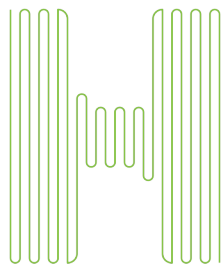
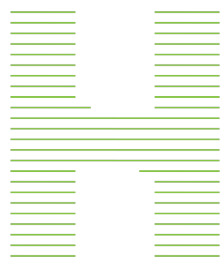


Initiation and Engagement of Substance Use Disorder Treatment (IET)

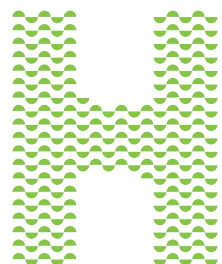


Initiation and Engagement of Substance Use Disorder Treatment is one of the National Committee for Quality Assurance (NCQA) Healthcare Effectiveness Data and Information Set (HEDIS®) measures. Health plans use this measure to evaluate themselves and the services provided by healthcare professionals. Humana encourages its members to communicate with you and be engaged in their follow-up care and medication management.



Measure at a glance

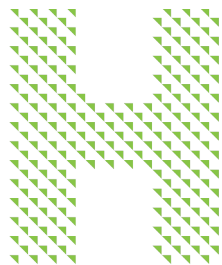
- **Measure abbreviation:** IET
- **Measurement period:** Nov. 15 of year prior to measurement year to Nov. 14 of the measurement year
- **Eligible population:** Commercial, Medicaid and Medicare patients 13 and older as of the substance use disorder (SUD) episode date



Assessment phases for measurement year

Performance is assessed using claims-based data. Two rates are reported:

1. **Initiation phase** – The percentage of members who initiate treatment through an inpatient SUD admission, outpatient visit, intensive outpatient encounter or partial hospitalization, telehealth or medication treatment within 14 days of the diagnosis.
2. **Engagement phase** – The percentage of members who initiated treatment and who had two or more additional SUD services or medication treatment within 34 days of the initiation visit.



Measure best practices

1. Schedule appointments for your patient in accordance with the IET guidelines.
2. Document current phone numbers, address and alternate contact person for follow-up outreach.
3. Discuss co-occurring conditions to address additional health concerns and potential barriers.



Additional SUD information and resources

- A variety of evidence-based SUD screening tools for adolescents and adults is available from the National Institutes of Health [here](#).
- Contact Humana to request a care coordinator who can help your patient navigate the healthcare system and link him/her to in-network behavioral health providers.
 - Commercial Customer Service: **800-448-6262**
 - Medicare Customer Service: **800-457-4708**
 - Humana Healthy Horizons in Florida: **800-477-6931**
 - Illinois Duals/Medicaid: **800-787-3311**
 - Humana Healthy Horizons in Kentucky: **800-444-9137**
 - Humana Healthy Horizons in Louisiana: **800-448-3810**
 - Humana Healthy Horizons in Ohio: **877-856-5707**
 - Humana Healthy Horizons in South Carolina: **866-432-0001**

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