $20 for each completed TMR performed in the office*

Payment amount depends on the type of TMR. For patient education and adherence check-in targeted intervention problems, reimbursement is $10. Prescriber consultations with a drug therapy change are paid at $5 per consult plus a $15 validation fee if the drug therapy change is confirmed with pharmacy claims data.

Pharmacy technicians and other support staff can play an important role in MTM through scheduling and documentation support.

For more information on this online option, please call **515-237-0001** or email **clinics@outcomesMTM.com**.

**To get started with OutcomesMTM, just provide some basic information**
To get started with OutcomesMTM, just provide some basic information to ensure you receive the appropriate contract:
• Your practice was referred by Humana to join the OutcomesMTM network to provide MTM services
• All authorized representatives to complete MTM services – M.D., D.O., NP, RN, RPh, Pharm.D. (mention all that apply)

*MTM volume could vary based on the Humana MA plans available for the contracted provider.
Frequently asked questions

What is the difference between a CMR and a TMR?

A CMR is a real-time, interactive medication review performed by a qualified healthcare professional to assess a patient's medications, including prescriptions, over-the-counter medications, herbal therapies and dietary supplements. The review is intended to aid in assessing medication therapy and optimizing patient outcomes.

A TMR is an ongoing monitoring process with outreach made to the patient and/or prescriber about a specific or potential medication-related problem, without a comprehensive assessment of the patient's medications. TMRs can:

• Assess medication use
• Monitor whether any unresolved issues need attention
• Determine if new drug therapy problems have arisen
• Assess if the beneficiary has experienced a transition in care.

Who is eligible?

Humana-covered Medicare Advantage MAPD and PDP patients meeting all of the following criteria:

• Have at least three of the following chronic diseases:
  – Diabetes
  – Congestive heart failure
  – Dyslipidemia
  – Rheumatoid arthritis
  – Asthma
• Take a minimum of eight chronic or maintenance (Part D) drugs
• Have anticipated Part D drug costs of at least $4,255 in 2020

An up-to-date list of eligible patients is regularly available for your practice.

References